Sheridan County 4-H Monthly Newsletter

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I pledge my head to clearer thinking,

My heart to greater loyalty, My hands to larger service,

My health to better living,

For my club,

My community,

My country,

And my World.

Can you believe it? November is already here. It seems like just yesterday that we were at County Fair and now we are here in the middle of fall. I love these beautiful fall days.

As most of you have seen 4-H reenrollment is happening a little different this year through the online program. If you haven't done so yet please go online and get signed up. We will soon be relying solely on the members signed up online to share information with you so if you don't get signed up you will no longer receive 4-H updates through email and the mail.

Members signed up for beef; now is a prime time to be getting your steers and heifers. If you are having trouble finding an animal for a project please contact me and I will try to help you find one.

With the holidays quickly approaching now more than ever community service is very important. Consider getting your club on board doing some community service. You can help out at places such as the soup kitchen, and food bank. Or get on board with Toys for Tots or even take the initiative and start your own community service project such as doing Operation Christmas Child, Operation Shoebox or any other great idea you might have. It is just a great time of year to give back and show your 4-H community service spirit.

Thank you for making the Project Expo a great success! If you found a new project that you would like to do please don't hesitate to get signed up and let me know if I can be of any help.

-Liz Shaffer



Leader Resources



State Leader's Conference is a forum in which 4-H Leader's meet for the purpose of learning more about the 4-H program as it pertains to Wyoming, share ideas, participate in fun workshops that you can take back and utilize in your clubs, increase your leadership abilities and to have some fun! This is also the venue of the leadership awards program in which leaders from across the state are recognized for their support and service to the program.

• 4-H Council Meeting November 10th 6pm Conference Room at the Extension Office

Get More Involved

- Livestock Committee meeting November 12th
- Fairboard meeting November 13th
- Become a project leader
- Become a club leader

Save the Date

You're invited to the 2015

State Leaders' Conference!

Please be thinking about possible topics you could teach as a workshop. Workshop presentations are welcome by any adult or teen leaders and topics can include: 4-H projects, Leadership, Club Management, Youth

Development, etc.

Stay Updated:

Follow us on Facebook at 2015 State Leaders' Conference.

https://www.facebook.com/wyoslc2015



Don't Forget!

- To get rescreened for the next 4-H year
- To get members signed up for another year!

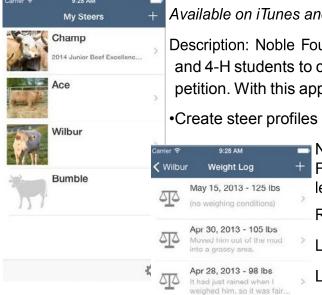
To receive more updates about the program remember to make sure you are on the email list or check us out on Facebook: https://www.facebook.com/pages/Sheridan-County-4-H/174156728837

There's an App for that! for 4-H and FFA Youth

A number of Apps are popping up for youth to track their 4-H/FFA projects.

The following are two we recently became aware of ... check them out and see if one works for you!

The Samuel Roberts Noble Foundation: Noble Jr. Beef Journal App



Available on iTunes and Google for FREE

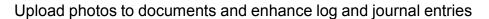
Description: Noble Foundation Jr. Beef Journal is an app designed to empower FFA and 4-H students to capture key pieces of information as they raise steers for competition. With this app, you will be able to do the following:

> Nominate steers for the Noble Foundation's Junior Beef Excellence Program

Record steer identifiers

Log body weight measurements

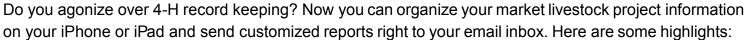
Log feeding information



Calculate an overall performance summary

View a complete, detailed report of all steer record-keeping for use in competitive programs that have record-keeping requirements.

