



the
**CLOVER
CHATS**

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SPECIAL POINTS OF INTEREST

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**University of Wyoming Extension
Sweetwater County
307-352-6775**

**2500 College Drive, A-700
Room #2011
Rock Springs, WY 82901**

Hours

Monday - Friday
8:00 am - 5:00 pm
(Closed during the noon
lunch hour)

Marty Henry

UW Extension Educator
4-H/Youth Development
mgiffor2@uwyo.edu
(307)350-7735 (work cell)

Amanda Romero

Horticulture Assistant
abramwe2@uwyo.edu
(307)350-8243 (work cell)

Wendy Neilson

Cent\$ible Nutrition
wnielson@uwyo.edu
(307)350-5092 (work cell)

Tracy Meats

Administrative Assistant
tmeats@uwyo.edu
(307)350-5098 (work cell)

State 4-H Website: <http://www.uwyo.edu/4-h/>

4-H Enrollment: <https://4h.zsuite.org>

Sweetwater Co. Extension: <https://wyoextension.org/sweetwatercounty/>

Sweetwater County 4-H Facebook: <https://www.facebook.com/SWCO4H/>

May Birthdays

Nonie Gines

Randall Hamilton

Travis Baker

Bryndalynn Abbott

Sarah Baker

Kole Johnson

Aimee Robb

Myleah Swanson

Addisyn Potter

Rayan Cordova

Cash Butcher

Ryley Cordova

Drew Eaton

Ava Oliver

Addison Eaton

Konner Evans

Alexandria Robinson

Sloane Dorman

Kroy Nacey

Zoe Thompson

Haylee Boodleman

Josie Jepps

Jessie Horn

Makynli Potter

Jaxon Evans

Steven Turner

Kyleigh Frazier

Madison McKinney

Charlie Searle

Ocean Bosh

Gunner Brown

McKinlee Maser

LEADERS

Your Club Charter Renewal, Secretary Book and Treasurer Book were due to the Extension Office on November 14th. Please get them turned in ASAP! The packet containing this paperwork was mailed out to the main club leaders.

Horse Safety Certification/ Ownership Deadline

All Horses (owned or leased) need to be safety certified by July 1st. Safety Certifications are required for each horse that a member plans to compete with in the Sweetwater County Fair Youth Horse Show. See page 16 for dates. hww.uwyo.edu/4-h/projects/_files/horse/horse-id-safety.pdf.

Dog ID's Due

All members planning to show a dog at County Fair must complete an ID Form and turn in current vaccination records by May 1st. No late forms will be accepted. Forms may be picked up at the Extension Office or online at: <https://www.wyoextension.org/sweetwatercounty/wp-content/uploads/2019/05/Dog-ID.pdf>

4-H Scholarships

***Shooting Sports Scholarship - due May 1st**

Tagging Deadline

Swine, Sheep, and Goat Ownership/ Tagging Deadline is June 1st. Animal information and pictures will need to be uploaded to ZSuites by 4-H Member by the June 1st deadline. All member accounts must be active and paid before tags are released. Tagging Event for all sheep, swine and goats - May 30th, 4pm to 7pm at the Events Complex.

Ownership Certificates

Breeding Ownership certificates are due to the Extension Office by June 1st (this includes poultry and rabbits). Ownership certificates can be found at <https://www.wyoextension.org/sweetwatercounty/4h-youth-development/livestock-ownership-certificates/>.

Wyoming State & Regional Events

(more information online at: <http://uwyo.edu/4-h/>)

Livestock Judging Contests: There are back to back contests being held in Cheyenne and Torrington on May 19th and May 20th. Register on the same link for both contests, <https://bit.ly/LivestockJudgingContests>

Meats Judging Contest: The 2023 Wyoming 4-H Meats Judging Contest will take place in Laramie on Saturday, April 29th, at the UW Meats Lab. Current contest information including rules and eligibility can be found on the state's website.

Sweetwater County 4-H Livestock Judging Contest: Save the date, June 15th at the Events Complex, more details to come soon.

Showcase Showdown: June 20 – 22, 2023 in Laramie. Showcase Showdown offers an opportunity for youth to explore various industries through contests and workshops. The event takes place at the University of Wyoming. Youth can participate in contests, workshops, tours and activities over the course of three days. There are also two award ceremonies that recognize youth for their efforts.

