

# Sheridan County 4-H

## Monthly Newsletter



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Hello Sheridan County! The 4-H year is really starting to kick off!

Members are starting to participate in all sorts of project meetings. Including shooting sports, sewing, beef, and numerous others! In addition to these great projects getting started, the cloverbuds program is starting off strong with exploration in the 4-H project aerospace.

In addition to project meetings really starting to kick off, Carnival is just around the corner. It is time to start getting signed up for booth space and to start selling tickets. It is important to take an active part in Carnival so that it can be an enjoyable experience for everyone involved. We still need Leaders to help with the kitchen, food cashiers and help taking money at the front door. Thank you for all of your support of this event! We couldn't do it without all of you!!

Members who are interested in becoming more involved in 4-H activities, I encourage you to think about putting an application in to go to Citizenship Washington focus. This is a trip for older 4-H members to learn about our government and learn essential civic leadership skills and leave with the tools that will allow them to bring about real change in their communities. Another opportunity for youth in grades 7-9 is Leadership Washington Focus. Middle school 4-H delegates will build confidence in their ability to motivate and direct others in meaningful action, practice effective communication with others through group discussion and public speaking, work with others to create and accomplish goals, develop an understanding of their own personal leadership style exchange ideas, practice respect, and form friendships with other 4-H'ers from across the nation.

Remember that pig, lamb and goat sale season is approaching and if you are looking for animals start looking now because it can be hard to find livestock at the last minute!

Thanks again all of you for all of your hard work!



I pledge my  
 head to clearer thinking,  
 My heart to greater  
 loyalty,  
 My hands to larger  
 service,  
 My health to better living,  
 For my club,  
 My community,  
 My country,  
 And my World.



# February 2015

# Leader Resources

What: An educational opportunity for Leaders, Junior Leaders or anyone else who would like to come!

When: There will be 3 trainings, the first happening January 27th, the second February 12th, and the third March 2nd.

Where: Sheridan County Extension Office. Room 131

February topic: Widening the circle- Special Connections 2/12/15 7:30p.m.

Many community youth are eligible to get involved in 4-H to learn and grow. Every school, in every state, includes youth who have special needs. Join Oregon 4-H Program volunteers and staff on February 12. Be inspired by 4-H alum, Temple Grandin (Colorado State University) as she talks about her experience learning with autism. Then, with the help of an instructor from *Kids Included Together* (KIT), we will practice skills and gain confidence in working beside 4-H youth who have special needs, such as physical, social, or learning disabilities. Explore opportunities for working with a child's family and school support systems. Understand strategies to recruit and engage youth with various levels of ability. Learn how to adapt 4-H activities and make accommodation for youth with special needs. After this Forum e-session, states will have access to many on-line learning modules (30-60 min each) on specific topics of their choice and individual consultations with KIT staff to address unique county and state needs. Great resources for the future! At the end of this session, participants will be able to identify ideas and strategies to be successful in recruiting youth with various levels of abilities; model inclusive behavior; identify techniques and resources for accommodating youth with special needs; and, include young people not currently served effectively by the 4-H program.

March topic: Youth Connecting in your Community

For more information please visit: <http://oregon.4h.oregonstate.edu/wrlf2015>

**THIS WILL COUNT AS YOUR LEADER TRAINING (even if you do not need training this year)**

Get More Involved!

- Indoor Committee Meeting February 9th  
4:30pm Room 131 at the Extension Office
- 4-H Council Meeting February 9th  
5:30pm Room 131 at the Extension Office
- Livestock Comm. Meeting February 11th  
6pm Room 131 at the Extension Office
- WRLF On-line training  
February 12th and March 2nd



## **Don't Forget!**

- To get rescreened for the next 4-H year
- To get members signed up for another year!
- To get your RSVPs in for WRLF

To receive more updates about the program remember to make sure you are on the email list or check us out on Facebook: <https://www.facebook.com/pages/Sheridan-County-4-H/174156728837>