Livestock Record • Available on iTunes



Track your 4-H'ers and their individual livestock project animals

Track participation in events, meetings, shows, contests, and

Record animal weights, feed, and health, and monitor average daily gains

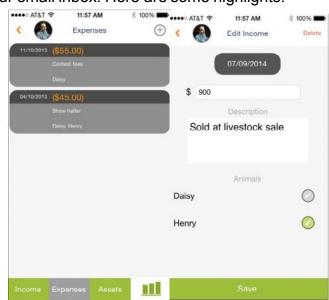
Enter project income, expenses, and assets to generate financial statements

Use photos to customize each 4-H'er and animal

Export reports to analyze in spreadsheets, create graphs, or use in your state or local 4-H record keeping forms







Big and Upcoming!

4-H council meeting

Junior leaders meeting

Livestock Committee meeting

Fairboard meeting

November 10th 6:00pm

November 11th 6:30pm

November 12th 5:30pm

November 13th 5:30pm



Don't Forget!!

You must reenroll in 4-H for the next year. Even if you were a 4-H member last year you have to enroll again for the upcoming year in 4-H. Enrollment has changed over to an online system.

Go to www.4-Honline.com to sign up for a new year. Remember that 4-H enrollment does not sign you up for County Fair automatically. Next July you will have to fill out entries to enter your projects in County Fair.

Citizenship

Washington Focus





Citizenship Washington Focus (CWF) is held each June. Delegates will learn about the democratic process, meet new people, see the sights of Washington D.C., meet Wyoming's U.S. Congressional Representatives, and experience our national government from a new perspective. This trip features tours and several nighttime events. Be ready to have a good time! There is not an application process – simply contact your local County 4-H Educator and let him/her know you would like to attend. The cost of the trip is approximately \$1,200-\$1,500 and some donor funds are available through the Wyoming State 4-H Foundation.

Application Due February 1st

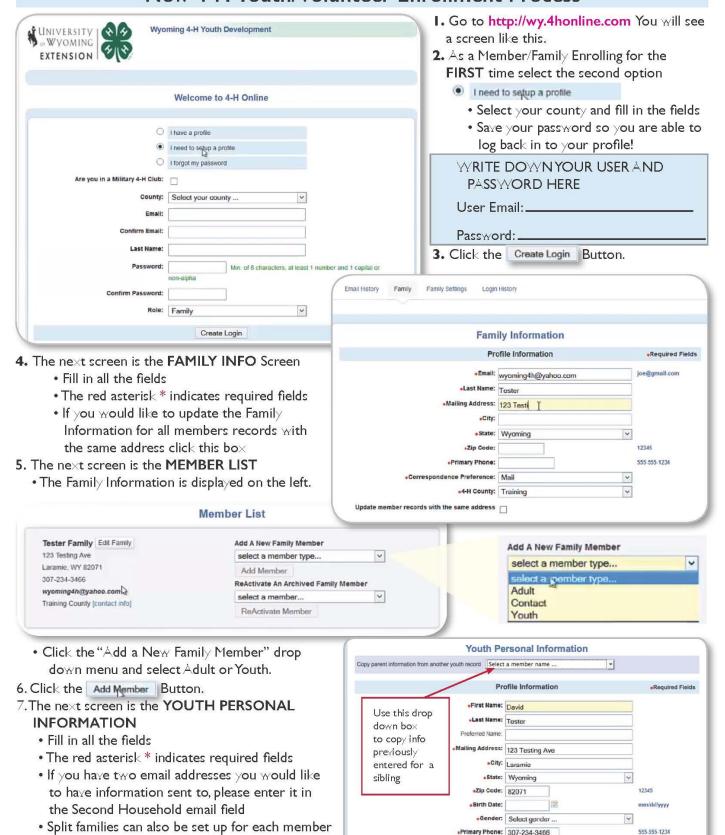
A Preview of Events...

