# the CLOVER CHATS

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### University of Wyoming Extension

Sweetwater County

<u>Winter Hours</u> Monday - Friday 8:00 am - 5:00 pm

<u>Summer Hours</u> (May 20th - August 30th) Monday - Thursday 7:00 am - 5:00 pm **Closed Fridays** 

Marty Henry UW Extension Educator 4-H/Youth Development *mgiffor2@uwyo.edu* 

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2500 College Drive A-700 Room # 1227 Rock Springs, WY 82901 307-352-6775

2

March Birthdays

3

Lane Henry Aubrey Boodleman Brianna Dale Garet Carribou Christina Brady Ashlee Muir Charlie Pierantoni Christopher Meats Jeremy Neher Ian Dickinson Nevaeh Lauriski-Adams Shane Meats Austin Pfeifer Dally Potter Brylee Price Haiden Bledsoe Leif Summers Jordan Christensen Lucy Stanton Nadine Stotts Kater Duran Dayton Lovell Austin Lovell Linda Cordova Aubrey Bryan-Summers 4-H Council Meetings every third Tuesday of the month at 6:30pm. Located at WWCC Room # 1309.

4-H Horse Development Committee Meetings every second Thursday of the month at 6:30pm. Located at WWCC Room #1309

Project Hope Community 4-H Meetings the first Monday of the month

#### **CLUB & PROJECT LEADERS**

There is always space in the Clover Chats for important information you would like to share with all 4-Hers. So if you have an activity, event or community service opportunity, ect. Coming up please send us an email to

<u>mjohn157@uwyo.edu</u> with the information/contact and it will be included. Emails can also be dent out to everyone, especially if the date conflicts with the production of the newsletter.

### **New Online Portfolio Record Books**

#### Wyoming 4-H has launched its online 4-H Record Book through zSuite!

4-H families can create an account and track all their kids' 4-H record books online, realtime, and saved. Similar content is still there as in previous portfolios, but you'll be able to easily add, track, delete, copy, paste and even print them out whenever you want without losing data.

**Go get started at** - <u>http://4h.zsuite.org/</u> One great feature that will be available soon is the ability for 4-H club leaders to see (not edit) the record books of their members.

zSuite is Wyoming 4-H's record keeping system. You UW 4-H Educator is working with your county volunteers on any changes this might make for your county. Previous Adobe files used and found on our website will be removed.

# Craft & Paint Party

March 10th WWCC Room # 1309 6:00 pm Space is Limited RSVP to the Extension Office by March 9th 307-352-6775 mjohn157@uwyo.edu

