

Sheridan County 4-H

Monthly Newsletter




What's Inside?

Portfolio Information	2
Welcome to the Office	3
Upcoming Events	4
Reminders	5
Master Cattleman Challenge	6-7
Leader Resources	8
National 4-H Week	9
Club Meetings	10
Calendar	11
Cookbooks	12
Birthdays	13

Happy September all! It's hard to believe that the busy summer has come and gone and everyone is back in school already!

I want to say thank you to all of the volunteers, parents and of course members that make summer, camps, state and local competitions and fairs so rewarding! Without the help of our volunteers, members and parents the 4-H program would not be what it is today, and for that I will forever be grateful. Congratulations to everyone who participated in county shoot, Showcase Showdown, State Shoot, County Fair and State Fair this year! What a crazy and Rewarding summer it has been!

Coming up quick is the deadline for Portfolios. To access the portfolio you can either stop by the office and pick one up or go to <http://www.uwyo.edu/4-h/portfolio/index.html>. This is mandatory for all market livestock members to complete their portfolios. I would encourage everyone to complete them though because when 4-H Scholarships are given, the record books are what is used to judge for the scholarship process. Portfolios are also used to select youth for various trips and opportunities in 4-H. Additionally, portfolios determine the member status a 4-H member receives for the year and allows them to qualify for the Wyoming Honors Club one day. The deadline to have Portfolios in is September 15th.

The new 4-H year starts October 1st! This means that you will need to enroll for another year of 4-H in 4-honline. Just log into your profile and update your information. This also means it is a great time to sign up for something new that you are interested in and give it a shot!

In October we will have our annual Achievement day. We will have an Ice Cream social at the event so please bring your favorite topping to share with everyone. The event will start at 3pm on the 15th of October at the exhibit hall.

Thank you all once again! - Liz Shaffer



I pledge my head
to clearer thinking,
My heart to greater loyalty,
My hands to larger service,
My health to better living,
For my club,
My community,
My country,
And my world.



September 2017



ALL 4-H PORTFOLIOS/ RECORD BOOKS ARE DUE SEPTEMBER 15TH

For blank portfolio pages, go to the UW 4-H website:

<http://www.uwyo.edu/4-h/portfolio/index.html>

(the site works better if you use Internet Explorer)

There are also links to some YouTube videos that you may find helpful.

The Extension Office also has some printed out copies you may pick up, or we can email them to you.



Attention Livestock Members:



You are required to turn in a portfolio/record book for your current year livestock projects, in order to sell in the Livestock Sale next year.

Welcome to the Office



University of Wyoming Extension Sheridan County would like to welcome our new part-time Administrative Assistant, Monique Kennedy, and her guide dog DELIGHT.

Monique was born and raised in the Southeastern United States and has been a resident of Sheridan County for the last 6 years. She grew up as a 4-H member and

was a 4-H leader with her children as they participated in many 4-H events in Tennessee. After moving to Wyoming, she served in the Sheridan County 4-H program

teaching cake decorating classes as well as being a cake decorating judge. Monique is legally blind and received her guide dog, Delight, about two months ago through

Leader Dogs for the Blind. "I feel honored to be a part of the cooperative extension team and the 4-H program here in Sheridan county. Delight and I both look forward to meeting you all."

Monique's email is: sheridan.county2@uwyo.edu

Please follow these simple rules when visiting the Extension Office while Delight is on duty:



- ◆ Please do not pet her
- ◆ Please do not speak to her
- ◆ Please do not approach her



Upcoming Events

- ♦ Sept 5th-Portfolio Workshop, 6 pm, Extension Office
- ♦ Sept 6th-Livestock Meeting, 6pm, Extension Office
- ♦ Sept 7th-4-H Mountain Camp Board Meeting-5:30 Extension Office
(Oct will resume with the 1st Monday of the month)
- ♦ Sept 11th-Indoor Committee Meeting-5:00 pm, Extension Office
- ♦ Sept 11th-4-H Council Meeting, 5:30 pm, Extension Office
- ♦ Sept 15th-PORTFOLIOS ARE DUE, 5 pm, Extension Office
- ♦ Sept 18th-Jr Leader Meeting, 6 pm, Extension Office
- ♦ Sept 27th-Sheridan Cloverbuds, 4:30 pm, Extension Office
- ♦ Oct 1-7th-National 4-H Week
- ♦ Oct 15th-Achievement Day, 3 pm, 4-H Exhibit Hall-ice cream social



Reminders

IF YOU SOLD LIVESTOCK AT COUNTY FAIR:

- ✓ You are required to turn in a Portfolio/Record book for your current year livestock projects, in order to sell in the Livestock Sale next year
- ✓ Your livestock picture frames are available for pickup if you have not already done so
- ✓ You are required to bring in a written thank you note with a stamped envelope before we will release your check
- ✓ When your check is ready to be released, I will send out an email to you

We still have exhibits from State Fair in the Extension Office ready to be picked up, and we also have some lost and found items from County Fair

Now that record books have been submitted, we'd like to invite parents/leaders to an "Unfinished Object" workshop on Saturday, September 23rd, from 10am to 3pm in the Extension building, room 131. You are invited to bring an unfinished project that you'd like to complete, and whatever tools you need to complete it - sewing, scrap-booking, quilting, leather work, whatever! If you anticipate attending for the full time, please bring a sack lunch or crockpot dish to share (your choice).

