

# The 4-H Forecast



# December Newsletter

## Sheridan County 4-H

Sheridan County 4-H Families,

We've made it to the end of a whirlwind of a year! We have all been challenged in many ways that we never expected. Our office is continuing to offer alternative ways to explore new things in a variety of project areas. Many of these are 'take home' activities or challenges to try on your own. Our office looks forward to seeing all your creativity and learning with you along the way!

At this stage, we are still planning to offer meetings both in person and virtually. However, if it is possible to go virtual, we will take that route. Any face to face club meeting or learning opportunity, I ask that you follow the guidelines in place and wear a mask. There are so many unknowns right now. But I hope you know how much I care and how much I want us all safe and healthy. Now's the time to put our pledge into action: for our club, our community, our country, and our world.



*Emily Swinger*

### WHAT'S IN THIS NEWSLETTER:

EVENTS FORECAST

MEMBER SPOTLIGHT

ENROLLMENT

PROJECT LEARNING

SHOOTING SPORTS

JUNIOR LEADERS

CLOVERBUDS

MEETING PROCEEDURES

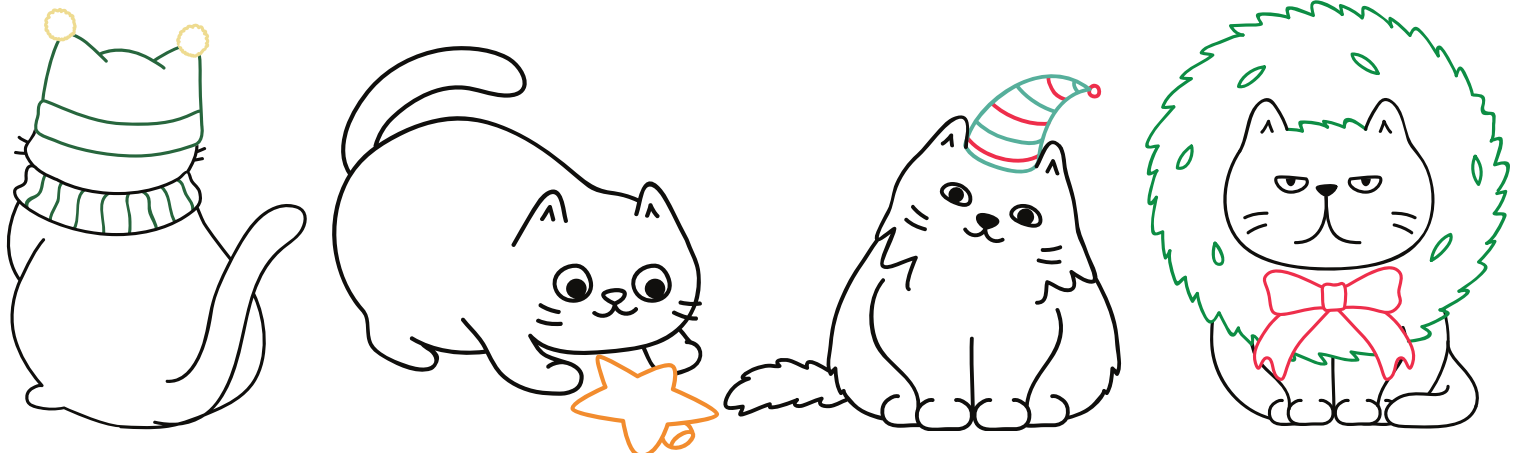
4-H COUNCIL MINUTES

CLUB INFORMATION



# EVENTS FORECAST

Dec. 2	Livestock Committee Meeting @6 pm via Zoom
Dec. 3	Sheridan Livestock club meeting @ 6 pm, via zoom
Dec. 5	Critters, Crafts, & Cooking club meeting @ 10:30 am, Walmart then Exhibit Hall
Dec. 7	4-H Council @5:30 pm via Zoom
Dec. 9	Renegades club meeting @ 5:30 pm, via Zoom
Dec. 10	Dairy and Breeding Mkt. Goat Project @ 6 pm, Fairgrounds Sale Ring
Dec. 12	Big Horn Cowboys club meeting @ 2 pm, Sheridan Wesleyan Church
Dec. 13	Tongue River Roundup club meeting @ 2 pm, Ranchester Town Hall
Dec. 14	Wyotana Grizzlies club meeting @ 6 pm Exhibit Hall
Dec. 17	Beef Project Meeting @6 pm, Kincaid Arena
Dec. 20	Lucky 7 club meeting, Shop with a Cop
Dec. 31	"Behind the Lens" photo submissions due for December contest
Jan. 4	Swine Project Meeting @ 6 pm, Exhibit Hall
Jan. 23	Beef Project Tagging & Weigh-In, 8-11 am, Fairgrounds scale