# Big and Upcoming!

- February 2nd Shooting Sports Training 6:00 pm @Sportsman Association range
- February 2nd Sewing Organizational Meeting 5:30 pm @ Extension Office-Room 131
- February 4th Poultry Meeting 6pm @Extension Office
- February 5th Self Determined Alpaca Meeting 5:45 pm @ Extension Office-Room 131
- February 5th Dairy Goat Project Meeting 6:00pm @ Extension Office-Room 131
- February 7th Sewing Workshop 9:00 @ Extension Office-Room 131
- February 7th Grand Opening Tractor Supply Company
- February 9th Indoor Committee Meeting 4:30 pm @Extension Office-Room 131
- February 9th Council Meeting 5:30 pm Room 131
- February 10th Dog Project Meeting 6:30 pm @Extension Office-Room 131
- February 11th Livestock Committee Meeting 6pm @Extension Office-Room 131
- February 12th WRLF Session 2 7:30pm Extension Office-Room 131
- February 15th Wyoming 4-H Scholarships Due
- February 17th New Member Orientation 6pm @Extension Office-Room 131
- February 21st Junior Leader Retreat 11am Extension Office-room 131
- February 23rd Cowless Homestead Milk Cow Project Meeting 6:00pm @Extension Office-Room 131 and Kitchen
- February 24th New Rabbit Member Orientation 6pm @ Extension Office-Room 131
- February 25th Cloverbud Meeting 4pm @ Extension Office-Room 131
- February 28th YQA Level 1 @10 am Extension Office
- February 28th YQA Level 2 and 3 @ 1pm Extension Office
- March 1st LWF and CWF applications Due to state 4-H office

## **Don't Forget!!**

You must reenroll in 4-H for the next year. Even if you were a 4-H member last year you have to enroll again for the upcoming year in 4-H. Enrollment has changed over to an online system. Go to [www.4-Honline.com](http://www.4-Honline.com) to sign up for a new year. Remember that 4-H enrollment does not sign you up for county fair automatically. Next July you will have to fill out entries to enter your projects in County Fair.



## *Citizenship*

## *Washington Focus*



Citizenship Washington Focus (CWF) is held each June. Delegates will learn about the democratic process, meet new people, see the sights of Washington D.C., meet Wyoming's U.S. Congressional Representatives, and experience our national government from a new perspective. This trip features tours and several nighttime events. Be ready to have a good time! There is not an application process – simply contact your local County 4-H Educator and let him/her know you would like to attend. The cost of the trip is approximately \$1,200-\$1,500 and some donor funds are available through the Wyoming State 4-H Foundation. Application Due March 1st

# A Preview of Events...

Event	Date	Location
National 4-H Conference Applications due November 1, 2014 Interviews: November/December 2014	April 11-16	Washington, D.C.
Wool Judging/Meat Judging	Wool April 24th Meat April 25th	Laramie, WY
Citizenship Washington Focus (15-18 years old) Registration closes March 1, 2015	June 13-20	Washington, D.C.
Horse Camp Registration deadline: TBD	June 18-21	Douglas, WY
Showcase Showdown Registration deadline: TBD ALL information is due on this date.	June 24-26	Cheyenne, WY
State Shooting Sports Match Registration deadline: TBD	July 9-12	Douglas, WY
Leadership Washington Focus (7th-9th grades) Registration closes March 1, 2015	July 6-10	Washington, D.C.
Wyoming State Fair Fashion Revue & Livestock Judging entries due: Aug. 6	August 9-15	Douglas, WY
Shooting Sports Awards Trip 12 winners are selected based on scores at State Shoot 2 winners are selected based on portfo- lio submissions (due end of July)	September ~ TBD	Raton, New Mexico
National 4-H Congress Applications due: TBD Interviews held during Showcase Showdown	November ~ TBD (typically Fri-Tues after Thanksgiving)	Atlanta, Georgia

## Attention Members!!

Youth Quality Assurance (YQA) is being offered 3 times this year:

February 28th YQA Level 1- 10am YQA Level 2 & 3- 1pm Extension Office Room 131

March 28th YQA Level 1- 10am YQA Level 2 & 3- 1pm Tongue River Community Center

June Date to be determined YQA Level 1- 10am YQA Level 2 & 3- 1pm Extension Office Room 131



**\*\*\* All youth must have/be up to date on YQA training to sell livestock in the Sale at County Fair.\*\*\***



# Attention Class of 2015!!

## Wyoming 4-H Scholarships

There are three (3) different places you can apply for college scholarships if you were actively involved in 4-H. Each has different applications and specific needs.

Please read the eligibility criteria for each scholarship carefully. You may apply for any or all scholarships listed below for which you qualify.

