

Sheridan County 4-H

Monthly Newsletter



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Wow! What a busy month that March was! Thank you all for all of your help with Carnival! I especially want to thank all of the leaders who helped run the kitchen and who took money for tickets at the front door! We couldn't do it without all of you!

April brings another fun month full of activities! April 18th Sheridan County 4-H council is hosting a "mini" Showcase Showdown. At this event we will be doing the presentation contest, the food cook-off, a robotics competition and a rocketry competition. The food cook-off, robotics, and rocketry contest are a great way to participate in something new and exciting in the world of 4-H. If you are interested in participating in these events please get your entry forms into the office by April 10th.

This month Archery is also getting ready to get started. The first and second Sunday of this month April 5th and April 12th safety trainings will be offered. Safety training will start at 2 pm and shooting will start at 3 pm. These meetings will be held at the Sheridan County Fairgrounds Exhibit Hall.

April is also a month of pig and lamb sales. If you are having trouble finding pigs or lambs please let us know and we can point you in the right direction. There are lots of sales in the area if you don't want to travel too far.

This month 4-H is also helping out at the local food day on April 25th from 9am-2pm. If you want to come help put on the activity or would just like to come see what is happening stop by Sheridan College Whitney Center (main building at the college).

Thank you all for another great month and we are excited to really get things kicked off for the summer months.

-Liz



I pledge my head to clearer thinking,
 My heart to greater loyalty,
 My hands to larger service,
 My health to better living,
 For my club,
 My community,
 My country,
 And my World.



April 2015

Leader Resources

Are you interested in being a leader? Please Contact Liz if you would like more information or would like to take the training in order to become a leader.

If you are a current leader you should have gotten a letter in the mail explaining that you need to go online and complete the MVR Certification if you plan to drive 4-H members this coming year. Every leader must do this every year!

For more information and resources please visit <http://www.uwyo.edu/4-h/volunteers/>

Everything But the Oink.....

By-Products from Pigs

From Blood...

- Medicines
- Sticking agent
- Leather treating agent
- Plywood Adhesive
- Protein source in feeds
- Fabric printing and dyeing

From Brain...

- Cholesterol
- Other medicines

From Hair...

- Artist's brushes
- Insulation
- Upholstery

From Internal Organs...

- Isulin
- A variety of medicines
- Surgical sutures
- Heart valves

From Skin...

- Gelatin
- Footballs
- Porcine Burn Dressings
- Luggage, purses
- Gloves and shoes
- Pigskin garmets
- Drumheads

From Bones...

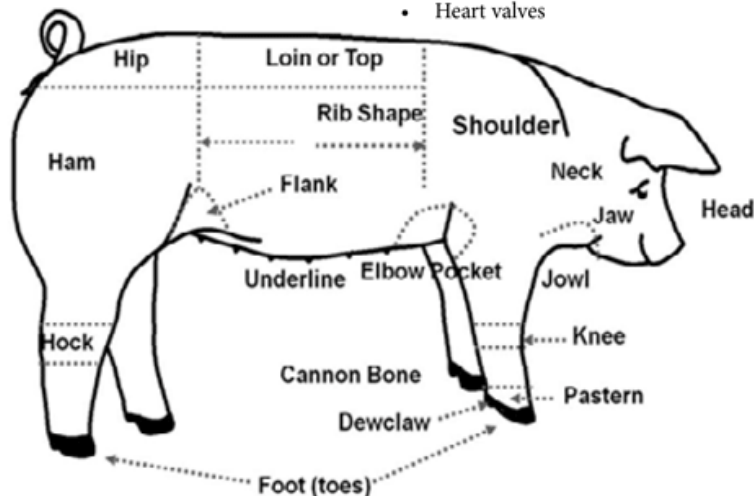
- Glue
- Buttons
- Bone China
- Bone Meal
- Minerals for feed
- Fertilizer
- Porcelain enamel
- Glass
- Water filters

From Meat Scraps...

- Commercial feeds
- Pet food

From Fatty Acids and Glycerine...