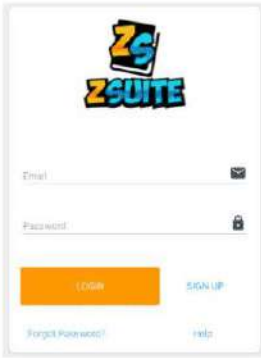
# MEMBER SPOTLIGHT



Colter Sharp, Chloe Wardell, Jhett West, and Wynn West traveled to Spanish Forks, UT and competed in the Fall Kickoff show. Everyone did a fantastic job!







# ZSuite 4-H Enrollment

## New Family Profile



If you've never signed in to ZSuite before, follow these steps:

1. Go to <https://4h.zsuite.org/>
2. As a Family creating a new Profile, select **SIGN UP**
  - a. Fill in all of the fields, select **LET'S GO!**

## Adding 4-H Members

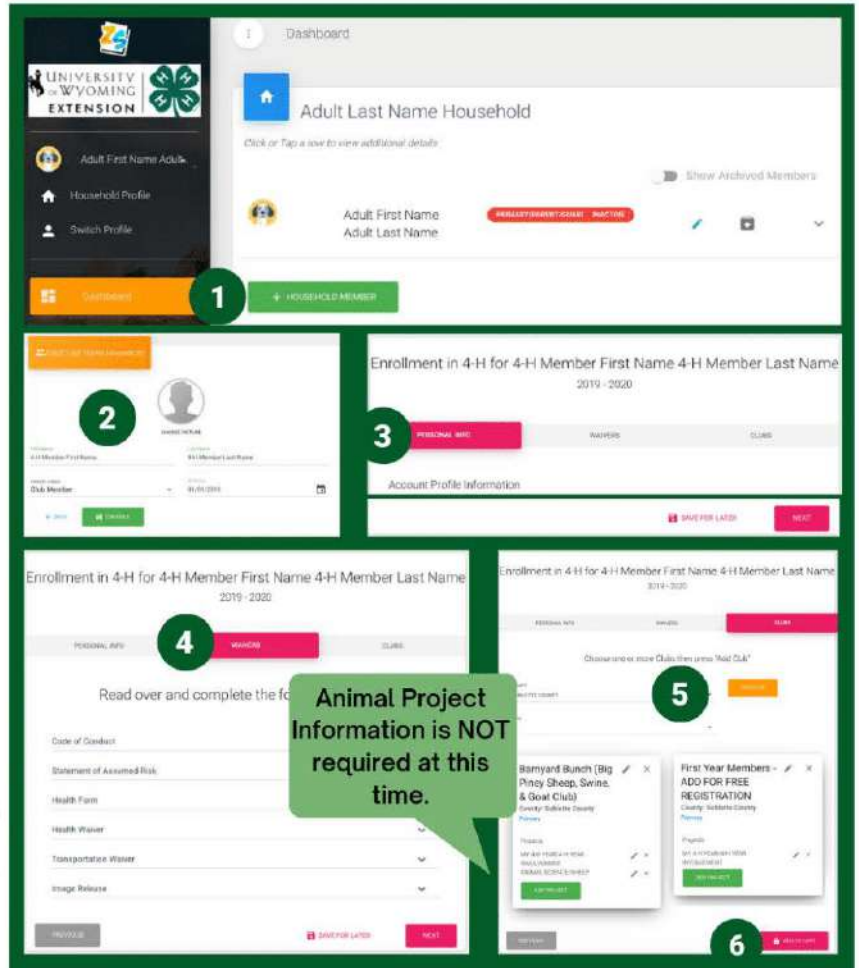
You are now on the **Dashboard** tab

- 1 Select **+ Household Member**
- 2 Fill out 4-H Member's info, select **Continue**
- 3 Fill out PERSONAL INFO, select **Next**
- 4 Fill out all six drop down WAIVERS, then select **Next**
- 5 Dropdown to your CLUB, select **Add Club**
  - a. Select **Add Project**
    - i. If you are interested in
      1. Junior Leaders
      2. Livestock Judging Team
      3. Livestock Skillathon Team

make sure to add them as a Club.