| State 4-H Leaders' Conference Registration closes: February 7, 2015 | February 13-15 | Torrington, WY |
|--|--|-------------------|
| National 4-H Conference Applications due November 1, 2014 Interviews: November/December 2014 | April 11-16 | Washington, D.C. |
| Wool Judging/Meat Judging | Late April | Laramie, WY |
| Citizenship Washington Focus (15-18 years old) Registration closes March 1, 2015 | June 13-20 | Washington, D.C. |
| Horse Camp Registration deadline: TBD | June 18-21 | Douglas, WY |
| Showcase Showdown Registration deadline: TBD ALL information is due on this date. | June 24-26 | Cheyenne, WY |
| State Shooting Sports Match Registration deadline: TBD | July 9-12 | Douglas, WY |
| Leadership Washington Focus (7th-9th grades) Registration closes March 1, 2015 | July 6-10 | Washington, D.C. |
| Wyoming State Fair Fashion Revue & Livestock Judging entries due: Aug. 6 | August 9-15 | Douglas, WY |
| Shooting Sports Awards Trip 12 winners are selected based on scores at State Shoot 2 winners are selected based on portfo- lio submissions (due end of July) | September ~ TBD | Raton, New Mexico |
| National 4-H Congress Applications due: TBD Interviews held during Showcase Showdown | November ~ TBD (typically Fri-Tues after Thanksgiving) | Atlanta, Georgia |

Other opportunities:

State 4-H Leadership Team ~ applications due May 31/interviews at Showcase Showdown National Shooting Sports Invitational ~ Applications due April 30

New 4-H Youth/Volunteer Enrollment Process



•Correspondence Preference: Email

You wish to receive notices via text message:

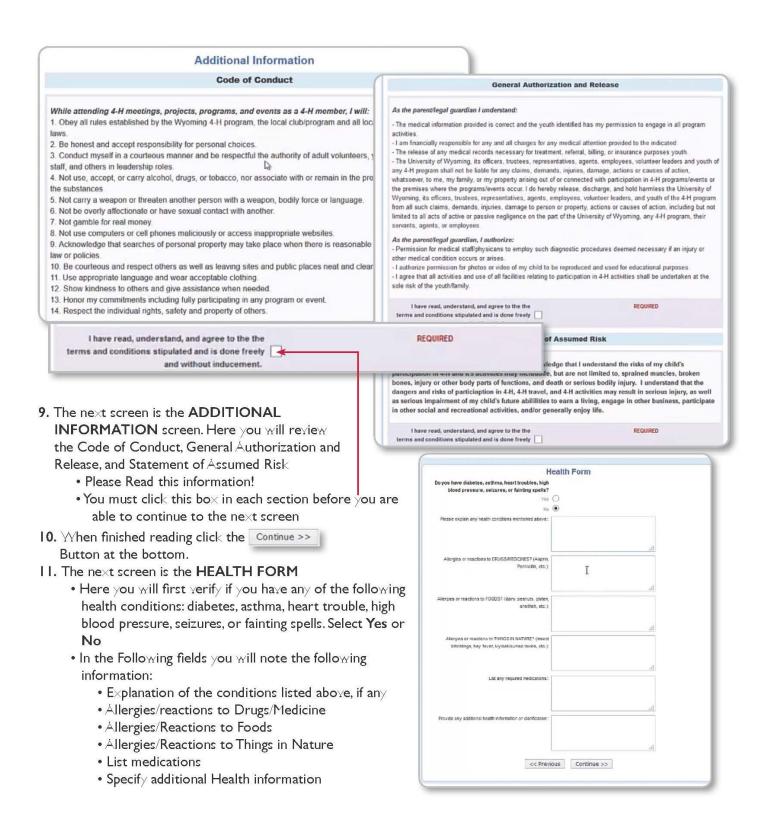
@ Select your provider.