Open to all current 4-H Youth and Cloverbud members

### Sweetwater County 4-H Horse Committee

Would like to welcome any Intermediate and Senior kids to join us

for our Working Cow Clinic. We have invited Gary Cooper to

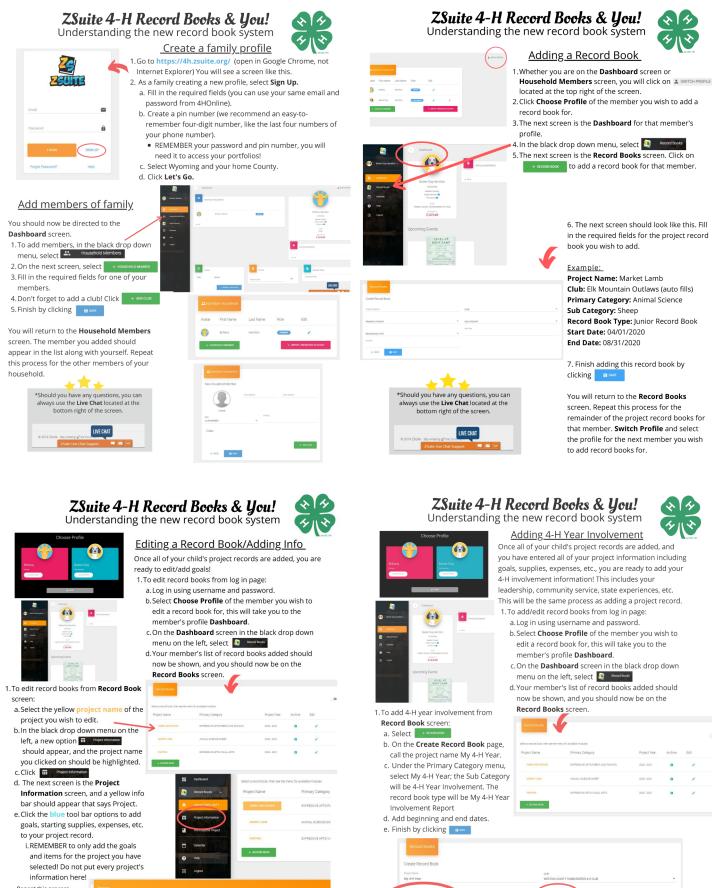


teach the class!

Clinic will be March 28, 2020 at 8:00 am at the Sweetwater Events Complex.

Please RSVP Candi Folks by February 29, 2020 at 307-922-2344

Lunch will be served!



Repeat this process for all individual

project record books for each member.

\*Note: To return to edit the other project records for the member, click **A Level Wated Lands** in the black drop down menu on the left of the screen. Select the next project to edit from the list, make sure it is highlighted in **yellow**, and click **m Prost Manager** 

€ 840

#### **ZSuite 4-H Record Books & You!** Understanding the new record book system

#### Adding 4-H Year Involvement Cont.

Once you have added My 4-H Year to your projects, you may add your 4-H involvement information, including community service, leadership, etc.
 To add information to your 4-H Year, select the yellow My 4-H Year button from the projects list. In the black drop-down screen to the left, you will see a new option called set of the yellow.



- The next screen should look like this.
  a. Select any of the blue tool bar options to add community service, 4-H leadership, 4-H awards, etc.
- b. The format will be similar to the old online portfolios.
- c. REMEMBER to **Switch Profile** if you have more than one member and repeat this process to add 4-H Year Involvement.

records for the member, click a now water in the black drop down menu on the left of the screen. Select the next project to edit from the list, make sure it is highlighted in yellow, and click representation



#### ZSuite 4-H Record Books & You!

Understanding the new record book system



Downloading/Submitting Project Record After you have entered all of your project information for each project and have completed your 4-H year involvement, you are ready to submit/download/print your record books! 1. To submit/download/print record books from log in page: a.Log in using username and password. b. Select Choose Profile of the member you wish to print a record book for, this will take you to the member's profile Dashboard. c.On the **Dashboard** screen in the black drop down Z16540 menu on the left, select 🝳 Record Books d.Your member's list of record books added should now be shown, and you should now be on the Record Books screen.

1. From the Record Books Screen:

- a.Select the project you wish to download/print/submit, make sure it is highlighted in yellow.
- b. In the black drop-down menu to the left, select **B Protocombase** c. You can review the record book, and if there are no changes to be made, download/print/or submit that file.
- d. Repeat this process for all other record books and 4-H
- involvement for each member when it is time to turn them in or if you would like them saved to your computer.







(more information online at: http://uwyo.edu/4-h/)

#### WOOL JUDGING - April 24, 2020

The 2020 Wyoming 4-H Wool Judging Contest will take place in Laramie on Friday, April 24th at the University of Wyoming Wool Barn. Contest rules and eligibility can be found at the link provided below. <a href="http://www.uwyo.edu/4-h/opportunities/state-contests/wool-judging/index.html">http://www.uwyo.edu/4-h/opportunities/state-contests/wool-judging/index.html</a>

#### MEAT JUDGING - April 25, 2020

The 2020 Wyoming 4-H Meats Judging Contest will take place in Laramie on Saturday, April 25th in the University of Wyoming Meat Lab. Current contest information including rules and eligibility can be found at the link provided below. <u>http://www.uwyo.edu/4-h/opportunities/state-contests/meat-judging/index.html</u>

#### SHOWCASE SHOWDOWN - June 16 - 18, 2020

Laramie, WY http://www.uwyo.edu/4-h/opportunities/state-contests/showcase-showdown/index.html

#### WYOMING STATE SHOOT - July 9- 12, 2020

Douglas, WY http://www.uwyo.edu/4-h/opportunities/state-contests/state-shoot/index.html

#### WYOMING STATE FAIR - August 11-15, 2020

Wyoming State Fairgrounds in Douglas, WY http://www.uwyo.edu/4-h/opportunities/state-contests/state-fair/index.html













# VIW Wysming 4-H 2020 Volunteer Training Series

All trainings will be done via Zoom, and online learning classroom and run from 6:30—7:30 pm.

