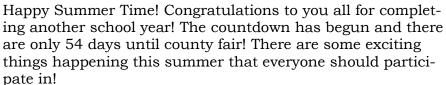
Sheridan County 4-H Monthly Newsletter

What's Inside?

Leader Resources	2
Big & Upcoming-June Schedule	3
New for County Fair & Bum Calf Project	3
Swine & Sheep Fitting/Showing Clinics	4-5
4-H Camp Registration Form & Map	6-7
Showmanship Questions	8
Showmanship Questions-Interview Judging	9
Archery Schedule	10
Farmers Market Sign Up Sheet	10
Showcase Showdown-Youth Quality Assurance	11
Cloverbuds & Livestock Jackpot Schedule	12
2015 County Fair Schedule	13
Jr. Leaders and Club Information	14
Character Counts	15
Livestock Members Information	16
June & July Calendars	17

I pledge my head to clearer thinking,

My heart to greater loyalty,
My hands to larger service,
My health to better living,
For my club,
My community,
My country,
And my World.



First up is county shoot! This event is the culmination of every shooting sports member's hard work over the course of the spring and year! This event is good preparation for state shoot which will take place the second weekend of July. Another great shooting opportunity for members involved in Shotgun is the Apache Shoot. This shoot is happening June 13th in Ucross. This event is a Wyoming 4-H Foundation Fundraiser and is a great opportunity to give back to the program.

Next up is our pig and sheep clinic and jackpot. This will take place at the Sheridan County Fairgrounds June 13th for pigs and 14th for sheep. After the clinic the animals will be weighed and the Jackpot show will start at 4pm. This is a great opportunity to get some practice before county fair especially if this is your first year!

The next big event is Showcase Showdown. This is a state wide contest that is going to be held in Cheyenne this year. This is the state contest for horse judging, vegetable judging, cake decorating, table setting, robotics, rocketry, food cook off, dog quiz bowl, livestock skill-a-thon, and prepared and impromptu presentations. Additionally there are a lot of learning opportunities and workshops for members to attend. These have everything from project runway where members receive \$10 to shop at a thrift store and put an outfit together for a fashion show, to graphic design and science workshops. There is really something for everyone at this contest and I would encourage everyone to think about going!

After Showcase Showdown is Mountain Camp. This is a fun event for Sheridan county 4-Hers to come meet other 4-Hers and have a great time! There will be lots of activities for everyone to enjoy and lots of games and fun to be had! This will be June 27th-28th. Cloverbuds are also welcome to come up if they are accompanied by a parent who is a screened leader.

Also don't forget the last opportunity to take Quality Assurance for the year is June 10th for Quality Assurance 1 and 11th for Quality Assurance 2&3.

I hope everyone has a great June and I hope to see you around at all the 4-H events this summer!- Liz Shaffer

June 2015



Are you interested in being a leader? Please Contact Liz if you would like more information or would like to take the training in order to become a leader.

If you are a current leader you should have gotten a letter in the mail explaining that you need to go online and complete the MVR Certification if you plan to drive 4-H members this coming year. Every leader must do this every year!

For more information and resources please visit http://www.uwyo.edu/4-h/volunteers/

Everything But the Moooo

By-Products from Cows

From Brain...

· Anti-aging cream medicines

From Blood...

- Pasta
- Cake mixes

From Hair... Dyes & inks Air filters Adhesives Brushes Minerals Felt Medicines Isulation Laboratory research Plaster materials Crest Textiles Tail Head Hook Rump Loin Back Neck Muzzle Throat Rib Quarter Shoulder Dewlap Belly Point of Shoulder Stifle Brisket Switch Rear Hock Flank Sheath (steers) -Knee Cannon Navel (heifers) Bone

From Bones...

Charcoal

Fertilizer

Glass

Refined sugar

From Hooves and Horns...

- Adhesives
- Plastics

Pastern

- Pet food
- Plant food
- Photo film
- Shampoo & conditioner
- Emery boards
- Lamination
- Wallpaper
- Plywood

- From Milk...
- Adhesives
- Plastics
- Cosmetics
- Medicines

From Manure... Fertilizer

From Skin...

Gelatin

Flavorings

Sheet rock

Wallpaper

Adhesives

Medicines

Candies & confectionary

Emery boards

- Nitrogen
- Phosphorus

From Internal Organs...

- Instrument strings
- Tennis racquet strings
- Hormones, enzymes, vitamins & other medical material

From Fat...

