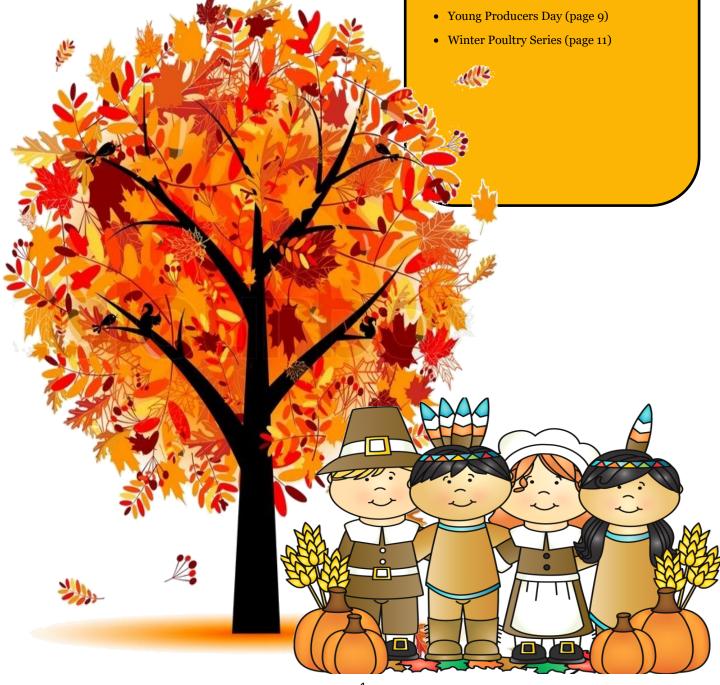


#### **INSIDE THIS ISSUE**

#### SPECIAL POINTS OF INTEREST

- 4-H Achievement Night (page 5)
- Little Shoppers Extravaganza (page 6)
- 4-H Enrollment Guide (page 7)









#### **CLUB & PROJECT LEADERS**

There is always space in the Clover Chats for important information you would like to share with all 4-Hers. So if you have an activity, event or community service opportunity, ect. Coming up please send an email to

mjohn157@uwyo.edu with the information /contact and it will be included. Emails can also be sent out to everyone, especially if the date conflicts with the production of the newsletter.

4-H Council Meetings every third Tuesday of the month at 6:30 pm. Located at WWCC Room # 1309.

4-H Horse Development Committee Meetings every second Thursday of the month at 6:30 pm. Located at WWCC Room # 1309

Wyoming West Community 4-H Club Meetings every second Monday of the month at 7:00 pm. Located at the Farson Community Hall.

Project Hope Community 4-H Club Meetings the first Monday of the month.



Club Certificate, Pin & Award Packets

Catered Dinner

Games

## 2019 4-H Achievement Night

Friday, November 15, 2019 6:00 pm

Western Wyoming Community College Atrium

Issued in furtherance of cooperative extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture.

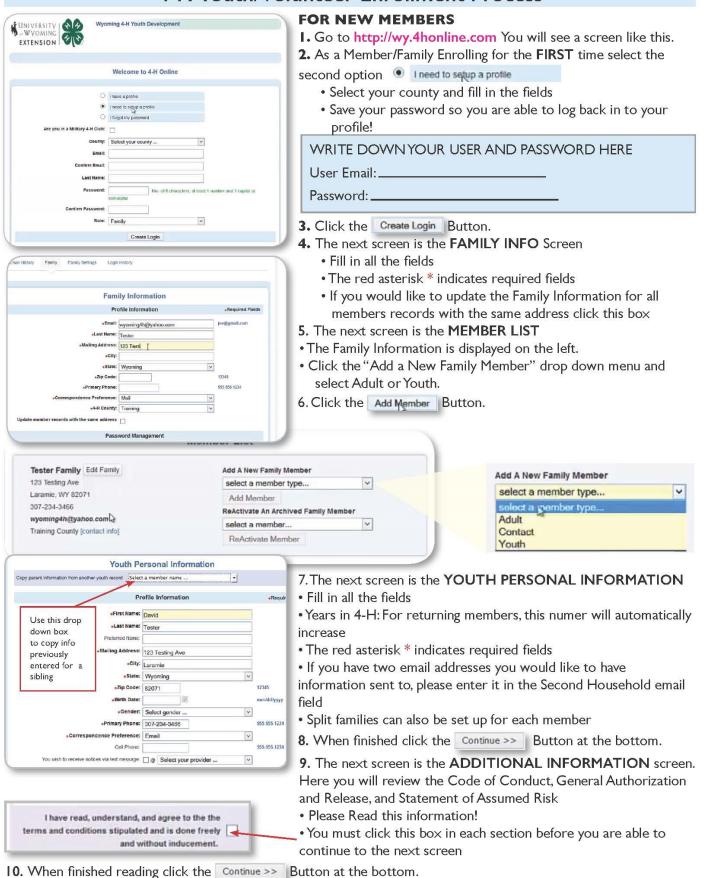
Glen Whipple, Director, Cooperative Extension Service, University of Wyoming, Laramie, Wyoming 82071.