#### Utilize Club Officers—January 27, 2020

Your 4-H officers are a great asset to your 4-H club. As a 4-H volunteer or parent it is important to understand the role of an officer team and how to give them the power to create engaging and fun club meetings. In this workshop find out more about the duties of each officer and how you can work with them to lead great meetings.

#### Do Robert's Rules Really Create Order - February 24, 2020

Most 4-H Clubs use the traditional method of Robert's Rules of Order to conduct business meetings. Robert's Rules of Order can often be confusing and are not used properly in many 4-H clubs. Join this workshop to find out more about how to best modify the decision making process in your 4-H club to help members understand the process of what they are doing and why they are doing it. This workshop will look at alternative decision making methods including how to use a simplified version of Robert's Rules of Order.

#### Retain Your Membership—March 23, 2020

The Wyoming 4-H program has been part of multi–state retention study for the past four years. Our highest loss of members are first and second year members. Join us for this workshop to find out what the data from the study says. We will discuss why member leave and what we can do as volunteers to keep members coming back and engaging in the 4-H program. If you are a newer volunteer or parent please join us to create the future of our program by helping us to develop a working dialogue of what new members need to stay active and involved.

#### Record Books and Recognition—April 27, 2020

We are using a new online Record Book for 2019-2020. During this workshop we will take a look at how the new online Record Book works and how to use it. We will also look at the National 4-H Recognition Model and how 4-H clubs and county programs can provide different types of recognition for all youth involved.

A link to participate in the meetings above will be sent to your 4-H online e-mail account one week prior to the meeting. If you are unable to access the link or a computer,

please contact your local 4-H Educator to talk about option. Hope to see you there

#### University of Wyoming





CHANGING THE FUTURE OF YOUTH SHOOTING SPORTS





#### Warren Crawford

Youth Development Specialist

University of Wyoming Extension

College of Agriculture and Natural Resources

1000 East University Ave. Dept. 3354

Laramie, WY 82071

(307) 766-5170

crawford@uwyo.edu

# 2020 4-H Shooting Sports Leader Certifications

The Shooting Sports Training Team will be coming to a county near you! If you are a new shooting sports leader or have reached five years since your last certification, plan to attend one of these certification/training opportunities.

#### **Southeast Area**

- Laramie County, Cheyenne
- Dates February 15-16, 2020
- Registration link: <u>https://bit.ly/37FwPta</u>

#### **Central Area**

- Converse County, Douglas
- Dates April 18-19, 2020
- Registration link: <u>https://bit.ly/2FsxXnZ</u>

#### **Northwest Area**

- Big Horn County, Basin
- Dates March 7-8, 2020
- Registration link: <u>https://bit.ly/2SZGu9V</u>

#### **Southwest Area**

- Uinta County, Lyman
- Dates March 21-22, 2020
- Registration link: <u>https://bit.ly/37DT1E6</u>

#### **Northeast Area**

- Johnson County, Buffalo
- Dates April 4-5, 2020
- Registration link: <u>https://bit.ly/2ZZ9Dn4</u>

You can register using the links above or visit the Wyoming 4-H webpage at: http://www.uwyo.edu/4-h/ then select "Volunteers" and "Additional Trainings."

#### SELECTING YOUR NEXT **MARKET GOAT**

#### **MARCH 3, 2020** 7:00 p.m.

**Ryan Page** from Page Livestock will sharing his perspective on selecting a prospect goat.

UNIVERSITY WYOMING EXTENSION

#### **SELECTING YOUR NEXT** MARKET LAMBS

#### **FEBRUARY 27, 2020** 7:00 p.m.

Joe Hobbs from Hobbs Show Lambs will sharing his perspective on selecting a prospect lamb.