- Chewing gum
- Candles
- Detergents
- Fabric softner
- Deodorant Shaving cream
- Perfume Pet food
- Cosmetics
- Creams & lotions
- Crayons
- Paint
- Oil & lubricants
- Biodiesel
- Plastics
- Waterproofing agents
- Cement
- Ceramics
- Chalk
- Explosives
- Fireworks
- Matches
- Fertilizer
- Antifreeze
- Insulation
- Linoleum
- Rubber
- Textiles
- Medicines

EARM CREDIT Knowledge Center

Don't Forget!

- To get rescreened for the next 4-H year
- To get members signed up for another year!



- 4-H Council Meeting June 1st 5:30pm Room 131-Extension Office
- Awards Committee Meeting June 3rd 5:15pm Room 131-Extension Office
- Livestock Committee Meeting June 3rd 6:00 pm Room 131-Extension Office



so many products come from cows that we really do use everthing but the mooo!

Big and Upcoming!

- June 1st @ 5:30 pm—4-H Council Meeting Extension Office-Room 131
- June 2nd @ 6:00 pm—1st Lego Organizational
 Meeting—Extension Office-Room 131
- June 3rd @ 5:15 pm-Awards Committee Meeting Extension Office-Room 131
- June 3rd @ 6:00 pm-Livestock Committee Meeting Extension Office-Room 131
- June 5th @ 5:00 pm-County Shoot Sportsman Club; 89 Keystone Road
- June 6th @ 9:00 am-County Shoot Sportsman Club; 89 Keystone Road
- June 7th @ 8:00 am-County Shoot Sportsman Club; 89 Keystone Road
- June 7th @ 1:00 pm-Pot Luck & Awards
 Sportsman Club; 89 Keystone Road
- June 8th @ 6:00pm-Horse Safety Training Sheridan County Fairgrounds Arena
- June 9th @ 6:00 pm-Rabbit Meeting
 Rabbit/Poultry Barn or Pavilion Lawn-Fairgrounds
- June 10th @ 4:00 pm-Level 1 Quality Assurance Extension Office-Room 131
- June 11th @ 4:00 pm-Level 2 & 3 Quality Assurance Extension Office-Room 131

- June 13th @ 10:00 am—-Fitting/Showing Clinic-Swine Sheridan County Fairgrounds
- June 14th @ 9:00 am—Fitting/Showing Clinic-Sheep Sheridan County Fairgrounds
- June 15th @ 6:00 pm-Horse Showmanship Sheridan County Fairgrounds-Arena
- June 15th @ 6:00 pm-Junior Leaders Meeting Extension Office-Room 131
- June 17th @ 4:30 pm-Cloverbuds—Ropecraft Extension Office-Room 131
- June 18th-21st—Horse Camp Douglas, Wyoming
- June 20th @ 9:00-3:00 pm-Sewing & Quilting Camp Extension Office-Room 131
- June 22nd @ 6:00 pm-Western Riding & Reining Sheridan County Fairgrounds Arena
- June 23rd @ 6:00 pm-Rabbit Project Meeting Rabbit/Poultry Barn or Pavilion Lawn-Fairgrounds
- June 24th– 26th-Showcase Showdown Cheyenne, Wyoming
- June 27th-28th-4-H Mountain Camp
- June 29th @ 6:00 pm

 Horse Trail & Pleasure
 Sheridan County Fairgrounds Arena

NEW FOR COUNTY FAIR

New this year for poultry (chickens, geese, ducks, turkeys) and rabbit members.





Only the grand champion and reserve champion market pens of 3 will be allowed to sell in the Market Livestock Sale

Also New this year!

4-H Bum Calf Project

Rules:

- 1. Member (s) must have a bum before June 1st of the year project is taken
- 2. Goals Are to raise an orphan calf

to feed and care for it

to provide shelter and health care

- 3. Classes will be decided on age of members in project
- 4. The orphan project can not be continued on the next year; but the animals can be carried into market or breeding classes
- 5. For 4-H and FFA members the project will require a short record book and judging will include an interview about their project. Cloverbuds-youth ages 5-7 are not required to do the record book.