- i. **ALL** 4-H Members should Add **MY 4-H YEAR/MY 4-H YEAR INVOLVEMENT** as a Project in one Club, Select **Add Project**

- 6 Select **Add to Cart** and then you can either **+Add Enrollment** or **Submit**. Must be submitted to be complete.

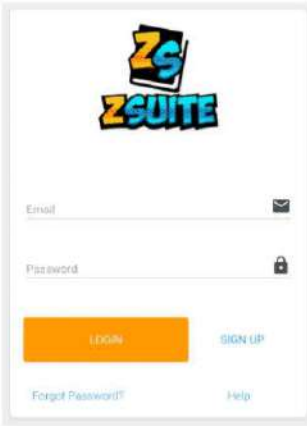


Animal Project Information is NOT required at this time.

**First Year 4-H Members, make sure to add the First Year Member "CLUB". This will waive the Registration Fee.**

If you need assistance, don't hesitate to select the ZSuite LIVE CHAT!

**Once submitted, your Enrollment will change from Pending Approval to Active when the Extension Office receives payment!**



# ZSuite 4-H Enrollment



## Existing Family Profile

Enrollment must be done **ANNUALLY** to stay *active* in 4-H!

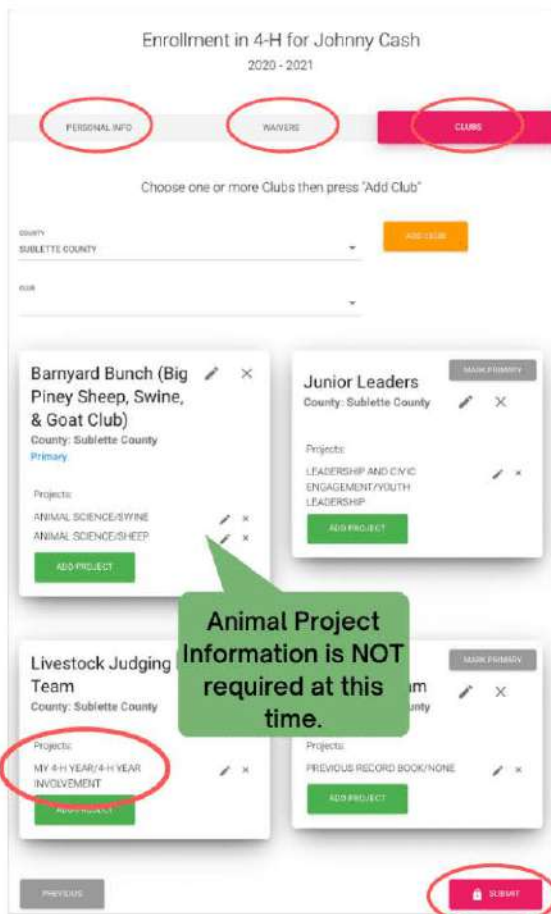
1. Go to <https://4h.zsuite.org/>
2. Use the same email & password you used to sign up, select **LOGIN**
3. Choose the **PRIMARY ACCOUNT** to enroll 4-H Members
4. You will see a list of all the household members and their current enrollment status.
  - a. **Red = INACTIVE 4-H Member**
  - b. **Green = ACTIVE 4-H Member**
5. Select the 4-H Member's Name you wish to update, select **ENROLL MEMBER NOW**



**First Year 4-H Members, make sure to add the First Year Member "CLUB". This will waive the Registration Fee.**



6. Fill out 4-H Member's info, select **Continue**  
Fill out PERSONAL INFO, select **Next**  
Fill out all six drop down WAIVERS, then select **Next**  
Dropdown to your CLUB, select **Add Club**



- a. Select **Add Project**
  - i. If you are interested in
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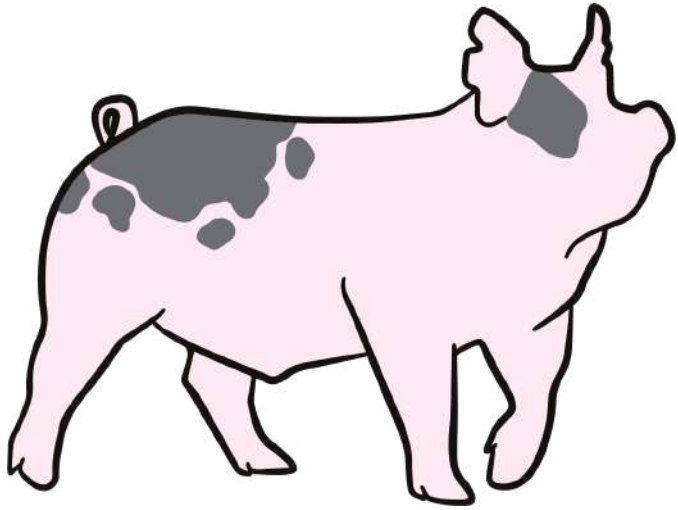
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# PROJECT LEARNING