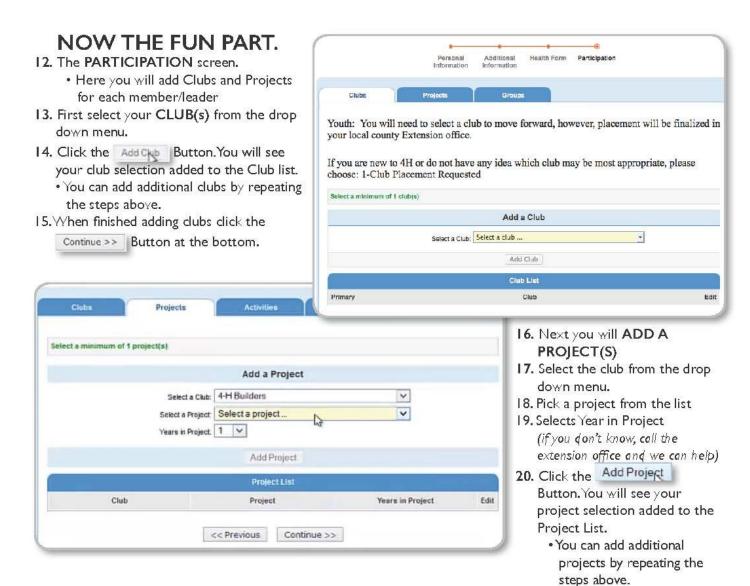
555-555-1234

~

8. When finished click the Continue >> Button at the

bottom.





21. When you are finished adding clubs and projects Click the Submit Enrollment Button.

Once you have Submitted an Enrollment you will then be taken back to the **MEMBER LIST** screen You can then enroll new 4-H Members or Yolunteers using the same steps.

Your enrollment will be sent to the County Extension Office where they will review and approve/activate your profile, or return your enrollment to you for changes/additional information.



Ghana International Exchange Opportunity

The American Youth Leadership Program (AYLP) with Ghana will offer 20 youth and 2 adults the opportunity to explore the vast historical and cultural traditions of Ghana. The AYLP with Ghana is designed to advance mutual understanding between the people of the United States and Ghana, prepare youth leaders to become responsible citizens, spark an interest in learning about foreign cultures, and develop a cadre of Americans with cultural understanding who are able to compete effectively in the global economy. The program will include a pre-trip orientation on the campus of the University of Wyoming (June 2015), four week cultural trip to Ghana July 2015. Exact trip dates will be determined once flight schedules are confirmed. A follow-on project will be carried out in each participant's local community following the exchange trip. The educational theme for AYLP with Ghana will focus on nutrition and food security with educational activities concentrating on how marketing affects decision making, sustainable food production, and food security for school children.

Participant safety is one of the highest priorities in the American Youth Leadership Program. The U.S. Department of State and the University of Wyoming 4-H continuously monitor conditions affecting participant health and safety in the host country. Please feel free to contact Warren or Kim at 307-766-5170 if you have any questions





Applications are Due December 1, 2014





For more information Please visit:

http://www.uwyo.edu/4-h/international/ghana/index.html

EXPLORE THE LIDRLD OF 4-HI

LIYOMING SR. 4-H MEMBERS BETWEEN THE AGES OF 15 & 18 HAVE THE AMAZING OPPORTUNITY TO PARTICIPATE IN SOME SPECTACULAR NATIONAL EVENTS HELD THROUGHOUT THE YEAR. Below is some information regarding these amazing opportunities. For more information about any of these events, contact your local County 4-H Educator or visit www.Wyoming4H.org.

National 4-H Conference

National 4-H Conference is held the first week of April in Washington D.C. This is the U.S. Secretary of Agriculture's premiere youth development opportunity. Young people assist in the development of recommendations to help guide 4-H Youth Development programs nationally and in their communities. This is a working conference and delegates prepare in advance, attend workshops and develop recommendations during the conference, and, afterwards report accomplishments to the USDA they have achieved as a result of the conference.

Youth serving on the State 4-H Leadership Team will receive a scholarship towards the cost of this trip if they would like to attend. While funding support cannot be guaranteed, all youth between the ages of 15 & 18 are encouraged to apply for selection as a delegate. Interested youth will complete an application and interview sometime in November. In the event donor funds are available for financial support beyond the scholarships provided to the Leadership Team members, qualified delegates may compete for various levels of funding support.