Fitting Showing Clinics Saturday, June 13 Swine

10:00 am to 2:30 pm Clinic

\$10.00 pre register fee for clinic

Market and Showmanship Jackpot starting at 4:00

WEIGH IN's AT 2:30 pm

\$10.00 - Market Jackpot fee per animal

\$10.00 Showmanship Jackpot fee



Lunch will be provided both days

Sunday, June 14 Sheep

9:00 am to 2:30 pm Clinic

\$10.00 pre register fee for clinic

Market and Showmanship Jackpot starting at 4:00
WEIGH IN'S AT 2:30 pm

\$10.00 Market Jackpot fee per animal

\$10.00 Showmanship Jackpot fee



CLINICS AND JACKPOTS WILL BE HELD AT THE SHERIDAN COUNTY FAIRGROUNDS

1753 VICTORIA STREET SHERIDAN WY 82801

DO NOT HAVE TO ATTEND CLINIC'S TO PARTICIPATE IN JACKPOTS

Sheridan County Fitting and Showing Clinic

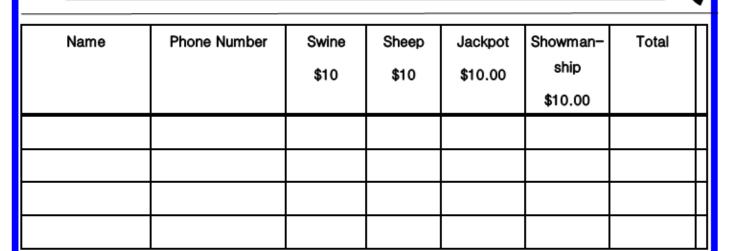
Registration and fees are due to Sheridan County Extension office by June 6

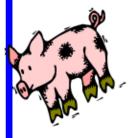
Things to Bring:

Swine: Swine, Swine declaration, washing supplies, clippers (if you have them) water pan

Sheep: Sheep, fitting stand and clippers (if you have them) water pan, and fitting equipment

Shavings will be available to purchase at the clinic





If you have any questions please contact Liz Shaffer @ 307-674-2980 or Dana Pearce @ 307-751-7259

Sheridan County 4-H Mountain Camp

June 27th –28th Camp will begin at 10am Saturday and parents are welcome to join us for lunch Sunday when youth are picked up Registration Form

Registration Due to the Extension Office by June 5th. One registration form per individual is required (youth or adult). Fee for camp is \$25 please include with your registration. Only 4-H members are allowed to sign up. Cloverbuds will be allowed at camp on Saturday June 27th but must go home that night unless accompanied by a parent (must be a screened leader to stay the night). For more information or extra entry forms please go to http://www.wyoextension.org/sheridancounty/4-h/ or call Liz at 674-2980.

Name:	_	***	CAMP
Please Circle One:			E (B)
4-H member (age)	4-H Leader	Cloverbud	
Junior Leader/Camp councilor			
Club:			
Emergency contact:	F	Phone:	
Emergency contact 2:	P	hone:	_
Parent/ Guardian: This 4-H member has m Mountain Camp. I understand that he/she mountain camp rules. I understand that if responsible for picking my child up no mat	must abide by t the member do	the 4-H Code of Conduct are some some some some some some some som	and all I will be
Signature:	_ Date:		
Camp Participate: I understand that I am e	xpected to follo	w the 4-H Code of Condu	ct and

Things to bring to camp:

- Warm sleeping bag
- Winter clothes
- Summer clothes
- Winter coat
- Rain coat
- Extra Clothes
- Flashlight
- Camera (inexpensive or disposable)
- Swimming suit
- Extra Shoes and Socks

Things to leave home:

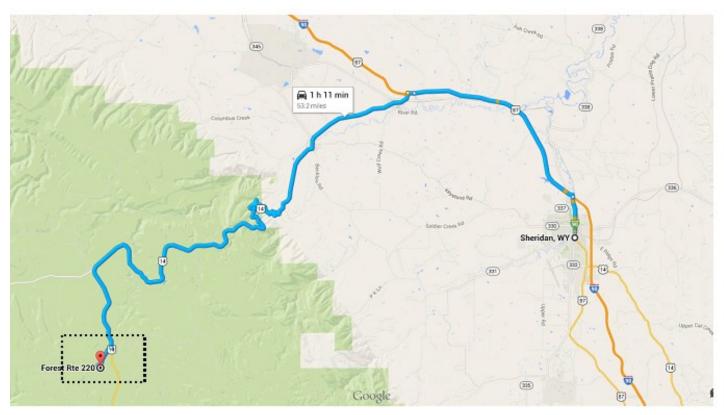
- Cell Phones (no Service there and don't want to lose them)
- Pocket knives
- Bear Spray
- Axes
- Saws
- Any weapons

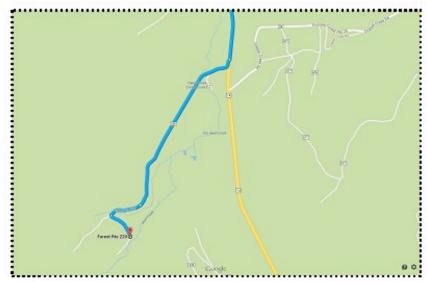
Directions to Sheridan 4H Mountain Camp

Driving directions can be found via the following web link or by scanning the QR code into your smartphone:

http://bit.ly/4hmtncamp







Expanded view of destination off of forest Road 220 (Owen Creek Campground Turnoff)

Showmanship Questions

Beef Showmanship Questions

1st year/Junior

What breed is your Steer? That steer?