- | | | | |
|----------------|--------------------|------------------------|-------------|
| • Insecticides | • Nitroglycerine | • Waterproofing agents | • Matches |
| • Weed killers | • Plastics | • Fiber softeners | • Putty |
| • Lubricants | • Plasticizers | • Crayons | • Inulation |
| • Oil polishes | • Printing rollers | • Chalk | • Linoleum |
| • Rubber | • Cellophane | • Phonograph records | |
| • Cosmetics | • Floor waxes | | |
| • Antifreeze | • Cement | | |



Don't Forget!

- To get rescreened for the next 4-H year
- To get members signed up for another year!

Get More Involved!

- Awards Committee Meeting
April 1st 5:15pm
Room 131-Extension Office
- Livestock Committee Meeting
April 1st 6pm
Room 131-Extension Office
- Indoor Committee Meeting
April 13th 4:30pm
Room 131-Extension Office
- 4-H Council Meeting
April 13th 5:30pm
Room 131-Extension Office

AND OF COURSE: bacon, ham, sausage, pork chops, ribs, BBQ and more!

so many products come from pigs that we really do use everthing but the oink!



Big and Upcoming!

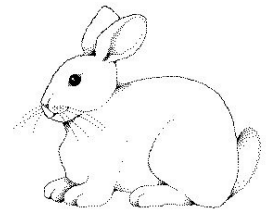
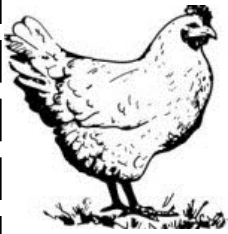
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Extension Office-Conference Room 111
- **April 28th @ 6:00pm**-Rabbit Project Meeting
Extension Office-Room 131
- **April 29th @ 4:30 pm**-Cloverbuds Meeting
Extension Office-Room 131



NEW FOR COUNTY FAIR

New this year for poultry (chickens, geese, ducks, turkeys) and rabbit members.

Only the grand champion and reserve champion market pens of 3 will be allowed to sell in the Market Livestock Sale.



Also New this year!

4-H Bum Calf Project

Rules:

1. Member(s) must have a bum before June 1st of the year project is taken
2. Goals Are to raise an orphan calf
to feed and care for it
to provide shelter and health care
3. Classes will be decided on age of members in project
4. The orphan project can not be continued on the next year; but the animals can be carried into market or breeding classes
5. For 4-H and FFA members the project will require a short record book and judging will include an interview about their project. Cloverbuds-youth ages 5-7 are not required to do the record book.



Archery Practice

Our first practice will be at the Exhibit Hall on the Sheridan County Fairgrounds.

Sunday-April 5th

Safety and Orientation will be at 2 p.m.

Practice at 3 p.m. to 5:00 p.m.

Any child that wants to be in the Archery Program **must** attend the Safety and Orientation before hand. If you have already gone thru Safety and Orientation in the past you do not need to go thru it again.

I noticed that some of the kids have not signed up for this year yet. If they want to shoot on April 5th, they need to get registered before then..... In Archery!!
Registering in other 4H Shooting Sports disciplines does not qualify them for Archery.

SCHEDULE—Another Safety and Orientation will be held at 2:00 p.m. on April 12th—

April 5—Easter Sunday	May 3	June 6—County Shoot	July 5
April 12	May 10—Mother’s Day	June 7—No Practice	July 9-10-11-12 State
April 19	May 17	June 14	Shoot
April 26	May 24	June 21—Father’s Day	
	May 31	June 28	

Questions contact Mick Kaser 751-2002

PURPLE APRIL 15th UP DAY

April is Month of the Military Child
Honor our young “Heroes” by wearing the color PURPLE!

Please send photo of you or your group in your purple attire!
Brittany Johnson
bjohns92@uwyo.

Summer ADVENTURE Camp
exploring natural resources & related careers through an on floor, hands-on experience

When Begins: Monday, June 8, 2015 at 1 pm
Ends: Wednesday, June 10, 2015 at 3 pm

Location Sinks Canyon Center near Lander, WY

Who Can ATTEND? Participants Age: 8–13 years old
Youth Camp Leader: 14–18 year olds may apply

What does IT COST? Early Registration: \$110 if registered by May 15
Standard Registration: \$130 May 15 – June 1
Youth of Military Families: Scholarships are available through Operation Military Kids
Space is limited—Register early!
Registration Fees include all meals from dinner night one through lunch the last day, and camping fees.

This camp is sponsored in-part by the University of Wyoming Extension 4-H program; however, camp participants don't have to be an existing 4-H member.