Citizenship Washington Focus

Citizenship Washington Focus (CWF) is held each June in Washington D.C. Delegates will learn about the democratic process, meet new people, see the sights of Washington D.C., meet Wyoming's U.S. Congressional Representatives, and experience our national government from a new perspective. This trip features tours and several nighttime events. Be ready to have a good time!

An unlimited number of youth delegates between the ages of 15 and 18 can attend this trip. There is not an application process – simply contact your local County 4-H Educator and let him/her know you would like to attend. The cost of the trip is approximately \$1,200-\$1,500 and limited donor funds are available through the Wyoming State 4-H Foundation.

Leadership Washington Focus

Leadership Washington Focus (LWF) is a 4-H leadership program for youth entering grades 7 though 9. The program is held each July in Washington D.C. Delegates will enjoy motivational speakers, educational programs and increase individual leadership capacity leading them to develop skill for success.

An unlimited number of youth delegates can attend this trip. There is not an application process – simply contact your local County 4-H Educator and let him/her know you would like to attend. The cost of the trip is approximately \$1,200-\$1,500 and no donor funds are available through the Wyoming State 4-H Foundation.

National 4-H Congress

National 4-H Congress is held just after Thanksgiving Day each November in Atlanta, GA. Delegates will have the opportunity to meet 4-H members from around the country to discuss current youth-related issues as well as participate in a hands-on community service project. Youth will also attend workshops, hear inspirational speakers, and tour Atlanta.

Youth between the ages of 15 and 18 who are interested in going on this trip are selected through an application and interview process. Qualified candidates have the opportunity to compete for various levels of funding support available through the Wyoming State 4-H Foundation. Interviews are held in conjunction with the Wyoming 4-H Showcase Showdown held in June.

Ouestions? Need more information?

Online: www.Wyoming4H.19rg Email: 4-H@uwyo.edu

COWLESS HOMESTEAD MILK COW PROJECT

Ever wonder if your family could handle a family milk cow?

Ever wonder how much food a milk cow can really eat?

Ever wonder what kind of fence and shelter a milk cow needs?

Ever wonder what equipment you really need to have a family milk cow?

Ever wonder how much milk a milk cow will really give and what to do with it?

Ever wonder if you have time and can handle the labor of it?

Want to find out all the above BEFORE vou commit and BUY the cow??

Starting Thursday, September 25, 2014
Sheridan County 4-H Families can participate in a program geared towards learning everything involved with a family having a Homestead Milk Cow, without needing to have a cow to participate!

Requirements:

You must have a child age 8-18 in the 4-H Program. Space is limited.

Contact the 4-H office by calling 307- 674-2980

e-mail: <u>blueyonderwy@aol.com</u>

SERIOUSLY A COWLESS HOMESTEAD COW PROJECT?????

YUP, NO KIDDING! Let's face it, the average family does not have the land or cash required for a commercial dairy.

The average family who now owns a few acres could have a cow or goat but have no idea where to start.

Project time line:

THURSDAY-September 25th, 2014 – 6pm-8pm -*3401 Coffeen Ave. - Watt Ag. Center, Sheridan WY 82801* **Room 131:** Introduction and cover Breeds of Dairy

Cows, where they were developed, how much milk

each breed produces, how each could fit into a small

Homestead.

TUESDAY-October 28th, 2014–6pm-8pm - Watt Ag. Center, Room 131: Cover what, how, and why cows need for food and health. Get a view on how much \$\$ really is needed to support your Homestead Milk Cow and how come size really does matter.

MONDAY-November 24th, 2014 –6pm-8pm Watt Ag. Center, Room 131: Cover facilities and basic health care.

January-Saturday Afternoon-TBA-Blue Yonder Farm: Hands on Homestead Cow. Prepare feed, milk the cow, get the milk stored and clean the equipment. February-Saturday Afternoon-TBA Blue Yonder Farm: Rotate milk out of storage, learn what things could be made from it and how. We will use store bought cream to make butter (sorry folks the darn USDA rules won't let us use our own).