What is that body part called?

Basic Cuts of meat

Favorite thing about showing steers?

How did you train your animal?

What does your steer weigh?

How much does your steer eat a day? (answer in pounds)

What does it look like when your steer is getting sick?

What kind of things do you look for when you look for a steer?

How many compartments of the stomach does your steer have?

Intermediate

On average how many pounds does your steer gain in a day? (rate of gain)

What is the acceptable back fat levels in a steer?

What is the average REA for a steer?

What is the ideal market weight for steers?

How many pounds of feed does it take for a steer to gain 1 pound?

What are the current prices per pound of beef?

Are steers monogastric or ruminants?

What do you feed your steer?

What is a common disease or illness of steers?

What are some of the strengths and weaknesses of your steers?

Seniors

What feed supplements are acceptable to use?

What does REA mean and what size REA would you expect your steer to have?

How do you look for quality in beef carcasses?

What is the typical yield of a steer?

What is a respectable rate of gain for a steer?

Contents of your feed?

Active ingredients? Withdrawal period?

If you wanted your steer to gain more, how would

you change what you are feeding?

What is and EDD? What is an example of a hog

What is and EPD? What is an example of a hog EPD?

What is the gestation length of a cow?

What are the 4 quality grades of beef?

How are Yield grades determined?

Major issue in the beef industry?

Swine Showmanship Questions

1st year/junior

What breed is your pig? That pig?

What is that body part called?

Basic Cuts of meat

Favorite thing about showing pigs?

How did you train your animal?

What does your pig weigh?

How much does your pig eat a day? (answer in pounds)

What does it look like when your pig is getting sick?

What kind of things do you look for when you look for a pig?

Know ear notching.

Intermediates

Ear notching.

On average how many pounds does your pig gain in a day? (rate of gain)

What is the acceptable back fat levels in a pig?

What is the ideal market weight for pigs?

How many pounds of feed does it take for a pig to gain 1 pound?

What are the current prices per pound of pork?

How many nipples should a gilt have?

What is a pin nipple?

Are pigs monogastric or ruminants?

What do you feed your pig?

What is a common disease or illness of pigs?

What are some of the strengths and weaknesses of your hog?

Seniors

What is NSR and what do they do?

What feed supplements are acceptable to use?

What does LEA mean and what size LEA would you expect your pig to have?

How do you look for quality in pork carcasses?

Where is back fat measured on a hog?

What is the typical yield of a hog?

What is a respectable rate of gain for a hog?

Contents of your feed?

Active ingredients? Withdrawal period?

If you wanted your hog to gain more, how would you change what you are feeding?

What is the most expensive cut of meat per pound?

What is the breeding of your hog?

What is and EPD? What is an example of a hog EPD?

What is the gestation length of a sow?

What is PSS? (Porcine Stress Syndrome)

What is PSE? DFD?

Major issue in the pork industry?

Sheep/Goat Showmanship Questions

1st year/junior

What breed is your sheep/ Goat? That sheep/ Goat?
What is that body part called?
Basic Cuts of meat
Favorite thing about showing sheep/ goat?
How did you train your animal?
What does your sheep/ goat weigh?
How much does your sheep/goat eat a day? (answer in pounds)

What does it look like when your sheep/ goat is getting sick?
What kind of things do you look for when you look for a sheep/ goat?

What does a scrapie tag look like?

Intermediates

in a day? (rate of gain)
What is the acceptable back fat levels in a sheep/ goat?
What is the ideal market weight for sheep/goats?
How many pounds of feed does it take for a sheep/ goat to gain 1 pound?

On average how many pounds does your Sheep/ goat gain

What are the current prices per pound of lamb/ goat?
Are sheep/ goats monogastric or ruminants?
What do you feed your sheep/ goat?
What is a common disease or illness of sheep/goats?
What are some of the strengths and weaknesses of your sheep/goat?

Seniors

What feed supplements are acceptable to use?
What does REA mean and what size REA would you expect your sheep/goat to have?
How do you look for quality in lamb/ goat carcasses?
Where is back fat measured on a sheep/ goats?
What is the typical yield of a sheep/ goats in percentage?
What is a respectable rate of gain for a sheep/goats?
Contents of your feed?
Active ingredients? Withdrawal period?
If you wanted your sheep/goat to gain more, how would you change what you are feeding?
What is the most expensive cut of meat per pound?
What is and EPD? What is an example of a sheep/goat EPD?
What is the gestation length of a ewe/doe?