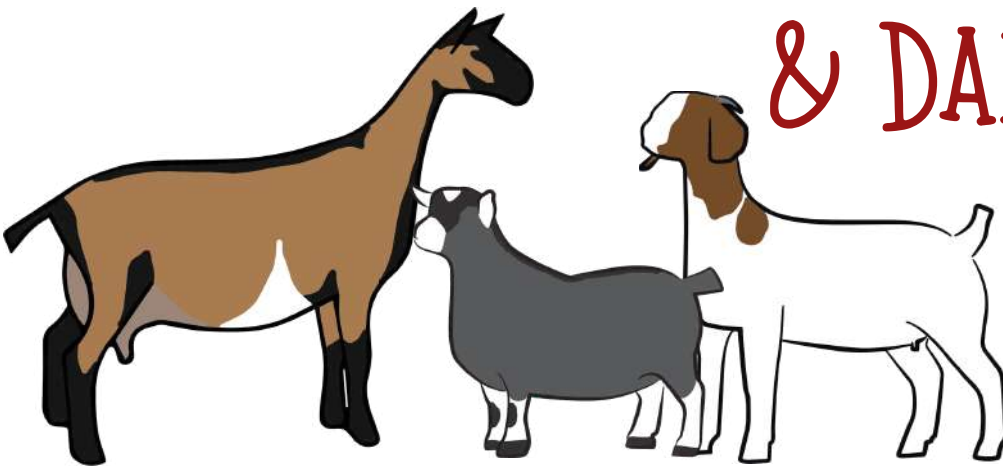


## SWINE PROJECT

January 4th @ 6 pm Exhibit Hall



## BREEDING MARKET & DAIRY GOAT



Starting  
weights and  
pregnancy  
blood tests



*Rescheduled to*

**December 10th @ 6 pm at the Sale Ring**

# PROJECT LEARNING

## BREEDING & MARKET BEEF PROJECT

SCAN HERE FOR DIRECTIONS



523 BIG GOOSE RD.  
SHERIDAN, WY

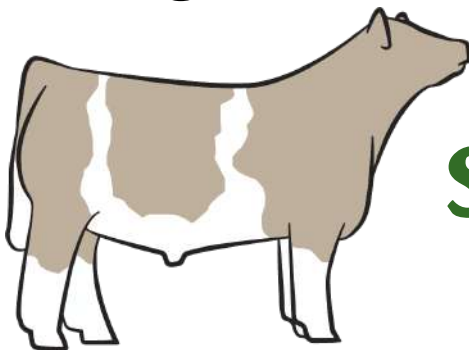


December 17th  
@ 6 pm  
Kincaid Arena

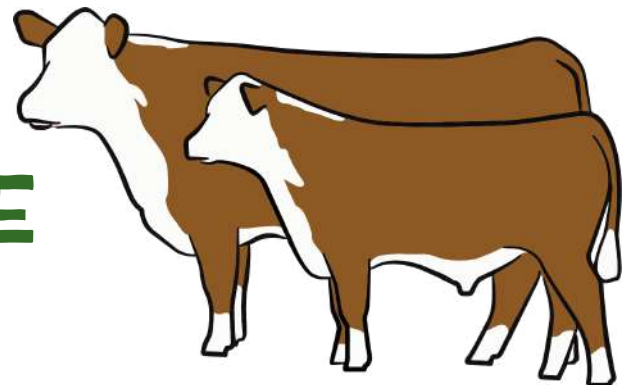


## BEEF WEIGH-INS & TAGGING

January 23rd @ 8am - 11 am  
Fairgrounds Scale



**SAVE THE DATE!**



# PROJECT LEARNING

# BEHIND THE LENS



*Are you ready to take your interest in photography to a fun new level?*

Join our monthly photography challenge. Each month, one submitted photo will be selected as the Facebook Cover Photo for the entire month!