# And the factor

#### Selection "From the eyes 🕫 of a producer"

Livestock

#### SELECTING YOUR NEXT **MARKET PIG**

**MARCH 5, 2020** 7:00 p.m.

**Dusty Cain** from Cain Super Sires will sharing his perspective on selecting a prospect pig.



These free workshops will be

delivered via zoom. Register at:

https://wyoming4h.formstack.com/forms/

Introduction to Horse Hippology

https://wyoming4h.formstack.com/forms/horse\_hippology

March 16, 2020

6:30 p.m.

via zoom

\* 4

4114

Come learn about the Wyoming

4-H State Horse Hippology

Contest. What can you do in the

upcoming months to prepare for this event? Youth, volunteers,

educators and parents are

encouraged to attend.

For questions contact: Dawn Sanchez (307) 799-8780 or Brittany Hamilton (307) 746-3531.

#### ANY 4-H Member Is Invited to Attend Any or All Online Learning Sessions!





Save the Dates For some FUN new learning

opportunities that you can take advantage of from home!

### Family and Consumer **Science Series**

**Register here:** https://wyoming4h.formstack.com/forms/fcs



For more Information Contact: Dawn Sanchez 307-799-8780



#### **FCS** Series 7:00 p.m. via zoom

- Feb. 6 Textiles Water Marbling
- Feb. 18- Personal Finances
- March 2 Needs Vs. Wants-
- March 12 Textiles Putting in a Zipper

#### Wyoming 4-H **Sanctioned Livestock Judging Contests**

Wyoming 4-H is proud to offer the 4th annual 307 Livestock Judging Series.

March 28

May 2 May 7-9

May 23

May 30

June 4

June 5

June 13

July 10

August 2

WYOMING \*

INESTO

June 22-24

TBD

#### CONTESTS

Casper College Eastern Wyoming College IMJT Big Horn County Sweetwater County Washakie County Crook County UW Camp Sublette County Casper College Camp Natrona County	
Natrona County Sheridan County	

The judging series is designed to increase participation in state-wide judging contests by awarding scholarships and awards to the top 5 scoring Seniors and awards to the top 5 Intermediates, and top 3 Juniors at the end of the year. To qualify, contestants must compete in a minimum of THREE eligible contests and the State 4-H Contest. See rules for complete details.

Register for a contest here: <u>https://wyoming4h.formstack.com/forms/307livestockjudging</u> Note camps have their own registration.

For more information about the 307 judging series contact: Caleb Boardman Dawn Sanchez (307) 799-8780 dawns@uwyo.edu (307) 766 - 2159

(307) 250 - 2298 Caleb.Boardman@uwyo.edu

**EXTENSION** 

NUW



For contest information and up-to-date standings for the: 307 judging series go to: http://wyoming4h.org/animalopps/307-series/

rst Northern Ban



### INTERMOUNTAIN LIVESTOCK **JUDGES TRAINING**



MAY 7-9, 2020 SPANISH FORK, UTAH

More Information to Come Features youth & adult tracks

**SAVE THE** DATE

For questions or to be added to email list: Dawn Sanchez Dawns@uwyo.edu ~ 307-799-8780

SAVE THE DATE! Platte County 4-H Presents:

SOUTHEAST AREA HORSE QUIZ BOWL & HIPPOLOGY CONTEST

April 25, 2020 Platte County Fairgrounds More information to come!







# Hosted by Burma Nite Riders 4-H Club

### April 19, 2020



#### 1:00 pm Sale

18 - 21 lambs sell first, 12 - 15 pigs following no earlier than 2:00 pm.

#### **Central Wyoming College** Equine Center

875 Gasser Rd, Riverton, WY

#### Auctioneer: Brandon Haun

# Lamb Consignors:

Freeman Club Lambs - Cheyenne, WY Griffith Club Lambs - Riverton, WY Lee Club Lambs - Baggs, WY Small Town Sheep Co - Riverton, WY Triple G Club Lambs - Casper, WY Witzel Club Lambs - Riverton, WY

# Pig Consignors:

Crichton Show Pigs - Riverton, WY Custis Show Pigs - Saratoga, WY Neil Show Pigs - Riverton, WY Sekutera Bros Livestock - Loup City, NE

More consignors being added.

