

the CLOVER CHATS



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YOUTH QUALITY ASSURANCE

DATE - May 2nd

Time - 4:00 - 6:00 pm

Location - Green River High School Room # 311

Date - May 7th

Time - 4:00 - 6:00 pm

Location - Green River High School Room # 311

Date - June 12th

Time - 2:00 - 4:00 pm

Location - WWCC Room # 1309

4-H Council Meetings every third Tuesday of the month at 6:30 pm. Located at WWCC Room # 1309.

4-H Horse Development Committee Meetings every 2nd Thursday of the month at 6:30 pm.

Wyoming West Community 4-H Club meeting every 2nd Monday of the month at 7:00 pm. Located at the Farson Community Hall.

Project Hope Poultry meeting the 1st Thursday of every month starting December 2018 - May 2019 at 5:00 pm. Located at WWCC Green River Campus.

Project Hope Community 4-H Club Meetings the 1st Monday of the month at 7:00 pm.

Farson Shooting Sports practice 6:00 pm every Friday at Aaron's Water Service.

Livestock Auction Committee Meeting May 6th at 6:30 pm. Located in WWCC Room # 1309

CLUB & PROJECT LEADERS !

There is always space in the Clover Chats for important information you would like to share with all 4-Hers. So if you have an activity, event or community service opportunity, ect. Coming up please send an email to

mjohn157@uwyo.edu with the information/contact and it will be included. Emails can also be sent out to everyone, especially if the date conflicts with the production of the newsletter.

Livestock Judging Practices

Date : May 8th

Time: 5:15 - 7:00 pm

Location: Green River High School Room # 311

Date: May 15th

Time: 5:15 - 7:00 pm

Location: Green River High School Room # 311

Date: May 30th

Time: 2:30 - 4:30 pm

Location: Green River High School Room # 311

June: TBA

Swine, Sheep & Goat Tagging Dates

Manila

Date: April 30th @ 9:00 am

Rock Springs

Date: May 20th from 4:00 pm - 6:00 pm

Location: Sweetwater County Events Complex

McKinnon

Date: May 21st @ 6:00 pm

Wild Hogs

Date: May 28th @ 12:00 pm

Farson

Date: May 29th from 3:00 pm - 5:00 pm

Location: Patty Burton's Place

Project Hope

Date: May 30th @ 5:30 pm

Location: Project Hope Livestock Barn

If you can't make it to one of the taggings, please come to the office and pick up tags. You will then need to log-in to 4HOnline and upload your animal information and pictures.

NOTE: All information must be in the 4honline system by 5 pm of the ownership date. The program will automatically turn the option off after this time:

Beef - February 1st

Sheep - June 1st

Goats - June 1st

Swine - June 1st

*** For Family Animal - animals purchased as an extra incase someone in the family has one that dies - these can be transferred to another family member later ONLY if they are designated as a Family Animal at the time of tagging. Please write the word FAMILY in the Animal Name field.

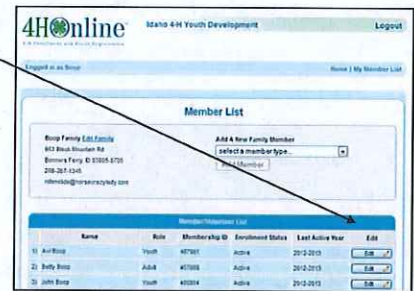
For questions on this, please contact the Extension Office at 307-352-6775.

Animal Entry

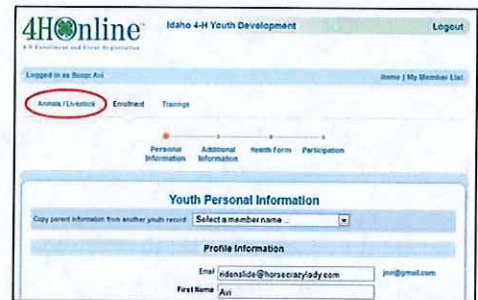
ADDING ANIMAL ENTRIES

1. Log Into 4-H Online at <https://4y-4honline.com>

2. Once logged in you will be taken to the "Member List" which includes all of your family members enrolled in 4-H (youth members or adult volunteers). Click on the "Edit" to the right of the member listed to go to that member's personal information screen.



3. Locate and click on "Animals/Livestock"



- You will see a dropdown list. Any previously entered animals will appear similar to the example.
- Select the animal type that you want to enter and click "Add Animal"
- This will take you to the corresponding entry screen for your animal. Some species require additional information or additional entry fields will be activated.



NOTE: The list will populate with more options than what the member MAY or MAY NOT be enrolled in. Click on Enrollment and Participation to verify what animal(s) that need to be added.

- Enter in the information requested and click the save button for each animal entered. In this example we would enter the pertinent information for the cat and click save.

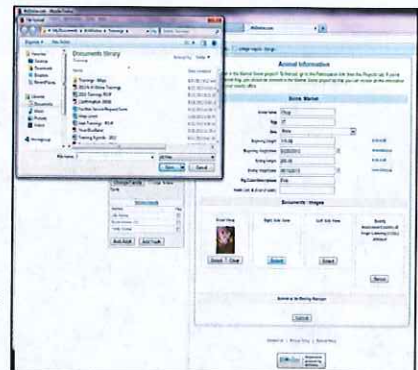


MARKET ANIMAL PROJECTS

Market animal projects require some additional information. You will enter in the pertinent information and you will need to upload photographs.