The University of Wyoming is an equal opportunity/affirmative action institution.



All 4-H clubs are encouraged to participate by either donating items or helping out the day of the event. If donating items, please have them dropped off to the Extension Office by December 4th.

#### 4-H Youth/Volunteer Enrollment Process



#### 4-H Youth/Volunteer Enrollment Process: FOR EXISTING MEMBERS

- I. Go to http://wy.4honline.com You will see a screen like this.
- 2. As an existing Member/Family that is re-enrolling for the next 4-H year select the first option O Thave a profile
  - Enter your email address and password you used to create your Family login and click the Login button
  - Can't remember your password? Select Olforgot my password enter your email address and click the Send My Password enter your email address and click the
  - A new automated password will be sent to the email address you provided along with instructions to login and reset your password.
- 3. Once you are logged in you can review your Family info and update it if needed by clicking the Edit Family button



**4.** In the **MEMBER LIST** tab, please look at the Member/Volunteer List to view the members/adult volunteers associated with your family account.

Please do not add a new individual that is already listed in the member/volunteer list!

- To Re-Enroll for the new 4-H year click on the button to the right of each name
- Review the information displayed in the Personal Information screen.
- At the Bottom of the page on the right you will click the Enroll for 2015-2016 button.
- On the next page you can review/update the personal information page.

In an effort to reduce our mailing costs, please consider selecting the EMAIL option in the Correspondence Preference field in the first YOUTH PERSONAL INFORMATION Tab.



You will now continue through several tabs verifying/updating information. To advance to the next screen click the Continue >> button.

- **5.** In the **ADDITIONAL INFORMATION** screen you will review and agree to the Publicity Release, Statement of Assumed Risk Transportation Release, Code of Conduct, and for Leaders Training and Screening Understanding.
  - Please Read this information! You must click the check box in each section in order to continue
- 6. The next screen is the HEALTH FORM If any of the individuals Health information has changed, please update it!
- 7. In the PARTICIPATION screen you will add or delete Clubs and Projects for each individual.
- If you select a new club remember to click the Add Ckb Button to add it to your Club list.
- When finished with club selections click the Continue >> Button at the bottom.
  - You will be taken to the project tab where you can add or delete projects.
    - Remember to click the Add Project button to add a project to the Project List.
    - You can delete a project by clicking the Edit button and then clicking the Delete button.

When you are finished adding projects you will be taken to the Invoice Screen. There is a \$10 per member fee. Click the Continue >> button to proceed to the payment tab.

- 8. On the PAYMENT Tab click the orange Add New Credit Card button. You will be re-directed to the University of Wyoming's TouchNet Payment Services page to enter your card and billing information. Once you are finished you will be routed back to complete the enrollment process. Make sure the card you entered is selected as the payment method and click the Select Payment Method >> button. Next you'll be taken to the confirm tab.
- **9.** In the **CONFIRM** tab, be sure to click the check box confirming that you agree to the "Pay by Computer Terms and Conditions and then click the **Submit Enrollment** Button.

Once you have Submitted an Enrollment you will then be taken back to the MEMBER LIST screen. You can then enroll new 4-H Members or Volunteers using the same steps. Your enrollment will be sent to the County Extension Office where they will review and approve/activate your profile, or return your enrollment to you for changes/additional information. You credit card will not be charged until each member account is activated. If your enrollment status is Pending, your record is complete and waiting for county level approval. If your enrollment status is Inactive or Incomplete, click Edit to review your record for missing information and resubmit.

SAIGHE

#### MARK YOUR CALENDARS

# YOUNG PRODUCERS DAY

### **November 8, 2019**

SUBLETTE COUNTY EXTENSION OFFICE 2:00 P.M. - 5:00 P.M.

This fun packed program will provide hands-on animal science workshops. Come get your hands dirty while learning about livestock.



To register go to:

https://wyoming4h.formstack.com/forms/young\_producers





For more information contact: Steve Harrison 307-367-4380 or Dawn Sanchez 307-799-8780. Great chance for ANSC1009 youth to get 3 labs completed in one day.

#### MARK YOUR CALENDARS

# YOUNG PRODUCERS DAY

**November 21, 2019** 

ALBANY COUNTY EXTENSION OFFICE 4:00 P.M. - 8:00 P.M.