# Brand inspector onsite Lunch and concessions will be available!

### **Travel Opportunities**

#### NATIONAL 4-H CONFERENCE - April 6 - 11, 2020

#### General registration due Friday, January 3, 2020

National 4-H Conference is held in Washington D.C. and because it is the U.S. Secretary of Agriculture's premiere youth development opportunity, young people assist in the development of recommendations to help guide 4-H Youth Development programs nationally and in their communities. This is a working conference and delegates prepare in advance, attend workshops and develop recommendations during the conference, and, afterwards report accomplishments to the USDA they have achieved as a result of the conference. Youth delegates selected to represent Wyoming 4-H are selected through an application and interview process. Members selected to attend may be awarded funding through the Wyoming State 4-H Foundation.

https:// 4-h.org/parents/national-4-h-conference/

#### CITIZENSHIP WASHINGTON FOCUS - June 20 - 27, 2020

#### Registration Deadlne March 15, 2020

Citizenship Washington Focus (CWF) is held each June. Delegates will learn about the democratic process, meet new people, see the sights of Washington D.C., meet Wyoming's U.S. Congressional Representatives, and experience our national government from a new perspective. This trip features tours and several nighttime events. Be ready to have a good time! There is not an application process – simply contact your local County 4-H Educator and let him/her know you would like to attend. The cost of the trip is approximately \$1400 - 1600 per person. Some donor funds are available through the Wyoming State 4-H Foundation depending on the year.

https://4-h.org/parents/citizenship-washington-focus/

#### LEADERSHIP WASHINGTON FOCUS - July 27 - 30, 2020

#### **Registration Deadline March 15, 2020**

Leadership Washington Focus (LWF) is a 4-H leadership program for youth entering grades 7 through 9. The program will take place at the National 4-H Youth Conference Center, just 1 mile from the Washington, D.C. border. For more than 50 years, thousands of 4-H'ers have participated in our high school program, Citizenship Washington Focus and now we are happy to introduce its precursor for middle school 4-H'ers, LWF. Middle school 4-H delegates will:

- Build confidence in their ability to motivate and direct others in meaningful action
- Practice effective communication with others through group discussion and public speaking
- Work with others to create and accomplish goals
- Develop an understanding of their own personal leadership style
- Exchange ideas, practice respect, and form friendships with other 4-H'ersfrom across the nation.
- Experience hands-on learning using the historical backdrop of Washington, D.C.

The cost of the trip is approximately \$625 per student/adult leader/chaperone

https://4-h.org/parents/leadership-washington-focus/

#### INTERNATIONAL

Come explore the world with usl You can experience the rich history and culture **Finland.** The International 4-H Exchange Programs are designed to advance cultural understanding, prepare youth leaders to become responsible citizens, spark an interest in learning about foreign cultures, and develop a cadre of Americans with cultural understanding who can advance international dialogue and compete effectively in the global economy. Current members of the Wyoming 4-H program (14-19 years of age) are eligible to participate. Members must have an interest in traveling internationally, learning about different cultures, and living with a host family. Applications are due January 15, 2020 <a href="https://wyoming4h.formstack.com/forms/4h">https://wyoming4h.formstack.com/forms/4h</a> exchange

15

Eat Better for Less!

# Join the Cent\$ible Nutrition Program

Save money and time at the grocery store, cook healthier meals faster, and stretch your food dollars. Join our free\* cooking and nutrition classes!

#### Day & Time

#### WEDNESDAYS

FEBRUARY 5TH-MARCH 11TH

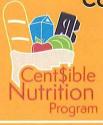
11:00AM-12Noon

#### **Class Location**

ROCK SPRINGS LIBRARY

400 C STREET

#### **Contact WENDY for more information!**



College of Agriculture and Natural Resources Extension

\* Must income qualify to participate

This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP. This institution is an equal opportunity provider. This material was funded by USDA's Expanded Food and Nutrition Education Program - EFNEP. USDA is an equal opportunity provider and employer

The University of Wyoming

### MASTER GARDENER COURSE Starting Spring 2020 Location: WWCC Rock Springs Campus

The Master Gardener Course Offers Training In:

• Gardening

Contract of the

- Plant, Pest & Weed Identification
- Plant Problems & Solutions
- Lawn Care
- Trees
- Other Horticultural Issues

There are many advantages to completing a Master Gardener Class. Not only will you receive valuable information on horticulture and gardening, you will meet new friends and develop associations with skilled individuals who share your interest.

The Master Gardener course is offered by the University of Wyoming Extension in Sweetwater County. Classes will be taught by Master Gardeners and experts from the University of Wyoming. The \$100 fee for the class covers the textbook, materials, and additional literature. \$25 discount for senior citizens age 60+.