University of Wyoming
Niobrara County Extension
PO Box 210
Lusk, WY 82225

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Lusk, WY
Permit #41

September
15-17, 2017

Sheridan
Research and
Extension
Center,
Sheridan, WY



YOUTH CHALLENGE

All youth ages 14 and older enrolled in a livestock project in 4-H and FFA are encouraged to participate. Program content will be both classroom style and hands-on. Because of our generous sponsors, we are able to offer this program at no cost. Lodging arrangements will be made once we have your registration. Plan to take advantage of this great opportunity. If you have any questions, please do not hesitate to contact me, Kellie Chichester at

307-334-3534 or kelliec@uwyo.edu

Agenda, subject to change:

Day 1 - September 15

3:00 - Welcome, Ice Breaker - Kellie Chichester and Mary Louise Wood, UW Extension 4-H Educators
3:30 - Profit and Loss 101 - Understanding the Beef Business - Bridger Feuz, UW Extension, Livestock Marketing Specialist
4:30 - Financial Management - Farm Credit Services of America
 Dinner

Day 2—September 16

9:00 - Risk Management Tools & Strategies Ag Survivor, a risk simulation for agriculture - John Hewlett, UW Ranch/Farm Management Specialist
11:00 - The Write Stuff - Kim Fry, UW Extension 4-H Educator
12:00 Lunch
1:00 - Tour

Day 3—September 17

9:00 Win or Lose...Plan, Prepare, Expect - Joddee Jacobson, UW Extension 4-H Educator
10:00 Beef Cow Nutrient Needs Compared to Rangeland Forage Quality - Blaine Horn, UW Range Management Educator
11:00 - Tour SHREC
12:00 - Lunch and Adjourn

Registration Form Complete by September 11, 2017

Name	Age	
Mailing Address		
City	State	Zip Code
Phone		
Email		
Dietary Restrictions or Special Requirements		
<p>Mail or email registration, code of conduct and health form to: Niobrara County Extension PO Box 210 Lusk, WY 82225</p>		
<p>Email to: Kellie Chichester kelliec@uwyo.edu</p>		

Leader Resources



Attention Leaders!!!

All new leaders and leaders who are in their 5th year and need to be re-screened are now required to complete training requirements before they will be screened and approved as a 4-H volunteer leader.

A **NEW** leader is required to complete two training pieces; in any order:

1. The Volunteer e-Learning modules accessible from the State 4-H website.
<http://www.uwyo.edu/4-h/> The password is **volunteer**.
2. The face-to-face New Leader Orientation, which is completed by Liz.

A volunteer leader in their **5th YEAR** is required to complete a training that will benefit their role as a 4-H volunteer.

Upcoming Committee Meetings

Livestock Committee - Sept 6 @ 6:00pm

Mtn Camp Board - Sept 7 @ 5:30 pm

(Oct will resume first Monday of the month)

Indoor Committee-Sept 11 @ 5:00 pm

4-H Council-Sept 11 @ 5:30 pm

(second Monday of the month)

CURRENT LEADERS

You should have gotten an email explaining that you need to go online and complete the MVR Certification if you plan to drive 4-H members in the coming year.

Every leader must do this every



Enrollment for the next 4-H year begins **October 1st**, but not before.

Please be sure you are ready to help your member families get enrolled, with special attention paid to those in their 1st or 2nd year!

Don't let any members fall through the cracks! Have you recruited any new members? If so, make sure they have the resources & information they need.

Are you interested in becoming a 4-H leader? Please contact Liz if you would like more information or would like to take the required training.



If 4-H has made an impact on your life, you are *#4H Grown!* Show your pride this National 4-H Week.

Activities to celebrate 4-H week will be announced at a later date.