WEDNESDAY-March 25th, 2015 – 6pm-8pm- Watt Ag. Center, Room 131. We will make simple soft cheese and bring all the info together in a summary (again we will use store bought milk.... That darn USDA...)

April- TBA -Blue Yonder Farm: Calving time TBD by the cows.

August-Story Boards exhibit at the Fair

September 2015-August 2016- Will offer this beginner program and "Phase II-So you want to have a Homestead Cow but do you buy a calf, a heifer, or a cow already broke?"

Families will prep a story board for at least two of the meetings. The 4-H Member will give an oral presentation using their story board. Date sign up at first meeting. The story boards will be the 4-Hers static exhibit at the County Fair and is the completion of the project so all the requirements are filled by April.

Melissa Petzold



November Fiber Arts/Quilting Workshop Saturday ~ November 8th



10-noon or 1-4pm

Room 131 ~ Extension Building (Watt Ag. Center) at SC

Please RSVP To Jennifer or Donna by Thursday, November 6th

We will have combined workshops for our quilters and our sewists on Saturday, November 8th. This workshop should be especially helpful for our beginning/first year members, but should be a fun refresher for members of any experience level! The project will give members many opportunities to practice threading their machines, as we decorate dish towels using multiple colors of thread. Members will also be practicing stitching in straight lines, and 1/4 inch seam allowances. Please bring your machine and scissors. If possible, please have an adult accompany the sewist or quilter. All other materials are provided. We do have spare machines available, if your member would like to borrow one.

We are inviting any of our quilters or sewists who have a project "in process," or one which they are planning to begin, to bring that along, so we can help with those too!

Members who plan to spend the day at the workshop should bring a lunch. The dish towel workshop will begin at 10 a.m. and then again at 1 p.m.



Please contact Donna Birkholz (673-4678) or Jennifer Forsness (406-620-7154) with questions!

Junior Leaders



Will you be at least 13 years old as of January 1st? Do you want to get more out of your 4-H experience? Above all do you want to participate in a great opportunity to meet more people in the county your age while learning great new leadership skills?

If the answer is yes to all these questions consider becoming a Junior leader. Throughout the year Junior leaders assist in 4-H events and help promote the program. If this is something you would be interested in or you would like more information about please contact the 4-H office.

Next Juleader Meeting.

November 11th 6:30pm at the

Watt Ag. Center-Room 131.

Club meetings

Big Horn Cowboys

Leader: Rindy West Phone: 751-3430

Meeting time: Third Wednesday of the

Month

Meeting Place: Room 131 Sheridan

County Extension Office

Canyon Livestock

Leader: Jennifer Forsness/Tana Stimpson

Phone: Jennifer 406-620-7154

Tana 752-1263

Meeting Time: 1st Sunday of the Month

(Next Meeting October 1st)

Meeting Place: Dayton

Critters, Crafts & Cooking

Leader: Carol French Phone: 737-2415

Lucky 7

Leader: Jason & Joy Koltiska

Phone: Joy 751-5410

Jason 751-3724

Sheridan Livestock

Leader: Wendy Hope

Phone: 461-0074

Meeting Time: 2nd Sunday of the month

Meeting Place: Room 131 Sheridan

County Extension Office

Shooting Sports

Leader: Brett Sayer

Phone: 751-6356

The Gatherers

Leader: Kristin Averitt

Phone: 674-6878 Ext 100

Meeting Time: Variable

Meeting Place: NSI Campus

Tongue River Roundup

Leader: Marta Ostler/Rosanna Henderson

Phone: Marta 461-1795

Rosanna 655-3388

Wyotana Grizzlies

Leader: Susie Terry

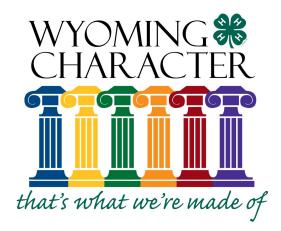
Phone: 750-2459

Meeting Time: First Tuesday of the month

6:30pm

Meeting Place: Room 131 Sheridan

County Extension Office



Definition of Citizenship?