For more information contact the University of Wyoming Extension office at 307-352-6775.

Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Glen Whipple, director, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071.

Persons seeking admission, employment, or access to programs of the University of Wyoming shall be considered without regard to race, color, religion, sex, national origin, disability, age, political belief, veteran status, sexual orientation, and marital or familial status. Persons with disabilities who require alternative means for communication or program information (Braille, large print, audiotape, etc.) should contact their local UW Extension office. To file a complaint, write to the UW Employment Practices/Affirmative Action Office, University of Wyoming, Department 3434, 1000 E. University Avenue, Laramie, WY 82071.



# March 2020

Wed

Thu

Fri

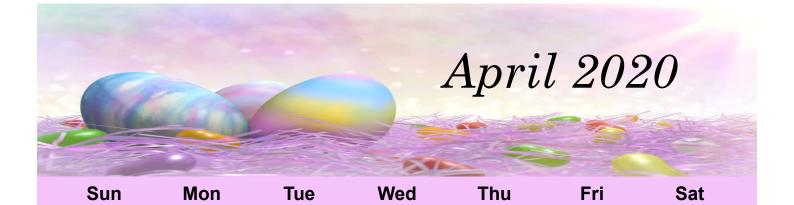
Sat

Sun

Mon

Tue

1 4-H Youth Lead- erhship Applica- tions Deadline	2 FCS Series - Neeeds VS. Wants (see pg. 12)	3 Selecting Your Next Market Goat (see pg. 12)	4	5 Selecting Your Next Market Pig (see pg. 12)	6	7 Northwest Area Shooting Sports Leader Certifica- tions (see pg. 11)
8 Northwest Area Shooting Sports Leader Certifica- tions (see pg. 11)	<b>9</b> Livestock Auction Committee Meet- ing 6:30 pm @ WWCC Room #1309	<b>10</b> Craft & Paint Party 6:00 pm @ WWCC Room # 1309	<b>11</b> Horse Development Committee Meeting 6:30 pm @ WWCC Room #1309 FCS Series - Textiles (see pg. 12)	12	13	14
<b>15</b> CWF & LWF Registration Deadline	<b>16</b> Horse Hippology (see pg. 12)	17 4-H Council Meeting 6:30 pm @ WWCC Room # 1309	18	19	20	21 Southwest Area Shooting Sports Leader Certifica- tions (see pg. 11)
22 Southwest Area Shooting Sports Leader Certifica- tions (see pg. 11)	23 Volunteer Train- ing Series (see pg. 10)	24 Fairboard Meet- ing 7:00 pm	25	26	27	28 Working Cow Horse Clinic (see pg. 6) 307 Livestock Judg- ing - Casper College (see pg. 13)
29	30	31				



			1	2	3	<b>4</b> Northeast Area Shooting Sports Certifications (see pg. 11)
5 Northeast Area Shooting Sports Certifications (see pg. 11)	6 National 4-H Conference	7	8	<b>9</b> Horse Develop- ment Committee Meeting 6:30 pm @ WWCC Room # 1309	10 Extension Office Closed	11
12	<b>13</b> Livestock Auction Committee Meet- ing 6:30 pm @ WWCC Room # 1309	14 Craft & Paint Party 6:00 pm @ WWCC Room # 1309	15	16	17	18 Central Area Shooting Sports Certifications (see pg. 11)
<b>19</b> Central Area Shooting Sports Certifications (see pg. 11)	20	21 4-H Council Meeting 6:30 pm @ WWCC Room # 1309	22	23	24 Wool Judging (see pg. 9)	25 Southeast Area Horse Quiz Bowl & Hippology Contest (see pg. 13) Meat Judging (see pg. 9)
26	27 Volunteer Train- ing Series (see pg. 10)	28 Fairboard Meet- ing 7:00 pm	29	30		



Sweetwater County Office

2500 College Drive

Rock Springs, WY 82901

307-352-6775

mgiffor2@uwyo.edu

**RETURN SERVICE REQUESTED** 

PRESORT STANDARD US POSTAGE PAID Rock Springs, WY PERMIT # 2

## UNIVERSITY OF WYOMING EXTENSION



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