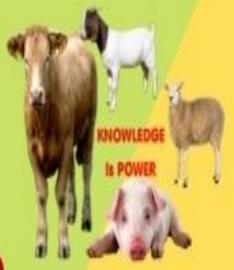
This fun packed program will provide hands-on animal science workshops. Come get your hands dirty while learning about livestock.

Dinner will be provided

To register go to:

https://wyoming4h.formstack.com/forms/young\_producers

For more information contact: Mary Louise Wood 307-721-2571 or Dawn Sanchez 307-799-8780.







Great chance for ANSC1009 youth to get 3 labs completed in one day.



#### WINTER POULTRY SERIES



November 22, 2019 ~ 7:00 p.m.

#### NUTRITIONAL CONCERNS DURING WINTER MONTHS

December 4, 2019 ~ 7:00 p.m.



#### DR, DAVID FRAME, DVM

Come join Dr. David Frame, Utah State Univerity Extension Poultry Specialist

### THESE WORKSHOPS WILL BE DELIVERED VIA ZOOM

So logon from home and learn about Poultry Parasites and Nutrition.

#### REGISTER BY GOING TO:

https://wyoming4h.formstack.com/forms/poultry



For more information:

Dawn Sanchez 307-799-8780 or dawns@uwyo.edu

#### **Deviled Eggs**

#### **Ingredients**

- 6 eggs
- ¼ cup reduced-calorie mayonnaise
- 1 teaspoon prepared mustard (1/3 teaspoon dry)
- ½ teaspoon salt
- Dash black pepper
- Paprika (optional)

#### **Directions**

- Hard cook eggs. Cool. Peel and cut in half lengthwise.
- Gently scoop egg yolks into a resealable plastic bag. Add mayonnaise, mustard, salt, and pepper. Seal.
- Gently mash or knead the bag to blend ingredients.
- Push mixture toward one corner of the bag. Snip off that corner with scissors. Squeeze yolk mixture gently into egg white halves.
- 5. Sprinkle with paprika.

#### Makes 6 servings.

Cent\$ible Nutrition Program Cookbook, page 428







Family & Consumer Science

Cent#ible Nutrition Program

"Helping Families Eat Better for Less"





The University of Wyoming

#### MASTER GARDENER COURSE

**Starting Spring 2020** 

**Location: WWCC Rock Springs Campus** 

The Master Gardener Course Offers Training In:

- · Gardening
- · Plant, Pest & Weed Identification
- · Plant Problems & Solutions
- · Lawn Care
- · Trees
- Other Horticultural Issues

here are many advantages to completing a Master Gardener Class. Not only will you receive valuable information on horticulture and gardening, you will meet new friends and develop associations with skilled individuals who share your interest.

The Master Gardener course is offered by the University of Wyoming Extension in Sweetwater County. Classes will be taught by Master Gardeners and experts from the University of Wyoming. The \$100 fee for the class covers the textbook, materials, and additional literature. \$25 discount for senior citizens age 60+.

For more information contact the University of Wyoming Extension office at 307-352-6775.

Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Glen Whipple, director, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071.

Persons seeking admission, employment, of access to programs of the University of Wyoming shall be considered without regard to race, color, religion, sex, national origin, disability, age, political belief, veteran status, sexual orientation, and marital or familial status. Persons with disabilities who require alternative means for communication or program information (Braille, large print, audiotape, etc.) should contact their local UW Extension office. To file a complaint, write to the UW Employment Practices/Affirmative Action Office, University of Wyoming, Department 3434, 1000 E. University Avenue, Laramie, WY 82071.



#### Movember 2019 Sun Mon Tue Wed Thu Fri Sat 2 1 3 7 5 6 8 9 4 Young Producers Day (See pg. 9) 13 *15* 10 11 12 14 16 4-H Achieve-**HDC** Meeting ment Night 6:30pm @ 6:00pm@ WWCC Room WWCC Atrium #1309 20 22 *17* 18 19 21 23 Fairboard Young Produc-Winter Poultry Meeting ers Day Series 7:00pm (See Pg. 10) (see pg. 11) 24 *25 27* 26 28 29 30 Extension Extension Extension Office Closed Office Closed Office Closed THANKSOIT ...

	9	DECES	MBE!	R 2019		
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	Winter Poultry Series (see pg. 11)	5	6 Little Shoppers Extravaganza 3:00pm-8:00pm @ WWCC Atri- um	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23 Extension Offi	$24$ ce Closed for H $^\circ$	25	26	27	28
29	30 Extension O	31ffice Closed				



**Sweetwater County Office** 

2500 College Drive

Rock Springs, WY 82901

307-352-6775

mgiffor2@uwyo.edu

**RETURN SERVICE REQUESTED** 

PRESORT STANDARD
US POSTAGE PAID
Rock Springs, WY
PERMIT # 2





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