Receive an information/registration packet by contacting Tina Russell at 307.332.2135 or email jttoh1@uwyo.edu

The University of Wyoming Extension is an equal opportunity/affirmative action institution.



FREE! COME LEARN FROM THE EXPERTS:



GROWING TECHNIQUES: PAST & FUTURE
GROWING FOR THE MARKET
SMALL SPACE GARDENING
HOME BREW HOW-TO
WHOLESOME EATING
FOOD FREEDOM
JERKY MAKING
MEATS 101

Don't Forget!!

You must reenroll in 4-H for the year. Even if you were a 4-H member last year you have to enroll again for the upcoming year in 4-H. Enrollment has changed over to an online system. Go to www.4honline.com to sign up for a new year. Remember that 4-H enrollment does not sign you up for County Fair automatically. Next July you will have to fill out entries to enter your projects in County Fair.

Attention Members!!

Youth Quality Assurance (YQA) is being offered 1 more time this year:

June 10th YQA Level 1 @4pm—Watt Ag. Center—Room 131

June 11th YQA Level 2 & 3 @ 4pm—Watt Ag. Center—Room 131

***** All youth must have/be up to date on YQA training to sell livestock in the Sale at County Fair.*****



Rockets and Robots Project Meetings

Tuesdays—6:00 to 7:00 p.m.

Watt Ag. Center—Room 131

Tuesdays

April 7-Room 111-Conference Room

April 14-Room 111

April 21

April 28-Room 111

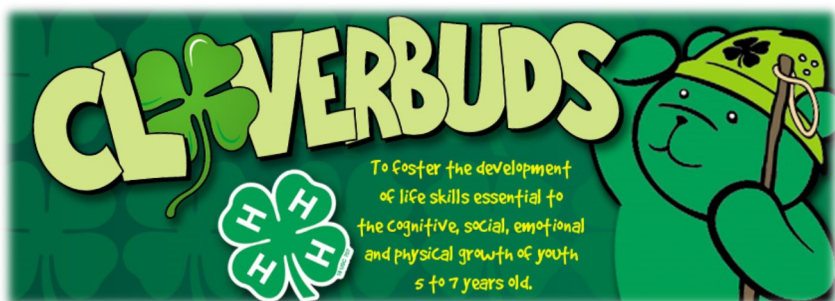


More information on both meetings

Contact: Liz Shaffer

674-2980

lshaffe1@uwyo.edu



Wednesday: April 29th 4:30pm-5:30pm

Topic: Gardening and Wildlife

We will be meeting at Rotary Park at the Fairgrounds

**Instruction by Scott Hininger, University
Extension Educator - Agriculture & Horticulture**



SHERIDAN COUNTY 4-H

Mini Showcase Showdown

To be held April 18th

Watt Ag Center

Robotics ** Rockets ** Cook-Off ** Presentations

Food Cook-off Rules

Members must work in teams of 2 or 3 members. You can cross age divisions but you will compete in the oldest member's age division.

Contestants will have one hour to cook a recipe containing the following ingredients

Ingredient use requirements for each age division:

Juniors – 2 ingredients

Intermediates – 3 ingredients

Seniors – 5 ingredients

Ingredient List

Vegetables

Kale
Celery
Sweet Potato
Jicama
Egg Plant
Fresh Herbs (only count as one ingredient)
Leeks
Spinach
Sprouts

Fruits

Persimmons
Plantain
Pomegranate
Plum
Nectarines
Pear
Blueberries

Grains

Quinoa
Polenta
Brown Rice
Flour (other than white flour)
Wonton Wraps
Corn Meal

Protein

Almond Butter
Chicken
Pork
Beef
Seafood (any form of REAL seafood)
Nuts (only count as one ingredient)

Dairy

Buttermilk
Yogurt

Miscellaneous

Soy Sauce
Balsamic Vinegar
Maple Syrup
Honey
Worcestershire Sauce



For a more extensive list of rules please visit <http://www.uwyo.edu/4-h/youth/contests/foodcookoff/food-cook-off-rules.pdf>



Mini Showcase

April 18th



Do you want to participate in the Food Cook Off, Robotics, Rocketry and/or the presentations contest? Then don't forget to get your entries in by **April 10th!**

We will start with the rocket launch and Food Cook off at 9 a.m. on April 18th. At the conclusion of the rocket launch we will move into the robotics contest. At 1 p.m. we will start the presentations contest. We will let you know a more definitive time as soon as we know how many contestants there are.