**To enter: Post on facebook and tag #behindthelens #sheridancounty4h or email submissions to [sheridan.county@uwyo.edu](mailto:sheridan.county@uwyo.edu)**

**DECEMBER'S THEME:  
WINTER CELEBRATION**





# PROJECT LEARNING



# Jewelry Making Basics

Learn to create stretch cord bracelets!

Each kit includes supplies for 3 bracelets  
\$5 Each



Contactless  
Pick up is  
available



Watch the  
video tutorial  
Scan here



<http://bit.do/Sheridan4H>



# Cookies *and* Canvas



***Explore  
Pointillism  
with us!***

***Includes:  
sponge brush, paints,  
q-tips, and 8x10 canvas***

**Stop by the Extension Office to pick up a kit with all the supplies you need to paint this fun abstract art piece and learn a new technique!**

***Contactless Pick up  
is available***



Sheridan County 4-H

# Cookies *and* Canvas

## Ingredients

- 1 cup butter, softened
- 1 cup white sugar
- 1 cup packed brown sugar
- 2 eggs
- 2 teaspoons vanilla extract
- 1 teaspoon baking soda
- 2 teaspoons hot water
- ½ teaspoon salt
- 3 cups all-purpose flour
- 2 cups semisweet chocolate chips
- 1 cup chopped walnuts

## Directions

### ✔ Step 1

Preheat oven to 350 degrees F (175 degrees C).

### ✔ Step 2

Cream together the butter, white sugar, and brown sugar until smooth. Beat in the eggs one at a time, then stir in the vanilla. Dissolve baking soda in hot water. Add to batter along with salt. Stir in flour, chocolate chips, and nuts. Drop by large spoonfuls onto ungreased pans.

### ✔ Step 3

Bake for about 10 minutes in the preheated oven, or until edges are nicely browned.



YouTube







# BEGINNER CAKE DECORATING

*Kits Include:*

*4 piping tips, frosting bags, food coloring, and instruction booklet*

**\$5 EACH**

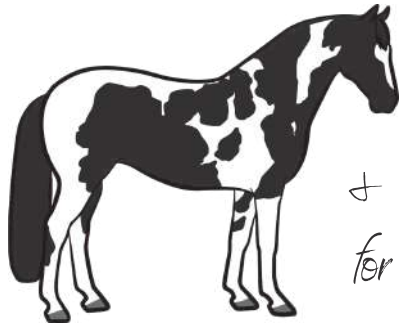
*Pick yours up at the  
Extension Office!*



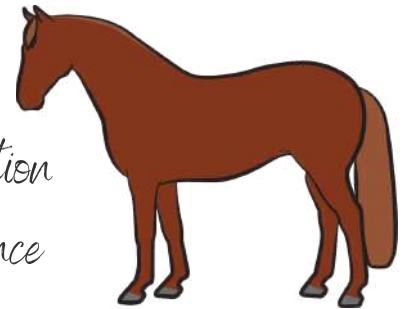
18 USC 707

*Contactless Pick up  
is available*

# PROJECT LEARNING



*Thank you Shawn Tapman  
& the Wyoming Farriers Association  
for the fantastic learning experience*



## EQUINE LOWER LEG ANATOMY AND DISSECTION





SHOOTING SPORTS

# Shooting Sports

NEW MEMBER ORIENTATION  
DEC. 4TH @ 6 PM VIA ZOOM



**zoom** Meeting ID 427 199 2069

- AIR RIFLE
- AIR PISTOL
- MUZZLELOADER
- OUTDOOR SKILLS
- .22 RIFLE
- .22 PISTOL
- ARCHERY
- SHOTGUN





# JUNIOR LEADERS



## No December meeting

.....

***Congratulations  
to our new  
officers!***

**President** - Cade Relaford

**Vice President**- Braden West

**Secretary**- Colter Sharp

**Treasurer**- Hardy Edwards

**Historian**- Keira Benedict

**Sentinel**- Rachel Bishop

**For youth ages 13-18**

# Cloverbud Fun!



**Last month, we had to cancel our meeting. BUT we have some fun painting kits available just for Cloverbud friends!**

**These kits include steps and all supplies you need.**

*Learn about different projects, make new friends, try new things!*



For children, ages 5-7



## Hosting 4-H Meetings in Light of COVID-19

The health and safety of all 4-H members, volunteers, parents, guests, and staff is the top priority of the Wyoming 4-H Program. To help reduce the risks associated with the spread of COVID-19, the following guidelines from the Wyoming Department of Health and the Centers for Disease Control (CDC) should be followed to protect yourself and others.