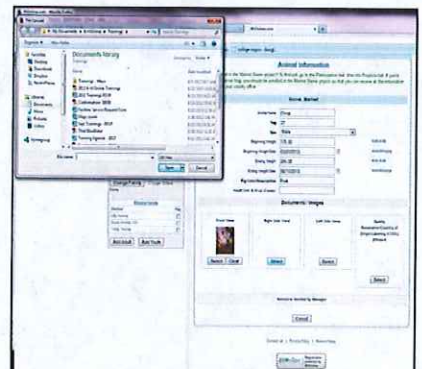
Photos

- Enter in your animal information (similar steps as above).
- Click "Select" on the view you want to add a picture of.
- A popup window will appear find the file name (upload .jpg or .jpeg files only) and click "Open"
- Repeat steps so all views of the animal are uploaded.



Documents

- Click "Select" to upload any form - In this example the COOL form - locate the file and upload and click "Open"
- The form should be printed off and filled out completely (please print legibly) with all required signatures and scanned and saved as a .pdf file.



MAY BIRTHDAYS

Travis Baker

Zoe Thompson

Randall Hamilton

Stryder Abbott

Bryndalynn Abbott

Drew Eaton

Alexa Lauze

Kole Johnson

Dakotah Beck

Rylee Phillips

Jensyn Bledsoe

Lexie Schofield

Winona Gines

Kaycee olsen

Ava Oliver

Myleah Swanson

Hudson Mitchell

Sarah Baker

Daniel Ware

Villa Guadalupe

Leland Richards

Pending Members and Volunteers

Colton Adams

Dominic Adams

Jake Adams

Hayven Benjamin

Rowdy Benjamin

Amanda Borders

Kinley Ann Bruderer

Emily Christie

Rayan Cordova

Ryley Cordova

Sentesa Cordova

Emma Curtis

Emmre Herren

Isaac Herren

Tiffany Herren

Tori Hester

Haley Jones

Tacelyn Jones

Cassidy Kellum

Kroupa (Flores) Brohdan

Garey Lacey

Benjamin Lail

Brackin Lail

Brody Lugibihl

Colby McKinney

Darby McMartin

Ashlee Muir

Avaree Muir

Cody Muir

Wyatt Muir

Ashlie Price

Brylee Price

Mariah Price

Rena Rogers

Amy Scharf

Jacob Smith

Matthew Smith

Rebecca Smith

Addyson Stephens

Gage Stephens

Aimee Thomas

Avery Thomas

Bryon Thomas

Cole Thomas

Cope Thomas

Rhyan Thomas

Monica Thompson

Casey Walker

Eva Wasseen

James Wasseen II

Connor Weese

Katherine Weese

Nevaeh Williams

Incomplete Members and Volunteers

Ava Cooper

Emma Cooper

Mikayla Cooper

Chance Lugibihl

Joseph Madjic

Sonja Olsen - Fowler

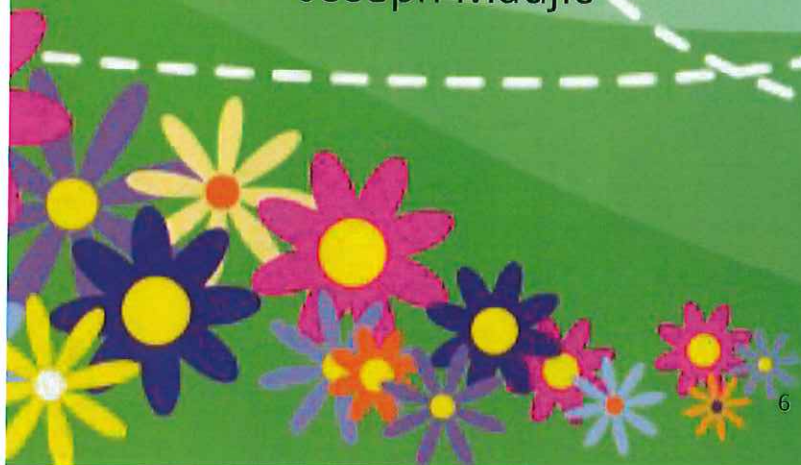
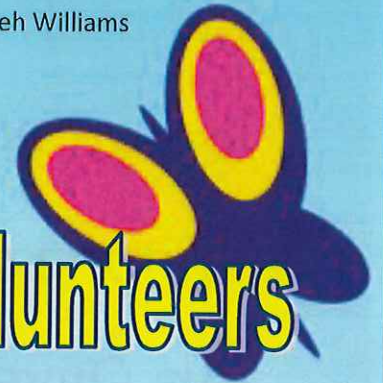
Dylan Southard

Mckayla Sparks

Elisa Sparks

Payton Wells

Noah Williams



Gardening Workshop



To register contact the UW
Sweetwater County Extension
office.
307-352-6775
mjohn157@uwyo.edu

Learn how to grow your own flower or vegetable

May 14, 2019

Time: 6:00-8:00PM

Location: The Home Depot Garden Center

Open to all 4-H Youth and Cloverbud members enrolled in the current 4-H year.



Wyoming State & Regional Events

(more information online at: <http://uwyo.edu/4-h/>)

MEAT JUDGING - April 26, 2019

The 2019 Wyoming 4-H Meats Judging Contest will take place in Laramie on Friday, April 26th in the University of Wyoming Meat Lab. Current contest information including rules and eligibility can be found at the link provided below.

<http://www.uwyo.edu/4-h/opportunities/state-contests/meat-judging/index.html>

WOOL JUDGING - April 27, 2019

The 2019 Wyoming 4-H Wool Judging Contest will take place in Laramie on Saturday, April 27th at the University of Wyoming Wool Barn. Contest rules and eligibility can be found at the link provided below.

<http://www.uwyo.edu/4-h/opportunities/state-contests/wool-judging/index.html>

4-H HORSE CAMP - June 10-11, 2019

Thermopolis, WY

4-H Horse Camp is open to all Wyoming 4-H Club Members, Parents, 4-H Leaders, and Wyoming Extension Personnel. The educational programs presented at Horse Camp are designed to provide practical, hands-on training. The major emphasis of the camp is to improve safe riding and handling skills.