For Food Cook-off you will be provided with a stove, and microwave. Please bring everything else including all cookware, utensils, and food ingredients that you need.

For the presentation contest there will be an easel, laptop and projector provided. All other props and equipment must be brought to the contest.



4-H Member Name: _____

Contests I wish to enter (please mark all that apply):

- ◇ Food Cook Off
- ◇ Rocketry
- ◇ Robotics
- ◇ Presentation

Best way to contact you: _____

I give my 4-H member permission to participate in the Sheridan County 4-H mini Showcase Showdown.

Parent/ Guardian Signature: _____ Date: _____



Sheridan County 4-H

Carnival Winners!

Club Booth Decorating Winners!

1st Place Sheridan Livestock—\$100 award

2nd Place Wyotana Grizzlies—\$ 75 award

3rd Place Critters, Crafts, & Cooking—\$50 award

Carnival Poster Winners

1st Place Winners will receive \$15

Junior

1st Place Nathan Shaw

2nd Place Keira Benedict

3rd Place Reed Novak

Intermediate

1st Place Elsa Petzold

2nd Place Grace Bailey

3rd Place Michael Shaw

Seniors

1st Place Kaitlin Shaw

2nd Place Ellie Bard

3rd Place John Lenzi

Raffle Ticket Sale Winners

1st place will receive \$35

2nd Place will receive \$25

Cloverbud

1st Place Izzy Hendricks

2nd Place Rayann Knoll

Junior

1st Place Josie Ankney (1st place overall ticket seller)

2nd Place Amia Koltiska (3rd place overall ticket seller)

Intermediate

1st Place Brayton Ankney

2nd Place Dane Hanson

Senior

1st Place Wyatt Ankney (2nd place overall ticket seller)

2nd Place Ellie Bard



Thank ye mates fer helpin' at the Carrrnival!

Junior Leaders



Will you be at least 13 years old as of January 1st? Do you want to get more out of your 4-H experience? Above all do you want to participate in a great opportunity to meet more people in the county your age while learning great new leadership skills?

If the answer is yes to all these questions consider becoming a Junior leader. Throughout the year Junior leaders assist in 4-H events and help promote the program. If this is something you would be interested in or you would like more information about please contact the 4-H office.

Next Jr. Leader Meeting!

Monday April 20th Junior Leader Meeting 6pm Extension office



Club Meetings

Big Horn Cowboys

Leader: Rindy West

Phone: 751-3430

Meeting time: Third Wednesday of the Month

Meeting Place: Room 131 Sheridan County Extension Office

Canyon Livestock

Leader: Jennifer Forsness/Tana Stimpson

Phone: Jennifer 406-620-7154

Tana 752-1263

Meeting Time: 1st Sunday of the Month

Meeting Place: Dayton

Critters, Crafts & Cooking

Leader: Carol French

Phone: 737-2415

Lucky 7

Leader: Jason & Joy Koltiska

Phone: Joy 751-5410

Jason 751-3724

Sheridan Livestock

Leader: Wendy Hope

Phone: 461-0074

Meeting Time: 2nd Sunday of the month

Meeting Place: Room 131 Sheridan County Extension Office

Shooting Sports

Leader: Brett Sayer

Phone: 751-6356

The Gatherers

Leader: Kristin Averitt

Phone: 674-6878 Ext 100

Meeting Time: Variable

Meeting Place: NSI Campus

Tongue River Roundup

Leader: Marta Ostler/Rosanna Henderson

Phone: Rosanna 655-3388

Wyotana Grizzlies

Leader: Susie Terry

Phone: 750-2459

Meeting Time: First Tuesday of the month 6:30pm

Meeting Place: Room 131 Sheridan County Extension Office



that's what we're made of

RESPECT

Treat other people the way you want to be treated.

What is respect?

Respect is very important in our relationships with others. When we respect others, we treat them with consideration and courtesy both verbally and physically. Respect for others should always be demonstrated and characterizes how we live our lives. It is a very important quality that will enable you to relate to and work well with others. Follow the Golden Rule; treat others the way that you would want them to treat you. Good manners matter and respect is demonstrated when consideration and kindness is shown to others. Respect is very important to a person of character.