- Stay home when sick and avoid contact with other people unless you need medical attention.
- Follow common-sense steps such as washing your hands often and well; covering your coughs and sneezes; and cleaning and disinfecting.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people by staying at least 6 feet apart.
- Wear cloth face coverings in public settings where social distancing is difficult to maintain.

To help safeguard the health and safety of our members and volunteers, the following guidelines need to be followed for all 4-H meetings.

### **Before Your 4-H meeting:**

- Ensure that no more than \_\_\_\_ people are in attendance. The number needs to include everyone (volunteers, parents, members, siblings, guest speakers, etc.)
- Inform all possible participants to stay home if they are experiencing any of the symptoms of COVID-19 or have had known contact with anyone with COVID-19 in the last 14 days.
- Inform all possible attendees to stay home if they are considered at high risk themselves or if they live or work with individuals at high risk. (age 65+, are immunocompromised, or have other health factors identified by the CDC that increase risk if being exposed)
- Create and prepare any signs or documents that will be used at the event communicating procedures like, checking in, information for parents, expected times, etc.
- Wipe down all common surfaces as recommended by the Center for Disease Control (CDC). Common surfaces include tables, counters, doorknobs, light switches, countertops, handles, phones, keyboards, toilets, faucets, chairs, etc.



### **When everyone arrives:**

- Have a “check-in” process in place and follow it - include providing hand-washing location, hand sanitizer, and directions for where to wait until activity starts to ensure practicing social distancing, etc.
- Take attendance. Be sure to write down the names of EVERYONE that attended and the date.

### **During the 4-H meeting:**

- Maintain social distancing (6 feet) throughout the meeting or activity by households. You may need to be creative with different ice-breaker activities, roll-calls, etc.
- Ensure a protocol is in place and followed for use of any type of equipment. This may require planning of sanitizing equipment between uses. This is especially important for shared equipment like sewing machines, firearms, clippers, pencils, crayons, etc.

### **After the 4-H meeting:**

- Have activities ready for individual youth to do while awaiting their pick-up. These could be handouts, games, etc, that don't involve contact with each other.
- Wipe down all common surfaces with a disinfectant as recommended by the Center for Disease Control (CDC). Common surfaces include tables, counters, doorknobs, light switches, countertops, handles, phones, keyboards, toilets, faucets, chairs, etc.

### **Preparing facilities for a 4-H meeting:**

- Ensure that the size of the room or facility is large enough to allow for the number of expected attendees and in accordance with current Health Orders and County guidelines, this includes space to allow for social distancing.
- Space tables, chairs, shooting points, etc. farther apart to ensure social distancing (at least 6ft. apart).
- Wipe down all common surfaces as recommended by the Center for Disease Control (CDC). Common surfaces include tables, counters, doorknobs, light switches, countertops, handles, phones, keyboards, toilets, faucets, chairs, etc.

### **Should you have food at your meeting?**

- At this time we recommend food or snacks not be provided as part of 4-H meetings. If you feel you need to provide food or snacks, please communicate with your 4-H educator on recommended safety protocols.

### **Summary**

As a volunteer, your health and that of our youth members is of utmost importance and as such some engagement may be minimized at the request of a UW employee or UW 4-H Volunteer based on a health concerns associated with COVID-19.

By following the above best practices, we hope to offer more opportunities for youth to interact face-to-face within the parameters provided by your county health officials. If you have any questions, please contact your UW 4-H Educator for assistance or clarification.

# COUNCIL MINUTES

11/2/20 4H Council Meeting Minutes

Present: Melissa, Erin, Emily, Travis, Chandra, Heidi, Barb, Suzie, Carol, Chris, Jody

Crystal Mediate guest

Chandra called meeting to order 5:30pm

## Secretary report

Minutes sent out from 10/5/20 meeting, Vicki was present at the meeting, added to roll. Melissa moved to approve, Barb 2<sup>nd</sup> APPROVED

## Treasurer Report

Barb reviewed Treasurer's report and this was emailed to the group; bills to be paid reviewed.

Suzie moved to approve bills to be paid, Heidi 2<sup>nd</sup> – APPROVED

Treasurer's report to be included with minutes

## Roll Call of Clubs:

Bighorn Cowboys – Met and elected officers @ Exhibit Hall Fairgrounds. Wore masks, >40 people with kids and a lot of new kids and families. Next meeting 11/11/20, treats for troops and make cards. Plan is to have ready for Jr Leaders for packaging.