Good judges will want to see that you have learned more than just how to make a project. They want to see evidence of the Do, Reflect, Apply! You DO your project prior to fair, but interview judging then gives you a chance to REFLECT on your project. You get to tell about what you did, how you did as well as what went good or not so good along the way. You also get to tell them what you learned from your experience and how you might APPLY what you learned to shape new goals for the future.

Why is experiential learning so important? In order to retain the most from what you learned, you need to practice by doing and then teach others! So, during interview judging, judges may ask questions that help you to think through what you did in your project as well as describing the steps along the way. In turn, that helps you better retain what you have learned.

Interview Judging

What is the NSIP? What do they do?

What is a major issue in the Sheep/goat industry?

Questions you might be asked

What did you think you might learn from taking this project?

What did you like most about this project? Least?

Did anyone help you decide what your project might be?

What new things did you learn?

How do you plan to use what you made?

What would you like to learn next year?

What was the most difficult part of your project?

What other things did you do in this project?

What did you learn about yourself?

What did you learn about your decision making skills?



Archery Practice

Practice at 3 p.m. to 5:00 p.m.

SCHEDULE

June 6—County Shoot June 21—Father's Day July 9-10-11-12 State

June 7—No Practice June 28 Shoot

and 7 No Fractice Same 20

June 14 July 5

Questions contact Mick Kaser 751-2002

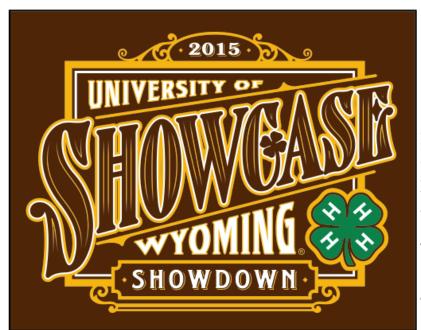
Sheridan Farmers Market Sign Up

After the success of helping at the Farmers Market last summer, Sheridan County 4-H has decided to help out again this year. Remember that 4-H will have a booth at each of the markets. So if you have a 4-H project that you would like to share or sell please bring it with you! Another great opportunity we have is to do a kids activity. So be thinking about some activities that we can do!

Farmers Markets are on Thursdays, starting with setup from 3-5 and the market from 5-7.

Please pick a date that works for your club or yourself to participate in this county wide Community Service project.

Thursday July 9 th	Thursday July 23 rd	Thursday August 6 th	Thursday August 27th	
Thursday July 16 th <u>Junior Leaders</u>	Thursday July 30 th	Thursday August 20 th		



2015 Showcase Showdown June 24-26, 2015

www.Wyoming4H.org.

It is time once again for the annual Wyoming 4-H Showcase Showdown. This year's event will be held in Chevenne, WY, June 24-26. Youth will have the opportunity to participate in various contests, workshops, tours and so many other exciting activities throughout the event. Some of the contests this year

Prepared & Impromptu Presentations, Dog Skill-A-Thon, Horse Judging, Hippology, Produce Judging, Rocket Launch

Livestock Skill-A-Thon, Robotics, Food Cook-Off, Table Setting, Cake Decorating

Interviews will be conducted for Wyoming State 4-H Leadership Team. There will also be interviews for youth interested in being delegates to represent Wyoming at the National 4-H Congress. HH Applications for both can be found online and are due May 30, 2015. You won't want to miss out on this exciting event! For more event details, visit www.uwyo.edu/4h/showcaseshowdown/index.html.

Don't Forget!!

You must reenroll in 4-H for the year. Even if you were a 4-H member last year you have to enroll again for the upcoming year in 4-H. Enrollment has changed over to an online system. Go to www.4honline.com to sign up for a new year. Remember that 4-H enrollment does not sign you up for County Fair automatically. By July 13, 2015, you will have to fill out entries to enter your projects in County Fair.

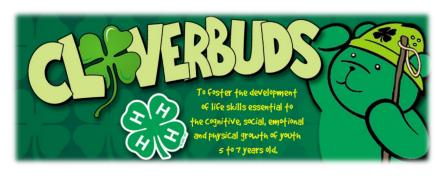
Youth Quality Assurance (YQA) is being offered 1 more time this year:

June 10th YQA Level 1 @4pm—Watt Ag. Center—Room 131

June 11th YQA Level 2 & 3 @ 4pm—Watt Ag. Center—Room 131

*** All youth must have/be up to date on YQA training to sell livestock in the Sale at County Fair. ***





More information Contact: Liz Shaffer 674-2980 Ishaffe1@uwyo.edu

Wednesday: June 17th 4:30pm-5:30pm

Topic: Ropecraft

We will be meeting at the Watt Ag Center



2015 SHERIDAN COUNTY FAIR SCHEDULE

Monday, July 13th: Fair Entries Due by 5:00p.m.