Please go to <http://www.wyoming4h.org/4hfoundation/scholarships/> to apply for these scholarships

### WYOMING 4-H SCHOLARSHIPS

Application deadline: February 15

Edna Mae and Wallace McClafin Scholarship  
Ella E. Schloredt Scholarships  
F.A.I.R. Posse Scholarship  
J. M. "Jimmy" Nicholls Memorial Scholarship  
Janie Smith Memorial 4-H Scholarship  
Johnson County 4-H Scholarship in Honor of Bonnie Ellenwood  
Lael Harrison Scholarship  
Jake Clark's Mule Days – Lynette Wallace Scholarship  
Jake Clark's Mule Days – Linnabur Scholarship  
Margaret Butterfield Memorial Scholarship  
Murdoch's Ranch and Home Supply 4-H Scholarships  
John and Pauline Peterson Scholarship  
W.D. Whitmire Wyoming 4-H Leadership Scholarships  
Underwood Scholarships  
Wilbur Brettel Scholarship  
Wyoming Farmhouse Foundation Scholarship  
Wyoming State 4-H Foundation Scholarships  
Wyoming Veterinary Medical Association – 4-H Vet Science Scholarship

## Cloverbuds

Cloverbuds will meet the last Wednesday of the month (except for July). Meetings will start at 4pm and last an hour. Each month there will be a new 4-H experience offered to youth (In January youth got to experience Rocketry). Meetings will be held at the Extension office Room 131, unless specified elsewhere.

If you know someone who may be interested in enrolling a youth in the program please contact Liz and let her know.

### Cloverbud meeting Dates:

January 28th 4pm-5pm-Rocketry

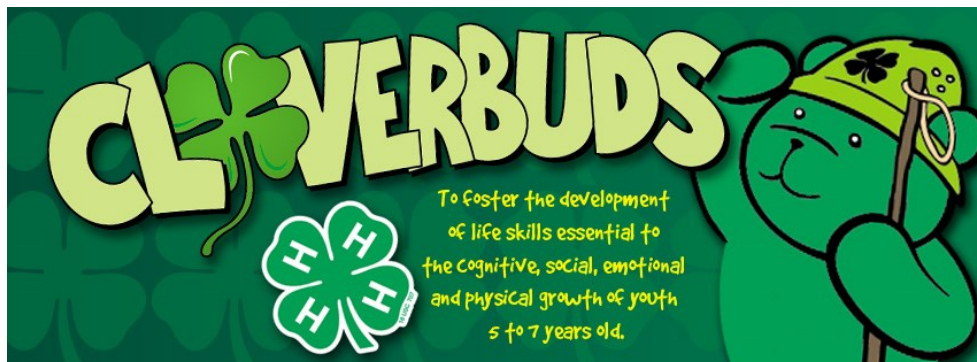
February 25th 4pm-5pm– Ropecraft

March 25th 4pm-5pm– Food and Nutrition

April 29th 4pm-5pm– Gardening

May 27th 4pm-5pm-TBD

June 17th 4pm-5pm-TBD \*June 24th is the state 4-H Contest Showcase Show-down.



# Junior Leaders



Will you be at least 13 years old as of January 1st? Do you want to get more out of your 4-H experience? Above all do you want to participate in a great opportunity to meet more people in the county your age while learning great new leadership skills?

If the answer is yes to all these questions consider becoming a Junior leader. Throughout the year Junior leaders assist in 4-H events and help promote the program. If this is something you would be interested in or you would like more information about please contact the 4-H office.