- ◇ Tell the truth
- ◇ Be courteous and polite.
- ◇ Listen to what other people have to say.
- ◇ Don't insult people, or make fun of them, or call them names.



- ◇ Don't bully or pick on others.
- ◇ Don't judge people before you get to know them.



“Show respect even to people who don't deserve it; not as a reflection of their character, but as a reflection of yours.”

Dave Willis

Check for Respect 4-H

The laughs gained with playing this game with your club can add some fun and give your club members the judgment to understand that the humor can be funny to listen to, but *not* funny if it is acted out. Some examples include:

- ◆ You feel a sneeze coming, so you
 - a) look for someone to sneeze on
 - b) cover your mouth and nose with your hands

c) *turn your head away from people and let the sneeze out as loudly as possible.*

- ◆ Company is over. And you notice that after the meal, your mom has a big piece of lettuce on her tooth. You

- a) *point at it and start laughing as loud as you can,*
- b) *ask if anyone can tell which of your mom's teeth is not like the other,*

c) *quietly whisper in your mom's ear that she should check her teeth in the bathroom.*

Once your 4-Her's understand the idea behind making up scenarios for the game, they will want to make up some of their own, too.

Now, when club members treat each other or possessions with respect, remember to say, “Check for respect.”



Clover Connection

Head - think before you say something or before you act.

Heart - treat others the way you would want to be treated.

Hands – manners matter...use them.

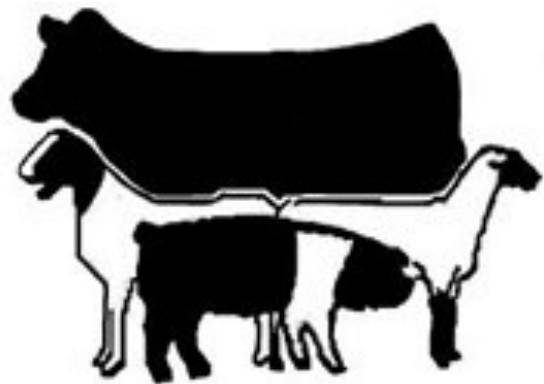
Health – be respectful of your body and take care of yourself.

Attention Livestock Members

Starting this year you will be required to turn in a record book for your livestock for the current year, in order to sell in the sale next year.

If you are showing an animal through 4-H you will be required to turn in a portfolio for the current 4-H year to the extension office by September 14, 2015.

If you are showing an animal through FFA you will be required to turn in an FFA record book for your animal to your Ag Teacher by January 1, 2016.



For questions or concerns please contact the 4-H office or your Ag Advisor.

For example: If you turn in a record book/portfolio for the 2015 year, you will be allowed to sell your animals at the 2016 fair.

If you do not turn in your record book for the 2015 year, you will not be allowed to sell an animal at the 2016 fair.

April 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Awards & Livestock Committee Meetings	2	3	
5 Archery Begins	6	7 Robotics/ Rockets Room 111	8	9	10 Mini Showcase Registration Due	11
12 Archery	13 Indoor Comm. & 4-H Council	14 Robots/Rockets Room 111 Goat Meeting	15	16	17	18 Mini Show Case Showdown
19 Archery	20 Junior Leaders Meeting	21 Robots/Rockets	22	23	24	25
26 Archery	27	28 Robots/Rockets Rabbit Meeting	29 Cloverbuds	30		

May 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6 Livestock Committee	7	8	9
10	11 4-H Council	12	13	14	15	16
17	18 Jr. Leaders	19	20	21	22	23
24/31	25	26 Rabbit Meeting	27 Cloverbuds	28	29	30

JOIN THE REVOLUTION OF RESPONSIBILITY

Sheridan County Extension
Office
University of Wyoming
3401 Coffeen Ave
Watt Ag Center
Sheridan, WY 82801
(307)674-2980
lshaffe1@uwyo.edu

Important Dates to remember:

- **April 1st @ 5:15 pm**-Awards Committee Meeting-Extension Office-Room 131
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Sheridan County Extension Office
University of Wyoming
3401 Coffeen Ave
Sheridan, WY 82801



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