County Fair Results and State Fair recap will be sent out at a later date

Club Meetings



Big Horn Cowboys

Leaders: Erin Traub & Erin Hinton
Meets: 3rd Wednesday of the month
Meeting Place: Room 131 - Sheridan County Extension Office

Canyon Livestock

Leader: Annie Butler
Meets: 2nd Sunday of the month, 4pm
Meeting Place: Dayton TRVCC

Critters, Crafts & Cooking

Leader: Carol French
Meets: 3rd Saturday of the month, 10am
Meeting Place: Immanuel Lutheran



Lucky 7

Leader: Jason & Joy Koltiska
Meets: 3rd Sunday of the month, 4pm
Meeting Place: Sheridan

Sheridan Livestock

Leader: Wendy Hope
Meets: 2nd Sunday of the month
Meeting Place: Room 131 - Sheridan County Extension Office

Shooting Sports

Leader: Brett Sayer

The Gatherers

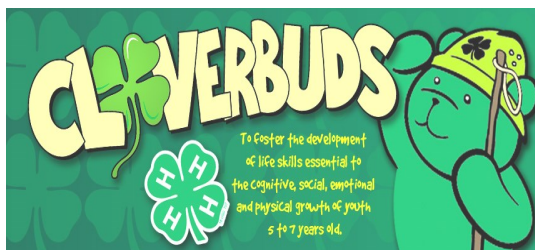
Leader: Mary Welter
Meeting Time: Varies
Meeting Place: NSI Campus

Tongue River Roundup

Leaders: Barb Kepley & Heidi Justus
Meets: 2nd Sunday of the month, 2pm
Meeting Place: Dayton TRVCC

Wyotana Grizzlies

Leader: Susie Terry
Meets: 1st Tuesday of the month, 6:30pm
Meeting Place: Room 131 - Sheridan County Extension Office



Cloverbuds Dayton

2nd Sunday of the month
2:00 pm
TRVCC in Dayton
Next Meeting: Oct. 8

Cloverbuds Sheridan

Last Wednesday of the month
4:30 pm
Sheridan County Extension Office
Next Meeting: Sept. 27

Junior Leaders

Junior Leaders meetings are usually held the third Monday of the month, at 6pm.

Next Meeting: Sept. 18th

Junior Leaders assist in 4-H events and help promote the program throughout the year.

- ◆ Will you be at least 13 years old as of January 1st?
- ◆ Do you want to get more out of your 4-H experience?
- ◆ Above all, do you want the opportunity to meet more people in the county your age while learning valuable new leadership skills?

If you answered **YES**, then you should consider serving as a **Junior Leader!** For more information, please give us a call at the Extension office.

Sept 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	Sep 1	2
3	4	5 6p Portfolio Workshop 6:30p Wyoana Mtg	6 6p Livestock Committee	7 5:30p Mtn Camp Meeting	8	9
10 2p Tongue River Roundup	11 5:30p 4-H Council	12	13	14	15 5p Portfolios Due	16
17	18 6p Jr. Leaders	19	20 6:30p Big Horn Mtg	21	22	23
24	25	26	27 4:30p Cloverbuds	28	29	30

Oct 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Oct 1	2 5:30p Mtn Camp Meeting	3 6:30p Wyoana Mtg	4 6p Livestock Committee	5	6	7
National 4-H Week						
8 2p Dayton Cloverbuds 2p Tongue River Roundup	9 5:30p 4-H Council	10	11	12	13	14
15 3p 4-H Achievement Day	16 6p Jr. Leaders	17	18 6:30p Big Horn Mtg	19	20	21
22	23	24	25 4:30p Cloverbuds	26	27	28
29	30	31	Nov 1 6p Livestock Committee	2	3	4

**Cookbooks
sold to date:**

349

Keep up the good work!

Sheridan County 4-H
Through the Years



*A Collection of Recipes and
Memories*

Looking for a unique gift?

Give the gift of a



Sheridan County 4-H Cookbook

The gift that keeps on giving in many meals to share and love!

Containing over 600 recipes from 200 plus contributors, this one-of-a-kind cookbook is a historical treasure featuring generations of Sheridan County 4-H families! Recipe categories include Family Favorites, Tried & True, From Appetizers to Desserts, 4-H Prize Winning Recipes, and much more! E-book copy with purchase.

Cookbooks can be purchased from the UW Extension Sheridan County Office located at 3401 Coffeen Avenue; or from your favorite 4-H member! All profits go to support Sheridan County 4-H Youth and Leaders.

September



the birthday club

We wish each of these
4-H members a very
Happy Birthday!!

Name	Birthday
Peyton Leimback	1
Ryan Petzold	1
Sam Labbe	2
Finnley Koltiska	4
Logan Mediate	4
Mary H	4
Grace Bailey	5
Gracey Palmer	6
Ryan Cook	6
Sydnee Pitman	7
Brayton Ankney	12
Rebecca R	12
Tavis Aksamit	12
Jhett West	14
Autumn Paustian	15
Teagan Butler	15
Seth Van Dyke	16
Juniper Koltiska	17
Ada Newbrough	18
Hailey Nielsen	19
Noah Hinton	20
Isaac Rojo	21
Ashlyn Salyards	24
Susan Birkholz	24
Heavenleigh ..	26
Ellie Bard	27
Tessa Crawford	27
Jacob Ormseth	28

Sheridan County Extension Office
 University of Wyoming
 3401 Coffeen Ave– Watt Ag Center
 Sheridan, WY 82801
 (307)674-2980
 lshaffe1@uwyo.edu



4-H GROWS HERE

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