*Next Jr. Leader Meeting!*



Saturday-February 21st Junior Leader  
Retreat 11am Extension Office

## *Club Meetings*

### Big Horn Cowboys

Leader: Rindy West

Phone: 751-3430

Meeting time: Third Wednesday of the  
Month

Meeting Place: Room 131 Sheridan  
County Extension Office

### Canyon Livestock

Leader: Jennifer Forsness/Tana Stimpson

Phone: Jennifer 406-620-7154

Tana 752-1263

Meeting Time: 1st Sunday of the Month

Meeting Place: Dayton

### Critters, Crafts & Cooking

Leader: Carol French

Phone: 737-2415

### Lucky 7

Leader: Jason & Joy Koltiska

Phone: Joy 751-5410

Jason 751-3724

### Sheridan Livestock

Leader: Wendy Hope

Phone: 461-0074

Meeting Time: 2nd Sunday of the month

Meeting Place: Room 131 Sheridan  
County Extension Office

### Shooting Sports

Leader: Brett Sayer

Phone: 751-6356

### The Gatherers

Leader: Kristin Averitt

Phone: 674-6878 Ext 100

Meeting Time: Variable

Meeting Place: NSI Campus

### Tongue River Roundup

Leader: Marta Ostler/Rosanna Henderson

Phone: Rosanna 655-3388

### Wyotana Grizzlies

Leader: Susie Terry

Phone: 750-2459

Meeting Time: First Tuesday of the month  
6:30pm

Meeting Place: Room 131 Sheridan  
County Extension Office

# Attention Livestock Members

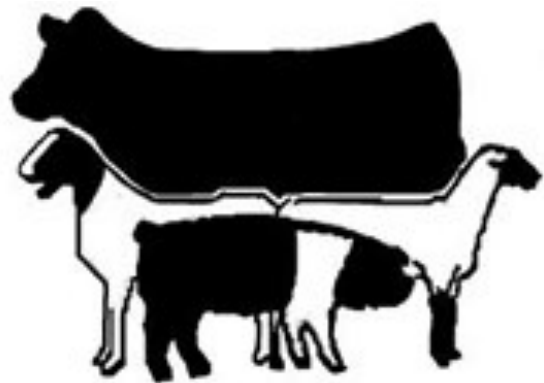
Starting this year, 2015, you will be required to turn in a record book for your livestock for the current year, in order to sell in the sale next year.

If you are showing an animal through 4-H you will be required to turn in a portfolio for the current 4-H year to the extension office.

If you are showing an animal through FFA you will be required to turn in an FFA record book for your animal to your Ag Teacher.

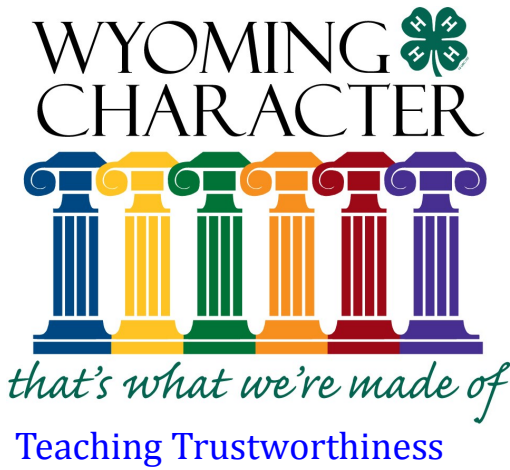


For questions or concerns please contact the 4-H office or your Ag Advisor.



For example: If you turn in a record book/portfolio for the 2015 year, you will be allowed to sell your animals at the 2016 fair.

If you do not turn in your record book for the 2015 year, you will not be allowed to sell an animal at the 2016 fair.



## Character Counts

### Trustworthiness

overnight. Instead it is something you should model for others every day—you influence and are a role model for everyone you come in contact with. Take time to discuss with others how trust is earned and why we consider others trustworthy. Provide specific examples and illustrations to express thoughts. For example: How do others earn your trust? How do you know when you can trust people? Which people do you feel are the most trustworthy?



“Watch your thoughts; they lead to attitudes. Watch your attitudes; they lead to words. Watch your words; they lead to actions. Watch your actions; they lead to habits. Watch your habits; they form your character. Watch your character; it determines your destiny.” ~Unknown~

Being trustworthy means:

- Telling the truth
- Following the rules
- Not taking things that don't belong to you
- Doing what you say you'll do

When you think about teaching trustworthiness to others you must remember that it does not happen



### Trustworthiness in 4-H: Six Feelings

**Supplies:** Seven large signs with one name on each of the Seven Dwarfs on each sign (Happy, Sneezzy, Dopey, Grumpy, Sleepy and Doc). Post these signs on the wall.

Ask the participants to look at all the signs on the wall. Have club members and guests stand by the sign that best describes how they feel at that moment. Explain that it is ok to be honest about what and how they are feeling. Give each group about 10 minutes to create a 30 second commercial to show their emotion. Have each group act out their commercial.

#### Discussion Questions:

Do you think how you feel or act affects whether a person feels they can trust you or not? Why or why not?