Friday July 24th

9:00 a.m. Fabric & Fashion Interview Judging and Fashion Review Judging at Sheridan County Extension Office

Monday, July 27th

8:00a.m. Dog Show Check-In: Exhibit Hall

9:00a.m. Dog Show: Exhibit Hall Followed by agility in lawn north of exhibit hall

Tuesday, July 28th

8:00 a.m. to 3:00pm 4-H static exhibit interviews and FFA Exhibit Judging

3:00 p.m. (or at the completion of judging) Club Booth Decorating

Wednesday, July 29th

10:00 a.m. Cat Show: Exhibit Hall

3:00 p.m. Begin Arrival of 4-H and FFA Livestock

6:00 p.m. Exhibit Hall Awards and Public Fashion Review

Thursday, July 30th

6-8:00 a.m. Shavings shed open, barn area gates open for vehicle traffic

8:00 a.m. Mini Horse Show: Arena 1

9:00 a.m. Exhibit Hall open

9:00a.m.- 6p.m. Open Class Exhibits accepted

9:00 a.m. Horse Showmanship followed by Halter: Arena 1

9:00 a.m. Livestock Weigh-In (all livestock must be in place)

1:00 p.m. Horse Programed Ride

2:00 p.m. Horse English Events

2:00 p.m. Rabbit and Poultry Check-in

4:00 p.m. Alpaca & Dairy Animal Check-In

5:30 p.m. Swine Show

6:00p.m. Exhibit Hall Closed and Open Class Exhibit Judging

Friday, July 31st

6-8:00 a.m. Shavings shed open, barn area gates open for vehicle traffic

8:00 a.m. Rabbit Show

9:00 a.m. Exhibit Hall open

9:00 a.m. Horse Western Events followed by trail followed by speed events: Arena 1

5:30 p.m. Market Beef Show

6:00 p.m. Exhibit Hall closed

8:00 p.m. or After the Beef Show: Community Dance

Saturday, August 1st

6-8:00 a.m. Shavings shed open, barn area gates open for vehicle traffic

6-8:00 a.m. Complimentary Breakfast for 4-H &FFA Members & Families by Farmers Co-op: Infield Tent

Saturday, August 1st(continued)

8:00a.m. Dairy Goat Show followed by Dairy Cow Followed by Market Goat Show

9:00 a.m. Exhibit Hall open

9:00 a.m. Old Time Tractor Pull

11:00a.m. Heifer Futurity Followed by Breeding Beef show

4:00 p.m. Sheep Show followed by the Alpaca Show

4:00p.m. Krystal Raley: Equine Therapy Demonstration Arena 2

9:00 a.m. Exhibit Hall open

6:00 p.m. Exhibit Hall closed

7:00p.m. Pig Wrestling: Arena 1

Sunday, August 2nd

8:00 a.m. Poultry Show

9:00 a.m. Exhibit Hall open

10:00a.m. Consignment forms and Horse State Fair Forms due

10:00a.m. Fitting Contest Entries Due

11:00a.m Krystal Raley: Equine Therapy Demonstration Arena 2

1:00p.m. Open Class Pie Contest

4:00 p.m. Non-Sale animals released

5:00 p.m. Round Robin

6:00 p.m. Exhibit Hall closed

Monday, August 3rd

8:00 a.m. Youth Jackpot Team roping, working cow horse, team penning

9:00 a.m. Exhibit Hall open

10:00 a.m. Beef Fitting Contest

1:00 p.m. Fairgrounds clean-up

4:00 p.m. Krystal Raley: Equine Therapy Demonstration Arena 2

4:00 p.m. Buyer's Dinner-Infield tent

6:00 p.m. Market Livestock Sale: Sale Arena

6:00 p.m. Exhibit Hall closed

Post Fair Dates:

Tuesday, August 4th

8:00 a.m. Exhibits Released from fair grounds/packing for state fair

5:00 p.m. State Fair Forms Due

Thursday, August 6th

6:00 p.m. Mandatory State Fair Exhibitors Meeting



Junior Leaders



Will you be at least 13 years old as of January 1st? Do you want to get more out of your 4-H experience? Above all do you want to participate in a great opportunity to meet more people in the county your age while learning great new leadership skills?