<http://www.uwyo.edu/4-h/opportunities/state-opportunities/horse-camp.html>

SHOWCASE SHOWDOWN - June 25– 27, 2019

<http://www.uwyo.edu/4-h/opportunities/state-contests/showcase-showdown/index.html>

WYOMING STATE SHOOT - July 11 - 14, 2019

Douglas, WY

<http://www.uwyo.edu/4-h/opportunities/state-contests/state-shoot/index.html>

WYOMING STATE FAIR - August 13– 18, 2019

Wyoming State Fairgrounds in Douglas, WY

<http://www.uwyo.edu/4-h/opportunities/state-contests/state-fair/index.html>



The University of Wyoming Extension is proud to offer the 3rd annual 307 Livestock Judging Series. This Series is designed to increase participation in state-wide judging contests by awarding scholarships and awards to the top 5 scoring Seniors and awards to the top 5 Intermediates, and top 3 Juniors throughout the year. To qualify, contestants must compete in a minimum of **THREE** eligible contests and the State 4-H Contest.

ELIGIBLE CONTESTS:

The following is a list of contests that are currently set. More will be added as dates are confirmed.

- | | | | |
|----------------------|----------|-----------------------|------------|
| ❖ Northwest College | March 29 | ❖ Sweetwater County | June 21 |
| ❖ Casper College | March 30 | ❖ Casper College Camp | June 24-25 |
| ❖ Eastern WY College | May 4 | ❖ Sublette County | June 28 |
| ❖ IMJT Camp | May 9-11 | ❖ UW Judging Camp | TBA |
| ❖ Crook County | June 7 | | |
| ❖ Fremont County | June 18 | | |

Registration information for these contests is available on the State 4-H Web-site at:
<http://wyoming4h.org/animalopps/307-series/>

For more information contact:

Caleb Boardman

(307) 766 - 2159 (a)

(307) 250 - 2298 (c)

Caleb.Boardman@uwyo.edu

WYOMING



LIVESTOCK JUDGING

For more information contact:

State 4-H Office

(307) 766-5170- office

(307) 799-8780 -Dawn Cell

dawns@uwyo.edu



Wyoming State 4-H Foundation

11th Annual Boulder Big Draw

Saturday, June 15, 2019



Fremont Butte Ranch

OPEN TO ANY ADULT OR YOUTH

514 Highway 353~Boulder, Wyoming

Turn East on Highway 353 at the Boulder Store and follow signs

Shoot 40 Rinehart targets and never see the same one twice!
Motion Pop-Up Target System, Long Shot, and other fun challenges

**Chance to win a youth hunt donated by Mike Schmid of Solitude Ranch Outfitters
(8-12 yr. old turkey hunt and 13-18 yr. old white tail deer hunt)**

SPONSORSHIP

Stations at the shoot can be sponsored for \$25 each and your name/logo will be displayed!

o YES! I would like to be a station sponsor! My check for \$25 is included!

REGISTRATION

Entries can be made before the shoot as well as at the event.

Entry Fees: Family~\$25 Adults~\$10 Youth (12 and under) \$10

Name: _____ Phone: _____

Address: _____ Email: _____

T-shirt size: S M L XL XXL

Division: (please circle one)

Men's:	Release	Fingers Traditional
Women's:	Release	Fingers Traditional
Youth Senior (13-18):	Open	
Youth Junior (12 & under):	Open	

Awards will be presented to 1st through 3rd place in each division.

Send your registration and a check payable to:

Wyoming State 4-H Foundation
Steve Mack, Director
1000 E. University Ave., Dept. 3354
Laramie, WY 82071

Questions?

Steve Mack, Director
Email: smack@uwoyo.edu
Greg Schamber, Board Member 307-260-7505
Email: gregory.schamber@jonahenergy.com

EVENT SPONSOR – RINEHART TARGETS

Course Information

The course will open at 8:00 a.m. and close at 1:00 p.m. Four people will rotate to each of the 40 stations together, you should allow two hours to complete the shoot.

For Camping information contact Greg Schamber at 260-7505



Horse Camp

4-H Horse Camp is designed to provide practical, hands-on education for any 4-H youth. Limited to 50 youth and 10 lead camp volunteers instructors.

When: June 10-11, 2019 **Cost:** \$65 registration fee + stall fees
Where: Hot Springs County Fairgrounds ~ 415 Arapahoe St., Thermopolis
Registration Deadlines: Youth: May 24, 2019 ~ ~Volunteers: April 15, 2019
Register At: https://wyoming4h.formstack.com/forms/4h_horse_camp
 An informational sheet - with complete details - can be obtained from the Wyoming State 4-H web-site at:
<http://www.uwyo.edu/4-h/opportunities/state-opportunities/horse-camp.html>



Horse Day Camps

This year's day camps will run 9:00 a.m. to 4:00 p.m. and will focus on showmanship and "Riding the Pattern". Camps are open to any 4-H member space is limited to 15 participants per site, filled on a first-come, first-serve basis.

Camp 1

When: July 12, 2019
Where: Sundance, WY
For Questions: (307) 283-1192



Camp 2

When: July 16, 2019
Where: Cheyenne, WY ~ Archer Complex
For Questions: (307) 663-4383

Cost \$25 per camp -- Register At: https://wyoming4h.formstack.com/forms/horse_day_camps



For more information contact:
State 4-H Office - Dawn Sanchez
 (307) 789-8780 or (307) 766-5170
 dawn@s.uwyo.edu



2019 WYOMING 4-H HORSE CAMP INFORMATION SHEET



Changes for 2019 Horse Camp

- Camp is limited to the first 50 youth with registration fees paid. Youth and volunteers can register and pay fees by going to:

https://wyoming4h.formstack.com/forms/4h_horse_camp

- Lodging will not be provided for campers. They will need to make their own housing arrangements.
 - The two lunches (Monday and Tuesday) and breakfast (Tuesday) will be the only meal provided for participants, Monday's breakfast and dinners will be on their own.