#### Roll Call Suggestions

- Tell a time when you were honest and no one was watching
- Share an example of someone showing loyalty to a friend
- Name one person who you trust and tell why



Save the Date!  
**Tween Babysitting Camp**

**April 10-12, 2015**

Fort Laramie, WY

Ages 11-14

CPR/First Aid Certification, Ages & Stages, Entertainment, Health & Nutrition, Safety,  
& More!

Registration fee: \$50 per youth. FREE for military youth. Limited space available.

*More information coming soon!*



Save the Date!  
**Wyoming 4-H Theatre Camp**



**May 1-3, 2015**

Casper, WY

Workshops, formal dinner and attending a live musical performance. *More information coming soon!*





# PURPLE UP DAY

**April is Month of the  
Military Child  
Honor our young  
“Heroes”  
by wearing the color  
PURPLE!**

*Please send photos  
of you or your  
group in your  
purple attire!  
Brittany Johnson  
[bjohns92@uwyo.ed](mailto:bjohns92@uwyo.ed)*

February 21, 2015

Fort Reno, WY State Fairgrounds

Douglas, WY

10am-4pm



FREE to Military Families (school age youth-adult)

\$30 deposit per family required (returned at the event)

\$10 per person for non-military

All supplies, snacks and lunch provided.

Register by February 13, 2015 at <http://wildwestfamilysteamday.eventbrite.com>



March 28, 2015

Western Wyoming Community College

Rock Springs, WY

10am-4pm



FREE to Military Families (school age youth-adult)

\$30 deposit per family required (returned at the event)

\$10 per person for non-military

All supplies, snacks and lunch provided.

Register by March 20, 2015 at

<http://rockspringswwfamilysteamday.eventbrite.com>

# February 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Shooting Sports Safety Training Organizational Sewing Meeting	3	4 Poultry meeting	5 Self Deter- mined Alpaca Meeting Dairy Goat Meeting	6	7 Tractor Supply Company Grand Opening Sewing Work- shop
8	9 Indoor Meeting 4-H Council Meeting	10 Dog Member Orientation	11 Livestock Committee Meeting	12 WRLF Session 2	13 SLC	14 SLC
15 SLC Wyoming 4-H Scholarships Due	16	17 New Member Orientation	18	19	20	21 Jr. Leader Re- treat
22	23 Cowless Home- stead Milk Cow Project Meeting	24 Rabbit member orientation	25 Cloverbuds	26	27	28 YQA 1,2,3

# March 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 WRLF Session 3	3	4 Livestock Committee Meeting	5	6	7
8	9 Council Meeting	10 Rockets/Robots	11	12	13	14 4-H Carnival
15	16 Jr. Leader Meeting	17 Rockets/Robots	18	19	20	21
22	23	24 Rockets/Robots	25 Cloverbuds  Cowless Homestead Milk Cow Project	26	27	28 YQA 1,2,3 (Tongue River Community Center)
29	30	31 Rockets/Robots	1	2	3	4



Tractor Supply will be having their Grand Opening February 7th. 4-H will have a table and we will need 4-H members to be at the table. Call Liz for more details 674-2980



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 Sheridan, WY 82801  
 (307)674-2980  
 lshaffe1@uwyo.edu

Sheridan County Extension Office  
 University of Wyoming  
 3401 Coffeen Ave  
 Sheridan, WY 82801



## Important Dates to remember:

### January 31-Beef Tagging-Fairgrounds

### January 31-Leathercraft Meeting-Room 131

- February 2nd Shooting Sports Training 6pm Sportsman Club
- February 2nd Sewing Organizational Meeting 5:30pm
- February 4th Poultry Meeting 6:00pm
- February 5th Self-Determined Alpaca Meeting 5:45pm
- February 5th Dairy Goat Project Meeting 6:00pm
- February 7th Grand Opening Tractor Supply Company
- February 7th Sewing Workshop 9:00am
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- February 23 Cowless Homestead Milk Cow Project 6:00pm
- February 24th New Rabbit Member Orientation 6:00pm
- February 25th Cloverbud Meeting 4:00pm
- February 28th YQA Level 1 @10:00am
- February 28th YQA Level 2 and 3 @ 1:00pm
- March 1st LWF and CWF applications due to state 4-H office

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