If the answer is yes to all these questions consider becoming a Junior leader. Throughout the year Junior leaders assist in 4-H events and help promote the program. If this is something you would be interested in or you would like more information about please contact the 4-H office.

Monday June 15th Junior Leader Meeting 6 pm Extension office

Big Horn Cowboys

Leader: Rindy West Phone: 751-3430

Meeting time: Third Wednesday of the

Month

Meeting Place: Room 131 Sheridan

County Extension Office

Canyon Livestock

Leader: Jennifer Forsness/Dana Pearce

Phone: Jennifer 406-620-7154

Dana 751-7259

Meeting Time: 1st Sunday of the Month

Meeting Place: Dayton

Critters, Crafts & Cooking

Leader: Carol French Phone: 737-2415

Lucky 7

Leader: Jason & Joy Koltiska

Phone: Joy 751-5410

Jason 751-3724

Sheridan Livestock

Leader: Wendy Hope

Phone: 461-0074

Meeting Time: 2nd Sunday of the month

Meeting Place: Room 131 Sheridan

County Extension Office

Shooting Sports

Leader: Brett Sayer

Phone: 751-6356

The Gatherers

Leader: Kristin Averitt

Club Meetings

Phone: 674-6878 Ext 100

Meeting Time: Variable

Meeting Place: NSI Campus

Tongue River Roundup

Leader: Marta Ostler/Rosanna Henderson

Phone: Rosanna 655-3388

Wyotana Grizzlies

Leader: Susie Terry

Phone: 750-2459

Meeting Time: First Tuesday of the month

6:30pm

Meeting Place: Room 131 Sheridan

County Extension Office



Responsibility

Responsibility is doing your best to take care of the things around you that need to be done.

Responsibility involves a few things:

- Accountability
- Using Self Control
- Having Goals
- Choosing a positive attitude
- Doing your duty
- · Being proactive
- Setting a good example

After looking at these things, do you think you are responsible?

RESPONSIBILITY

How do we learn to be responsible? When we practice being responsible, we learn how to be more responsible. We also learn responsibility from good role models.

A big part of being responsible is making good choices. The two fundamental principles of good decisions

are: 1—We all have the power to decide what we do and what we say.

2—We are all morally responsible for the consequences of our choices.

Remember, being responsible isn't always easy. If we work hard, and take responsibility for ourselves, it will be worth it in the end. Being responsible helps us achieve great things, and helps us feel good about ourselves and our accomplishments.



4-H Activity

The Six Letter Solution

Prep: Have the following group of letters written on a flip chart or white board before club members arrive. Be sure to keep this exact order: RSIESXPLO-ETNTSIBELRISTY.

Directions: Hidden in this jumble of letters is a specific word in the English language that can only be found if you remove six letters. If you find it, write

it down so everyone has a chance to discover it. What questions do you have?

(The trick to the activity is to eliminate the letters "s-i-x-l-e-t-t-e-r-s" to reveal the hidden word of responsibility.)

After the youth have figured out the activity or you show them the trick, discuss the different aspects of responsibility.

Possible discussion starters are:

What does responsibility mean to you?

How have you seen others act responsibly?

Do you think responsibility is important? Why?

How can we be responsible 4 -H members?

Why be responsible?

Clover Connection

Head - Think things through thoroughly and set goals

Heart - Be a good friend and take care of those around you.

Hands – Do what needs to be done without being asked.

Health – Take care of your body by exercising and being aware of the foods you eat

Attention Livestock Members

Starting this year you will be required to turn in a record book for your livestock for the current year, in order to sell in the sale next year.

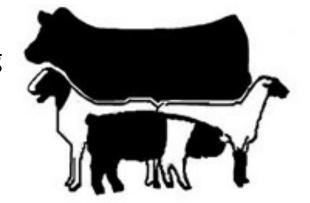
If you are showing an animal through 4-H you will be required to turn in a portfolio for the current 4-H year to the extension office by September 14, 2015.

If you are showing an animal through FFA you will be re-

quired to turn in an FFA record book for your animal to your Ag Teacher by January 1, 2016.



For questions or concerns please contact the 4-H office or your Ag Advisor.



For example: If you turn in a record book/portfolio for the 2015 year, you will be allowed to sell your animals at the 2016 fair.

If you do not turn in your record book for the 2015 year, you will not be allowed to sell an animal at the 2016 fair.