Camp Logistics

When: June 10-11, 2019

Where: Hot Springs County Fairgrounds in Thermopolis, Wyoming
Cost: \$60 (includes 3 meals, breaks, workshop supplies and t-shirts) horse stalls are additional
Registration deadline: May 24, 2019

Check-in times for youth: Sunday Night between 5:00 p.m. and 8:00 p.m. or Monday morning between 7:00 a.m. and 8:30 a.m. If you need to arrive during a time that the office is not open, please give Dawn a call on her cell phone and she will come down and meet you. (307) 799-8780.

Start time: Camp will start at 9:00 a.m. - on Monday with a skills assessment, which will be used to decide group placement for the rest of the camp. Check-in at the Fair Building on the Fairgrounds, this is where you will receive your stall assignment and registration packet.

End time: Horse camp will end at 4:00 p.m. on Tuesday

Registration Note** - This is a full two-day camp. Youth can not register for one day only.

Meals

Lunch will be provided on Monday and Tuesday, breakfast on Tuesday and snacks during break times. No breakfast on Monday morning or dinner either night will be provided this year.

Stalls

Youth will need to reserve a stall for each horse they are bringing. Stalls are \$20 per night and reserved when the youth registers for camp. If they are wanting a tack stall they are the same cost, \$20 per night and reserved when the youth registers for camp.

Shavings

Youth will need to bring their own shavings to camp, they are not provided and will not be available to purchase on site. You can purchase them from Thermopolis Hardware.



Lodging

Lodging will not be provided for campers this year. They are responsible for making their own sleeping arrangements and providing their own chaperones.

Hotels

There is a block of rooms reserved at:
 Quality Inn (307) 864-5515
 166 US Hwy 20 South
 Rate is \$119/night + tax



RV Hook-ups

There is no camping hook-ups at the fairgrounds. There are three campground in Thermopolis that you can make reservation at they are:

Eagle RV Park (307) 864-5262 website: eaglevrvpark.com

204 Hwy 20 South, Thermopolis

Price range: \$40 to \$50/night + tax

Fountain of Youth RV Park (307) 864-3265

250 Hwy 20 South, Thermopolis

Price range: \$40 to \$45 + \$5.00 per person fee + tax

Wyoming Gardens RV (307) 864-2778

720 Shoshoni St., Thermopolis

Price range: RV - \$35 to \$39 Tent - \$20 - for 2 people \$2 for each person after that



Fairgrounds Camping

Participants can park campers and horse trailers on the fairgrounds for free, but there are no services provided, this includes no electricity and no showers. Participants are welcome to bring a generator and use for electricity.

Health Inspections/Brand Inspections for Horses

All horses will need a health inspection that has been issued within the last 30 days. This will be checked at the registration table. Also, per Wyoming State Law, all horses being transported across county lines will need a brand inspection.

Tack and Equipment

- Campers should have equipment that fits and is in good repair. There is not a dress code, but it is suggested that campers wear appropriate clothing including boots, long pants, and a hat or helmet.
- Youth will need to bring all their own feed, feeding and stall cleaning equipment and sawdust for your stalls.



Additional Tips

- Please bring plenty of sun screen and a water bottle, as you will spend time out in the sun.
- Parents please have your child's medical information up-to-date in 4-H online enrollment program. We will use that as a treatment guide for any illness.

Volunteer Camp Instructors

All volunteers interested in being a camp instructor should apply through the online registration form by Monday, April 15, 2019. From all the volunteer applications 10 volunteers will be selected as lead camp instructors to receive financial support from the Wyoming State 4-H Foundation. Financial support includes camp registration fee, horse stall, tack stall and hotel room (for two nights, double occupancy). If a volunteer applies and is not selected as a lead camp instructor they are still welcome to come teach they will be responsible to cover their own camp registration, stall fees and lodging. There will be a camp planning session on Sunday night, which will be open to all camp instructors starting at 3:00 p.m..

If you are interested in applying to be a camp instructor, register at:

https://wyoming4h.formstack.com/forms/4h_horse_camp



SAVE THE DATE



MARK YOUR CALENDARS

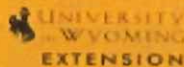
Wyoming 4-H "Poultry Palooza"

May 4, 2019

GOSHEN COUNTY FAIRGROUNDS
TORRINGTON, WYOMING

This fun packed day will include a poultry show with showmanship classes, educational workshops and many great prizes. Come practice with your birds, while learning about grooming, parasites, feeds and more. Open to youth, volunteers and parents.

A complete schedule and registration details will be coming soon!



For more information contact: Megan Brittingham at 307-532-2436 or Dawn Sanchez 307-799-8780.



Calendar Contest



Open to all Wyoming 4-H members

Contest Rules:

- Pictures will be accepted until September 30, 2019.
- Pictures must be the original work of the person submitting the entry.
- Each Wyoming 4-H member can submit 2 pictures.
- Pictures will be judged by the WAE4-HA fundraising committee. The top 13 member pictures will be placed in a calendar that will be available for purchase in the fall.
- Pictures will become the property of the Wyoming State 4-H office upon entry into the contest and will not be returned. They will also be used for promotional purposes. No amount of the money for the calendars will be returned to the contest entrants.
- Winners will receive a free calendar and recognition for their work.
- Entries must include Name, age, club, and county affiliation
- Entries will be accepted online at sfleenor@uwyo.edu



Sponsored by:



The Hairy Horse Show
 Sweetwater Events Complex-Indoor Arena-Rock Springs, WY
Saturday May 18, 2019 Show Starts 8 am
 Bits & Spurs Association Sanctioned Show
Show Information Contact:
 Lois Sandbak:(307) 212-1186 Sorrel Burris: (307)389-2779
E-Mail: swco4horse@gmail.com

ENTRY FEES

Per Class Entry: \$12

All Day Walk/Trot Entry: \$75

All Day Youth or Adult Entry:\$100

MAKE CHECKS PAYABLE TO: SWCO 4H Horse Development Committee

Any check returned by bank will be charged a \$40 Collection Fee

-ENTRIES MUST BE ON COMPLETED SIGNED ENTRY FORM- NO PHONE ENTRIES PLEASE-

Entries may be E-Mailed or sent by Traditional Mail

E-Mail Entries to: swco4horse@gmail.com

Mail Entries to: Hairy Horse Show- c/o L Sandbak- P.O. Box 356- Farson, WY 82932

Pre-Entry by May 16,2019. Post Entry's will be accepted the day of show with an added fee of \$5

"Hairiest" & Halter Class Entries close 7:30am Day of Show.

Classes are Judged in accordance with AQHA rules with the exception of Hairiest Horse & Mini Jumping-In-Hand
Hairiest Horse-Open to all Horse and Pony. No Body Clipping!! Show your Fuzziness! Only Bridle Paths are allowed.

Mini Jumping-In-Hand-Mini Horses & Pony's only. (58" & under) AMHR rules apply: <http://shetlandminiature.com/>.

Walk-Trot-Reminder: Three (3) strides in a lope disqualifies you from class

Barrels & Poles-All contestants will enter the arena in a controlled manner.

-The following classes DO NOT count towards the SHOWS High Point-

Hairiest Horse, Lead Line, Jr Western Pleasure Horse, Trail-In-Hand & Mini Jumping-In-Hand.

-All Day Fees-

The All Day entry fee is based on a one(1) Horse/Rider combination per class. As an example, Reining: Your first horse would be covered in the all day fee, but you would pay the per class fee for the second horse and enter it on a separate entry form. You may ride more than one horse but only your declared High Point Horse's points will apply towards the Shows High Point.

Contact Events Complex concerning stalls and camper spaces-(307) 352-6789



All Proceeds to benefit Sweetwater County 4H Horse Program



THE HAIRY HORSE SHOW

Bits & Spurs Association Sanctioned Show
 May 18, 2019 - Show Time: 8 am

Sweetwater County Events Center-Indoor Arena-Rock Springs, WY

PLEASE USE SEPARATE ENTRY FORM WHEN ENTERING MORE THAN ONE HORSE IN A CLASS
Hairy & Halter Class Entries CLOSE at 7:30 am Day of Show

For Office Use Only

Exhibitors Name:	City & State:	Youth Age:
Address:	E-Mail:	
Phone #:		
High Point Horses Name:		Bits & Spurs #:

Circle Class # and place Horse Name in corresponding Class

Halter & Miscellaneous Classes					
Class#	Description	Horses Name	Class#	Description	Horses Name
1	Hairiest Horse		6	Stallions 3 & Under	
2	Mares 3 & Under		7	Stallions 4 & Over	
3	Mares 4 & Over				
4	Geldings 3 & Under		18	Lead Line (Rider 6 & Under)	
5	Geldings 4 & Over		27	Jr West-Pleasure (Horse 5&Under)	

Circle Class # and place Horses Name in corresponding Class

Performance Classes					ALL DAY ENTRY One Horse/Rider Combination per class			
Walt/Trot	13 & Under	14-18 Yrs	Adult	Description	Horses Name	QTY	Description	Amount
	8	9	10	11	Showmanship			
	N/A	12	13	14	Trail-In-Hand		Per Class Fee @ \$12	
	N/A	15	16	17	Mini Jumping-In-Hand		All Day Walk Trot @ \$75	
	19	20	21	22	Hunter Under Saddle		All Day Youth @ \$100	
	23	24	25	26	Hunt Seat Equitation		All Day Adult @ \$100	
	28	29	30	31	Western Pleasure			
	32	33	34	35	Western Equitation			
	N/A	36	37	38	Reining		Office Fee	\$ 5.00
	39	40	41	42	Trail		Pattern Book @ \$2ea	
	N/A	43	44	45	Western Riding		POST ENTRY FEE @ \$5	
	N/A	46	47	48	Ranch Riding		TOTAL DUE	
	49	50	51	52	Poles		TOTAL PAID	
	53	54	55	56	Barrels		CASH	CK#

PLEASE MAKE CHECKS PAYABLE TO: SWCO 4H Horse Development Committee
Checks returned by bank will be charged a \$40 Collection Fee!!!

I exhibit the above horse and release this show, its volunteers and the Events Complex from any claim to myself, children, employees, horses or equipment. I have read the rules and agree to abide by the rules governing this show. I also agree to abide by the rules of the Bits & Spurs Association for all sanctioned classes. Judge's decision is final.
 Classes are Judged in accordance with AQHA rules with the exception of Hairiest Horse, Trail-In-Hand & Mini Jumping-In-Hand