Renegades – Met and elected officers, October all present 100% participation. Zoom meeting next month and plan to drop off treats for troops. Donated \$100 to the Benedict Fund.

Sheridan Livestock – Next meeting is Thursday 11/5/20. Trunk or Treat @ Wesleyan Church handed out candy.

Wyotana – Highway clean up and pumpkin carving cancelled due to weather. Meeting cancelled due to Exhibit Hall full for voting.

TRR – Met 10/11/20 and had a lot of new kids. Trunk of treat at TRE on 10/31/20 and had approx. 150 kids. Meeting Sunday 11/8/20 plan to elect officers, Treat for Troops.

Critters, Crafts and Cooking – Met 11/1/20 at Exhibit Hall elected officers, Treats for Troops.

Lucky 7 – 10/18/20 met at ERA Carroll Realty and had 16 kids and parents. Parents are interested in becoming leaders. Voting in November for officers. Plan to do ERA Carroll Realty highway clean up. \$100 donated to Treats for Troops items. Plan for Shop with a Cop and Bell Ringing in December.

Jr Leaders – Cancelled 10/20 meeting. Next meeting 11/16/20 and plan to elect officers and Treats for Troops.



## Old Business:

Annual club renewals, please turn in if not already. Wyotana has not gotten a packet and Emily will get out to her or print off from the state site.

Auditing 4H Council Treasurer Account – Emily Wardell to perform an internal reviews for accounts  
Treats for Troops – need by 11/16/20 so the Jr Leaders can package

## New Business:

Achievement day updates/changes/feedback: was held 10/10/20 @ 2 pm Sheridan Wesleyan Church

Chandra Hendricks, President; Barb Kepley, Treasurer

- General feedback:
- Liked the change in venue, lighting/sound great and ice cream packaged items at the end worked well.
- Day conflict with sports on Saturday, change to Sunday for next year.
- Shorter was great.
- Start earlier with budget, expectations for awards, ordering of awards, office and planning committee expectations, etc. Thanks to the office for making the stickers, they looked good.
- College auditorium mentioned for the venue, would have to pay for this.
- Herdsmanship – did not do it this year as livestock did not stay. Plan to have this 2021.
- Hard luck – voted to change this to a Sportsmanship Award.
- Character counts will be 1 member per age group for next year. Club leaders nominate members to the council for voting at the end of year, 1-2 kids per age group (jr, int, sr) then Council to vote on this.
- 9 year member speeches with clear expectations, practice either with Emily or club leaders prior to speaking.
- Nominations need to be in by a specific date and council to vote on the recipients.
- Pins to be determined for next year 2021

Lessons learned – numbers of members to be confirmed prior to achievement day, stickers for 1<sup>st</sup> year members/silver portfolio/gold portfolio, Cloverbuds. Budget likely \$1000 for this event.

Discussed awards not picked up can be brought back to the Extension Office. Proposal discussed to add to the fair book some requirements to complete your 4-H year. For example, exhibit at fair, or show to the club at a meeting, county shoot for shooting sports and/or submit a record book for your project to discuss what the member learned and saw the project to the end. Club leaders can inform the office of member participation. Goal is to decrease time, supplies, etc and have accurate member/activity information. Guidance from the state is that the county can decide the action – PENDED until 12/20 meeting and council to bring ideas to the meeting.

Christmas Stroll – all day event, street is not blocked off. Clubs could go to individual businesses to make a plan if desired. 4-H Council unanimously decided to not participate with a formal plan. Members and families are encouraged to participate.

Flyers for schools to be handed out to kids. No Project Expo Spring 2021.

#### Future Plans:

Programming: Need to think ahead for programming. Right now in a 'holding pattern'. Need to be careful, will need to limit programming. QA classes all online this year. Per Public Health, need to take attendance at every in person event.

Jewelry making classes went well, small numbers 7-8 kids

Painting – in person videos and kids can pick up the kits at the Extension office for a small fee. Do at your own pace, good feedback from kids who have done these, fun.

Art Exploration – each month will be a FaceBook post, challenge to create something

Photography – behind the lens each month

Sewing – Crystal and Donna are working on ideas, maybe patterns in the newsletter and then have a zoom meeting.

Get all ideas to Emily for project areas and get information out there.