June 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 4-H Council Rifle & Pistol Practice	2 Lego Organiza- tional Meeting	3 Awards Committee Livestock Committee Shotgun Practice	4	5 County Shoot Mt. Camp Registration Due	6 County Shoot
7 County Shoot Shooting Sports Pot Luck & Awards	8 Horse-Safety Training	9 Rabbit Meeting Fairgrounds	10 Youth Quality Assurance-Level 1 Showcase Show- down Reg. Due	11 Youth Quality Assurance Level 2 & 3	12	13 Swine Clinic Apache Shoot Ucross, WY
14 Sheep Clinic Archery Practice	15 Jr. Leaders Horse- Showmanship	16	17 Cloverbuds	18 Horse Camp Douglas, WY	19 Horse Camp Douglas, WY	20 Horse Camp Douglas, WY
21 Archery Practice Horse Camp Douglas, WY	22 Horse-Western Riding & Reining	23 Rabbit Meeting Fairgrounds	24 Showcase Showdown Cheyenne, WY	25 State Shoot Registration Due	26 Showcase Showdown Cheyenne, WY	27 4-H Mountain Camp
28 Archery Practice 4-H Mountain Camp	29 Horse- Trail & Pleasure	30		Showcase Showdown Cheyenne, WY		

July 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Awards Committee Livestock Committee	2	3	4
5 Archery Practice	6	7 Rabbit Meeting Fairgrounds	8	9 State Shoot Douglas, WY Farmers Market	10 State Shoot Douglas, WY	11 State Shoot Douglas, WY
12 State Shoot Douglas, WY	13 Indoor Committee 4-H Council Horse-English	14	15	16 Farmers Market	17	18 UFO Sewing Workshop
19	20 Jr. Leaders Horse-Speed Events	21 Rabbit Meeting Fairgrounds	22	23 Farmers Market	24 Fabric & Fashion	25
26	27	28	29	30 Farmers Market	31	August 1
	County Fair	County Fair	County Fair	County Fair	County Fair	County Fair



Sheridan County Extension Office
University of Wyoming
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Watt Ag Center
Sheridan, WY 82801
(307)674-2980
Ishaffe1@uwyo.edu

June 1st @ 5:30 pm-4-H Council Meeting-Extension Office-Room 131

June 2nd @ 6:00 pm-1st Lego Organizational Meeting-Extension Office-Room 131

June 3rd @ 5:15 pm-Awards Committee Meeting-Extension Office-Room 131

June 3rd @ 6:00 pm-Livestock Committee Meeting-Extension Office-Room 131

June 5th @ 5:00 pm-County Shoot-Sportsman Club; 89 Keystone Road

• June 6th @ 9:00 am-County Shoot-Sportsman Club; 89 Keystone Road

• June 7th @ 8:00 am-County Shoot-Sportsman Club; 89 Keystone Road

• June 7th @ 1:00 pm-Pot Luck & Awards-Sportsman Club; 89 Keystone Road

• June 8th @ 6:00pm-Horse Safety Training-Sheridan County Fairgrounds Arena

June 9th @ 6:00 pm-Rabbit Meeting-Rabbit/Poultry Barn or Pavilion Lawn-Fairgrounds

• June 10th @ 4:00 pm-Level 1 Quality Assurance-Extension Office-Room 131

June 11th @ 4:00 pm-Level 2 & 3 Quality Assurance-Extension Office-Room 131

• June 13th @ 10:00 am-Fitting/Showing Clinic-Swine-Sheridan County Fairgrounds

• June 14th @ 9:00 am-Fitting/Showing Clinic-Sheep-Sheridan County Fairgrounds

• June 15th @ 6:00 pm-Horse Showmanship-Sheridan County Fairgrounds-Arena

• June 15th @ 6:00 pm-Junior Leaders Meeting-Extension Office-Room 131

• June 17th @ 4:30 pm-Cloverbuds—Ropecraft-Extension Office-Room 131

• June 18th-21st-Horse Camp-Douglas, Wyoming

June 20th 9:00-3:00 pm-Sewing and Quilting Camp-Extension Office-Room 131

June 22nd @ 6:00 pm-Western Riding & Reining-Sheridan County Fairgrounds Arena

• June 23rd @ 6:00 pm-Rabbit Project Meeting-Rabbit/Poultry Barn or Pavilion Lawn-Fairgrounds

June 24th– 26th-Showcase Showdown-Cheyenne, Wyoming

June 27th-28th-4-H Mountain Camp

• June 29th @ 6:00 pm—Horse Trail & Pleasure-Sheridan County Fairgrounds Arena

Sheridan County Extension Office University of Wyoming 3401 Coffeen Ave Sheridan, WY 82801



Remember

mportant Dates To

PRESORT STANDARD
US POSTAGE PAID
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