Parent/Guardian/Exhibitors Signature: _____
 Date: _____

JUNE 5-9



Crook County
Fairgrounds, Sundance



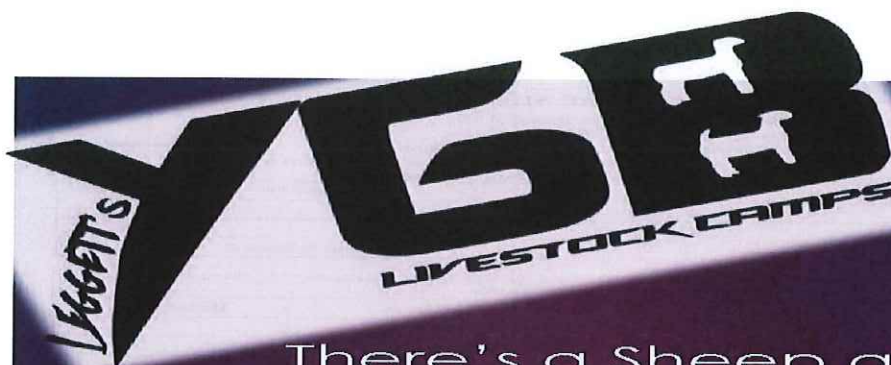
SAVE THE DATE

2019



JUNE 5: DAIRY GOATS, RABBITS, CATS, POULTRY
JUNE 6-7: BEEF, SHEEP, GOATS, SWINE
JUNE 8-9: HORSE

Learn about daily care, vet care, grooming,
fitting and showing your animal projects



There's a Sheep and Goat
Showmanship Camp
Coming to Cheyenne!

WHEN: July 1-2, 2019

WHERE: Frontier Park, Cheyenne, WY

WHO: Any 4H or FFA Members showing
lambs or goats looking improve their
showmanship skills.

Cost: \$200 before 3/1!, \$250 after 3/1

More Info & REGISTRATION:

<http://www.ygblivestockcamps.com>

Email Joe Allen with any Questions =

Joe.Allen@laramie1.org

2019 Weld County 4-H Horse Judging Contest
May 11, 2019
Senior Entry Form
(14 & Older as of December 31, 2018)

County: _____

Coaches' Name(s): _____

Coaches Email: _____

Coaches Phone: _____

Senior Team A

1. _____

2. _____

3. _____

4. _____

Senior Team B

1. _____

2. _____

3. _____

4. _____

Individuals

1. _____

2. _____

3. _____

Volunteers

1. _____

2. _____

3. _____

4. _____

Entry Fees	#		\$
Individual Entry Fee (Includes Lunch)		\$25.00 each	\$0.00
Total number of lunches		\$7.00 each	\$0.00
Make Checks Payable to Weld County Extension		Total	\$0.00

2019 Weld County 4-H Horse Judging Contest
May 11, 2019
Junior Entry Form
(8-13 years old as of December 31, 2018)

County: _____

Coaches' Name(s): _____

Coaches Email: _____

Coaches Phone: _____

Junior Team A

1. _____

2. _____

3. _____

4. _____

Junior Team B

1. _____

2. _____

3. _____

4. _____

Individuals

1. _____

2. _____

3. _____

Volunteers

1. _____

2. _____

3. _____

4. _____

Entry Fees	#		\$
Individual Entry Fee (Includes Lunch)		\$25.00 each	\$0.00
Total number of lunches		\$7.00 each	\$0.00
Make Checks Payable to Weld County Extension		Total	\$0.00

One check may be written for both Junior and Senior teams.

WYOMING 4-H PRESENTS

JUNE 25-27

**Showcase
Showdown
2019**

LARAMIE • WYOMING

Showcase Showdown offers an opportunity for youth to explore various industries through contests and workshops. The event takes place at the University of Wyoming in Laramie, Wyoming. Youth can participate in contests, workshops, tours and activities over the course of three days.

**WHAT IS
SHOWCASE
SHOWDOWN?**

Hands on competition
Open to ALL 4-H youth
(excluding Cloverbuds)
**NO PRE-QUALIFICATION
REQUIRED**

**WORKSHOPS
& TOURS** Fishing
Painting
Cowboy Athletics
Swing Dance
Photography
The Cud-Powered Car
Project Runway
Hiking **& MORE!**

**TEAM &
INDIVIDUAL
CONTESTS** Presentations (Prepared & Impromptu)
Cake Decorating Contest
Table Setting Contest
Livestock Skill-A-Thon
Dog Skill-A-Thon
Produce Evaluation
Food Cook-Off
Horse Judging
Hippology
Robotics Contest
Filmfest



REGISTER AT: [HTTP://BIT.LY/WY4HSCSD19](http://bit.ly/WY4HSCSD19)

FOR MORE INFORMATION CONTACT YOUR LOCAL EXTENSION OFFICE

Travel Opportunities

NATIONAL 4-H CONFERENCE - April 6 - 11, 2019

General registration due Friday, February 15, 2019 (Registrations received after Friday, February 15, 2019 are not eligible for refunds.)

Late Registration Deadline: Friday, February 22, 2019

National 4-H Conference is held in Washington D.C. and because it is the U.S. Secretary of Agriculture's premiere youth development opportunity, young people assist in the development of recommendations to help guide 4-H Youth Development programs nationally and in their communities. This is a working conference and delegates prepare in advance, attend workshops and develop recommendations during the conference, and, afterwards report accomplishments to the USDA they have achieved as a result of the conference.

Youth delegates selected to represent Wyoming 4-H are selected through an application and interview process. Members selected to attend may be awarded funding through the Wyoming State 4-H Foundation.

<https://4-h.org/parents/national-4-h-conference/>

CITIZENSHIP WASHINGTON FOCUS - June 15 - 19, 2019

Citizenship Washington Focus (CWF) is held each June. Delegates will learn about the democratic process, meet new people, see the sights of Washington D.C., meet Wyoming's U.S. Congressional Representatives, and experience our national government from a new perspective. This trip features tours and several nighttime events. Be ready to have a good time! There is not an application process – simply contact your local County 4-H Educator and let him/her know you would like to attend. The cost of the trip is approximately \$855 per person for youth (based on quad occupancy) and \$925 per person for adults (based on double occupancy). Transportation package \$175 per person. Some donor funds are available through the Wyoming State 4-H Foundation depending on the year.