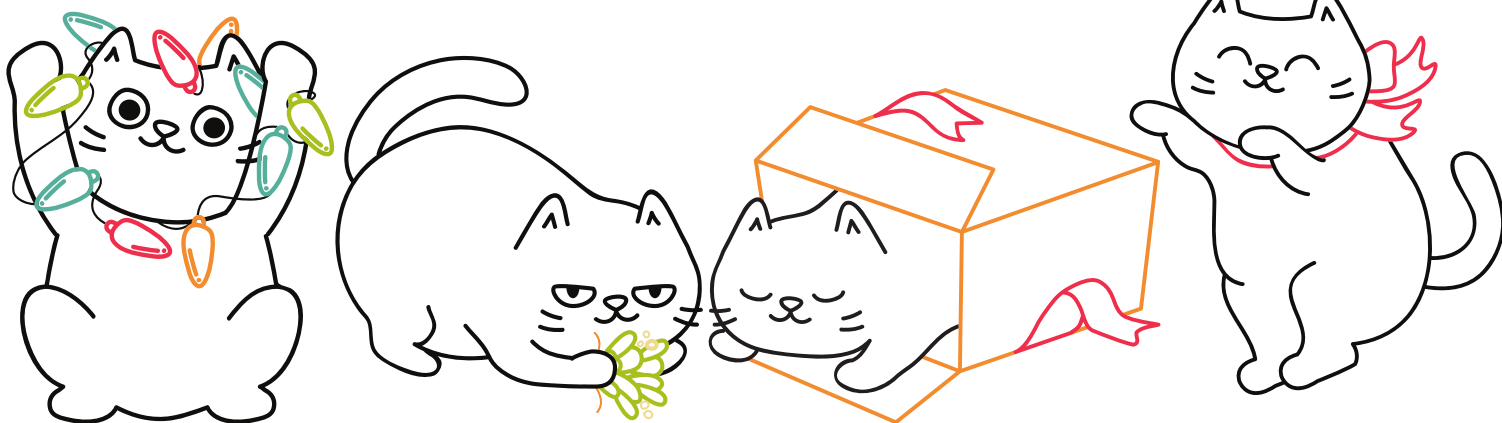
Council approved funding for kits, supplies, etc needed. Jody mentioned to look for COVID money and grants for funds available and Emily will look into this.

Clubs: state has put out a flyer with guidance, be smart. Clubs can meet in person.

Guest Crystal Mediate came to request \$20 for 24 needles and syringes for a breeding program class 11/19/20 for preg testing of breeding goats; cost includes a 10% discount from Tractor Supply. Moxey's donated to vials and Crystal will help with drawing blood and teaching kids. Cost of the class for kids is \$6, \$5 for tests and \$1 for bulk mailing. Tax exempt form can be given for purchase.

Carol moved to adjourn the meeting, Barb 2<sup>nd</sup>. Meeting concluded 6:45 pm

Next meeting Monday 12/7/20 @ 5:30 pm via Zoom





# CLUB INFORMATION

## **Big Horn Cowboys**

Leader: Erin Hinton and Jody DeHaven

Phone: 307-751-4349

Meets: 3rd Wednesday of the month

Time: 6:30 pm

## **Critters, Crafts & Cooking**

Leader: Carol French and Brenda Bailey

Phone: 307-751-0380

Meets: 1st Saturday of the month

Time: 10:30 am

## **Lucky 7**

Leader: Jessie Koltiska and Vicki Koltiska

Phone: 307-752-2298

Meets: 3rd Sunday of the month

Time: 4:00 pm

## **Sheridan Livestock**

Leader: Lacey Sell, Bailey Forsness and Chris Lamb

Phone: 307-429-9881

Meets: 1st Thursday of the month

Time: 6:00 pm

## **Tongue River Roundup**

Leader: Barb Kepley and Heidi Justus

Phone: 307-461-7967

Meets: 2nd Sunday of the month

Time: 2:00 pm

## **Renegades**

Leaders: Melissa Petzold and Kymberly Brown

Phone: 307-763-9687

Meets: 2nd Wednesday of the month

Time: 5:30 pm

## **Wyotana Grizzlies**

Leader: Susie Terry

Phone: 307-751-2233

Meets: 1st Tuesday of the month

Time: 6:00 pm

## **Please Note:**

Meeting places and times may change.  
Stay in contact with your club leaders  
and call our office if you have questions.  
307-674-2980

Sheridan County Extension  
University of Wyoming  
3401 Coffeen Ave.  
Watt Agriculture Center  
(307) 674-2980  
eswinyer@uwyo.edu



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