Citizenship includes civic duties that outline how we ought to behave as part of a community. The good citizen knows the laws and obeys them, yes, but that's not all.

Good citizens stay informed about current issues that affect the community. That helps them understand the issue and to make better decisions to help solve problems. A democratic society relies on citizens who are well informed. Citizens who will consider what is in the

Character Counts Citizenship

best interest of the community, even if it might not benefit them as an individual.

Good citizens do more than their "fair" share to make society work. They are concerned about today but they are also concerned about the effect of what they do today, might have on tomorrow and future generations. They are committed to the public good and make efforts to conserve resources, recycle, and clean up litter.

Good citizens are concerned about everyone in their community.



"This country will not be a good place for any of us to live in unless we make it a good place for all of us to live in".

Theodore Roosevelt,

American adventurer and 26th president



Clover Connection

Develop a 4-H Community Calendar

Citizenship in 4-H

In small groups of mixed ages, create a list of different types of communities (i.e. church, neighborhood, school, 4-H club, etc.) Talk about what it means to be a good community member? What are the do's and don'ts of being a good

community member?

Ask each group to come up with 10 things that their 4-H club could do to be a good community member? Share the ideas with the whole group.

As a club (the whole group), think about the things shared by each small group. Use those items to create a calendar focusing on good citizenship, being a good community mem-

ber. As the club plans ways to demonstrate their good citizenship remember to consider the time it will take so that you can plan it in the best month for your schedule, the budget it might require, and the amount of adult support it might need.

Have fun showing the community your 4-H
Citizenship Pride.

Adapted from a lesson in the Character Counts! *Good Ideas* book.

Head - be an informed citizen; get involved in community affairs; vote; respect authority; obey laws and rules.

Heart - cooperate; be a good neighbor.

Hands - do your share to make your community better; volunteer.

Health - create healthy lifestyles; protect the environment. November 2014

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|------------------------------|------------------------------|--------------------------------------|---|--------|--|
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |
| 2 Achievement Day Canyon Livestock Meeting | 3 | 4 Wyotana Meeting | 5 | 6 Registration Due for Sewing Workshop on the 8th of Nov. | 7 | 8 Fiber Arts/Quilting Workshop 10-12 or 1-4 Watt Ag. Center Room 131 |
| 9 Wyotana Grizzles Sheridan Livestock Meeting | 10 4-H Council Meeting | 11 Jr. Leaders Meeting | 12 Livestock Committee Meeting | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 Big Horn Cowboys | 20 | 21 | 22 |
| 23/30 | 24 Cowless Milk Cow | 25 | 26 | 27 Thanksgiving | 28 | 29 |

December 2014

| Sunday | Monday | Tuesday | Wednes- | Thursday | Friday | Saturday |
|--------|---------------------------------|--------------------------|--|--------------------------|------------------------------|------------------------------|
| | 1 | 2 | 3 Livestock Committee Meeting | 4 | 5 Robotics Competition | 6 Robotics Competition |
| 7 | 8 4-H Council Meeting | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 Junior Leaders Meeting | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 Christmas Break | 23 Christmas Break | 24 Christmas Break | 25 Christmas Break | 26 Christmas Break | 27 |
| 28 | 29 Christmas Break | 30 Christmas Break | 31 Christmas Break | 1 Christmas Break | 2 Christmas Break | 3 |



Sheridan County Extension Office
University of Wyoming
3401 Coffeen Ave— Watt Ag Center
Sheridan, WY 82801
(307)674-2980
Ishaffe1@uwyo.edu

Sheridan County Extension Office

University of Wyoming

3401 Coffeen Ave

Sheridan, WY 82801



Important Dates to remember:

- November 10th Council Meeting
- November 11th Junior Leader Meeting
- November 12th Livestock Committee Meeting
- November 13th Fairboard Meeting



PRESORT STANDARD US POSTAGE PAID SHERIDAN WY PERMIT NO. 268

CHANGE SERVICE REQUESTED

Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture.

Glen Whipple, director, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071.

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