<https://4-h.org/parents/citizenship-washington-focus/>

LEADERSHIP WASHINGTON FOCUS - July 14 - 19, 2019

Leadership Washington Focus (LWF) is a 4-H leadership program for youth entering grades 7 through 9. The program will take place at the National 4-H Youth Conference Center, just 1 mile from the Washington, D.C. border. For more than 50 years, thousands of 4-H'ers have participated in our high school program, Citizenship Washington Focus and now we are happy to introduce its precursor for middle school 4-H'ers, LWF. Middle school 4-H delegates will:

- Build confidence in their ability to motivate and direct others in meaningful action
- Practice effective communication with others through group discussion and public speaking
- Work with others to create and accomplish goals
- Develop an understanding of their own personal leadership style
- Exchange ideas, practice respect, and form friendships with other 4-H'ers from across the nation.
- Experience hands-on learning using the historical backdrop of Washington, D.C.

The cost of the trip is approximately \$625 per student/adult leader/chaperone

<https://4-h.org/parents/leadership-washington-focus/>

INTERNATIONAL

Come explore the world with us! You can experience the rich history and culture of Mongolia, Ghana, or Finland. The International 4-H Exchange Programs are designed to advance cultural understanding, prepare youth leaders to become responsible citizens, spark an interest in learning about foreign cultures, and develop a cadre of Americans with cultural understanding who can advance international dialogue and compete effectively in the global economy. Current members of the Wyoming 4-H program (14-19 years of age) are eligible to participate. Members must have an interest in traveling internationally, learning about different cultures, and living with a host family. Applications are due January 1, 2019.

Cent\$ible Nutrition News

Helping Families Eat Better for Less

April/May 2019

Volume 22 • Number 4

Partnering for Children's Health

The Cent\$ible Nutrition Program works with partners across Wyoming to help create healthier communities. One of the partners we work with in many communities is early care and education providers (ECEs). ECEs have a unique opportunity to make positive health changes for the children in their care and CNP is excited to help in a variety of ways.

Last year, we worked with several ECEs to paint stencils around the outdoor play areas. Fruits, vegetables, animals, and a roadway now brighten the sidewalks, inviting kids to play.

"The kids love them," the director of one ECE in Albany County said. "Tricycle use went through the roof, especially the day after."

The stencil roadway and hopscotch were especially popular. A child said hopscotch was her favorite and she did not know how to play until her teacher showed her. Now she uses it all the time. Children also like to make up games with the insect, animal, and reptile stencils. The stencils promote being active as well as using imagination.

This year at an ECE in Natrona County, we are working together to start family-style dining. This is one way to help improve children's food choices. Children are encouraged to sit together at a table during meals, passing food, practicing table manners, and learning to use utensils. Family-style dining has been shown to improve language and social skills, as well as encourage children to recognize their own hunger cues. Children who serve themselves learn how to be responsible for their own food choices and are less likely to overeat.

By working together, CNP and ECEs can help create environments for children that support health through nutrition and physical activity. Our work with ECEs is based on the national Health Kids, Healthy Future program from Nemours Children's Health System. Find out more at healthykidshealthyfuture.org.



For more information on Cent\$ible nutrition classes contact Wendy @ 307-352-6775

Family & Consumer Science
Cent\$ible Nutrition Program
 "Helping Families Eat Better for Less"

UNIVERSITY
 OF WYOMING
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Cent\$ible Nutrition Program

Deviled Eggs

Ingredients

- 6 eggs
- ¼ cup reduced-calorie mayonnaise
- 1 teaspoon prepared mustard (¼ teaspoon dry)
- ⅛ teaspoon salt
- Dash black pepper
- Paprika (optional)

Directions

1. Hard cook eggs. Cool. Peel and cut in half lengthwise.
2. Gently scoop egg yolks into a resealable plastic bag. Add mayonnaise, mustard, salt, and pepper. Seal.
3. Gently mash or knead the bag to blend ingredients.
4. Push mixture toward one corner of the bag. Snip off that corner with scissors. Squeeze yolk mixture gently into egg white halves.
5. Sprinkle with paprika.

Makes 6 servings.

Cent\$ible Nutrition Program Cookbook, page 428



Houseplant and Seed Swap



Saturday May 4, 2019

2:00-6:00 pm

Rock Springs Library - Ferrero Room

Do you need to thin out your houseplants and would like to share your babies? Do you want to acquire some new and possibly unique or hard to find plants? Do you have extra seeds and want to get some other varieties? Then you should come to this plant and seed swap! Start the new plants soon, so they will be ready for the swap. You can of course bring new cuttings, or newly potted plants. Everyone is welcome even if you don't have any plants or seeds to share.

If you are planning to attend the swap, here is a list of supplies that you should bring with you:

- your rooted plants, fresh cuttings, or newly potted plants and/or seeds
- paper towels & zip baggies - you can get the towel wet and wrap them around cuttings or bare root plants and secure them in the zip baggies to protect them until you get home. There will be some available.
- a box, tote or thick bag for protecting your new plant in this chilly weather
- newspaper - lay it out to prevent your car from getting dirty when transporting plants
- pen/pencil and paper - for taking notes on plant care or jotting down names and phone numbers of the people you meet

So, what will happen at the swap? Folks will set their plants and seeds out on a table (hopefully labeled!) and place plants and seeds they have received underneath the table. If you see a plant or seeds you like (on top of the table!), you just ask the owner if there is anything you have that they would like in exchange for it. It pays to show up early if you want to be able to trade for some of the rarer plants - these are usually first come first serve affairs. When bringing plants to trade, try not to water them immediately before the event. It makes the pots heavier and increases the chances of them leaking and making a mess in someone's car. Everyone values already rooted plants over fresh cuttings, it is a good idea to start rooting your cuttings a few weeks before the event. It is fine to bring them in plastic cups with water; you don't have to pot the plant.





Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<p>1</p> <p>UW Signing Day</p> <p>Fair Store opens 8:00 am</p>	<p>2</p> <p>Horse Development Committee Meeting 6:30 pm @ WWCC Room #1309</p> <p>Youth Quality Assurance 4:00 - 6:00 pm @ Green River High School Room # 311</p>	<p>3</p> <p>Shooting Sports Meeting/Archery 6:00 pm</p>	<p>4</p> <p>4-H/FFA Cow Horse Clinic @ SWCO Events Complex</p> <p>Shooting Sports Outdoor .22/ Muzzleloader 9:00 am</p> <p>Shotgun 1:00 pm</p> <p>Poultry Facoza - Terrington, WY</p> <p>307 Livestock Judging - EWC</p>
<p>5</p> <p>4-H/FFA Cow Horse Clinic @ SWCO Events Complex</p>	<p>6</p> <p>Livestock Auction Committee Meeting 6:30 pm @ WWCC Room # 1309</p>	<p>7</p> <p>Youth Quality Assurance 4:00 - 6:00 pm @ Green River High School Room # 311</p>	<p>8</p>	<p>9</p> <p>Intermountain Livestock Judges Training - Spanish Fork, UT</p>	<p>10</p> <p>Intermountain Livestock Judges Training - Spanish Fork, UT</p> <p>Shooting Sports Air 6:00 pm County Shoot entry deadline</p>	<p>11</p> <p>Intermountain Livestock Judges Training - Spanish Fork, UT</p> <p>Shooting Sports Outdoor .22/Muzzleloader 9:00 am</p> <p>Shotgun 1:00 pm</p>
<p>12</p>	<p>13</p>	<p>14</p> <p>Gardening Workshop 6:00 pm @ Home Depot Garden Center</p>	<p>15</p>	<p>16</p>	<p>17</p> <p>County Shoot Air Rifle/ Pistol 5:30 pm @ Firehole Archers Building</p>	<p>18</p> <p>County Shoot Shotgun 1:00 pm @ Sweetwater Trap Club</p> <p>Hairy Horse Show @ SWCO Events Complex</p>
<p>19</p>	<p>20</p> <p>Summer Hours Begin</p> <p>Rock Springs Swine, Sheep & Goat Tagging 4:00 - 6:00 pm @ SWCO Events Complex</p>	<p>21</p> <p>McKinnon Swine, Sheep & Goat Tagging 6:00 pm</p> <p>4-H Council Meeting 6:30 pm @ WWCC Room # 1309</p>	<p>22</p>	<p>23</p>	<p>24</p> <p>Extension Office Closed</p>	<p>25</p>
<p>26</p>	<p>27</p> <p>Memorial Day</p> <p>Extension Office Closed</p>	<p>28</p> <p>Wild Hogs Swine, Sheep & Goat tagging 12:00 pm</p> <p>Fairboard Meeting 7:00 pm</p>	<p>29</p> <p>Farson Swine, Sheep & Goat tagging 3:00 - 5:00 pm @ Patty Burton's Place</p>	<p>30</p> <p>Project Hope Swine, Sheep & Goat tagging 5:30 pm</p>	<p>31</p> <p>Extension Office Closed</p> <p>County Shoot Archery 5:30 pm @ Firehole Archers Building</p>	



JUNE 2019

						<p>1</p> <p>Swine, Sheep & Goat tagging deadline</p> <p>County Shoot Outdoor Shooting 8:00 am @ Little Firehole Range</p> <p>Livestock Fitting Clinic - SWCO Events Complex</p>
<p>2</p> <p>Livestock Fitting Clinic - SWCO Events Complex</p>	<p>3</p>	<p>4</p>	<p>5</p>	<p>6</p>	<p>7</p> <p>Extension Office Closed</p> <p>307 Livestock Judging Contest - Crook County</p>	<p>8</p>
<p>9</p>	<p>10</p> <p>Pesticide Training "RoadShow"</p> <p>4-H Horse Camp - Thermopolis, WY</p>	<p>11</p> <p>4-H Horse Camp - Thermopolis, WY</p>	<p>12</p> <p>Youth Quality Assurance 2:00 - 4:00 pm @ WWCC Room #1309</p>	<p>13</p> <p>Horse Development Committee Meeting 6:30 pm - TBA</p>	<p>14</p> <p>Extension Office Closed</p>	<p>15</p> <p>CWF - Washington, D.C</p> <p>Boulder Big Draw (See pg. 10)</p>
<p>16</p> <p>CWF - Washington, D.C.</p>	<p>17</p> <p>CWF - Washington, D.C.</p>	<p>18</p> <p>CWF Washington, D.C.</p> <p>4-H Camp</p> <p>307 Livestock Judging Contest - Fremont County</p>	<p>19</p> <p>CWF Washington, D.C.</p> <p>4-H Camp</p>	<p>20</p> <p>CWF - Washington, D.C.</p> <p>4-H Camp</p>	<p>21</p> <p>Extension Office Closed</p> <p>307 Livestock Judging Contest- SWCO Events Complex</p>	<p>22</p> <p>Kids-4-Kids Jackpot - SWCO Events Complex</p>
<p>23</p>	<p>24</p> <p>Casper College Livestock Judging Camp</p>	<p>25</p> <p>Showcase Showdown - Laramie, WY</p> <p>Fairboard Meeting - 7:00 pm</p> <p>Casper College Livestock Judging Camp</p>	<p>26</p> <p>Showcase Showdown - Laramie, WY</p>	<p>27</p> <p>Showcase Showdown- Laramie, WY</p>	<p>28</p> <p>Extension Office Closed</p> <p>307 Livestock Judging - Sublette County</p>	<p>29</p> <p>Sublette County Summer Jackpot Show</p>
<p>30</p>						

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Rock Springs, WY 82901

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