Unita County 4-H Camp: Save the date, June 27th through June 30th. Register by June 1st in ZSuites and pay your local extension for camp fees.

Wyoming State Shoot: The 2023 Wyoming 4-H State Shoot is scheduled to be held in Douglas, Wyoming July 6 - 9, 2023.

Sweetwater County 4-H Livestock/FFA Jackpot Show: Save the date July 8th and 9th at the Events Complex, more details to come soon.

Wyoming State Fair: The Wyoming State Fair is an opportunity for 4-H members to exhibit their projects and demonstrate what they have learned. The 2023 WSF dates will be August 14 - 20, 2023.

National 4-H Congress: Save the date, November 24 - 28th in Atlanta, GA. Registration will open end of June/ beginning of July. This is the US Secretary of Agriculture's premiere youth development opportunity. Young people assist in the development recommendations to help 4-H Youth Development programs nationally and in their communities. All Wyoming 4-H members age 14 (as of January 1st) and older are eligible to apply.

Sweetwater County Hotdoggers Fun Match



Date: May 6, 2023

Time: 10 a.m. until finished

Where: Sweetwater Events Complex - Small Hall and grassy area

Pre-entry Registration: Postmarked by April 24 (\$3/class per dog)

Day of Show Registration: 8-9:30 a.m. (\$5/class per dog)

Classes Available: Agility**, Conformation, Obedience, Rally*, Showmanship

Showmanship Age Categories: Pee-Wee (4-7 years old)

Junior (8-10 years old)

Intermediate (11-13 years old)

Senior (14-18 years old)

Adult (19 and up)



The Hotdogger's 4-H Dog Club would like to invite everyone in Sweetwater County to our upcoming Fun Match. Whether you are in 4-H, interested in joining 4-H, or just want to come out for a day of fun, you are welcome and so are your furry (dog) friends. Help support our club by coming out for a day of fun and showing off your dog's skills. All registration fees will go back into the club to help purchase any necessary supplies and equipment. All fees are non-refundable, cash or check accepted.

Concessions will be on site in the Indoor Arena.

Please bring your own seating and shade. Contact Monica Thompson at 307-389-2015 to receive a registration form.

*Weather permitting

** All dogs competing in agility MUST be at least 12 months of age for the physical safety of the dog(s).





MAKE A DIFFERENCE, VOLUNTEER TO HELP YOUTH IN THE WYOMING 4-H PROGRAM.

We have a position for your time, your talents, and your abilities.

5 easy steps to change the future of youth!

1

Enroll in ZSuite.

Does your family have a Zsuite profile?

N

Y

Create a profile at:
4h.zsuite.org

Add a new
family
member

2

Complete a training on working
with youth in 4-H

3

Complete a background check and a driving records check.

4

Meet with our local 4-H Educator.

5

Get started



Give us a call
307-766-5170



Send us an e-mail
4h@uwyo.edu



UW | Wyoming 4-H

ZSuite 4-H Record Books & You!

Filling out your record book



Why complete a record book?



- Responsible Record Keeping
- To see where you've been , so you can decide where you're going
- Gives you a place to start with projects
- Head start on how to keep records
- Scholarships
- Gives accurate record of what you've learned
- Resumes
- Job Applications
- Fun to see how far you've come over the years!



Don't Wait!

Portfolios can be time consuming. It's best not to wait until the last minute. Update information as it is happening.

Jan/Feb Clover Chats included information on setting goals, recording your expenses and income and providing your project summary. In March we shared the 4-H Involvement Section of your record book, starting with awards & recognition and 4-H Leadership. In April, we shared information on 4-H involvement (community service, 4-H participation, and your 4-H story).



ZSuite 4-H Record Books & You!

Filling out your record book



4-H Involvement

My 4-H Year Involvement!

This is where you will enter any data about your 4-H Year such as Awards, Leadership, and any other option you see below. Click on the name and then enter date in the menu that opens up!

4-H AWARDS & RECOGNITION

4-H LEADERSHIP

4-H COMMUNITY SERVICE

4-H PARTICIPATION

MY 4-H STORY

PICTURES & CLIPPINGS

OTHER PARTICIPATION

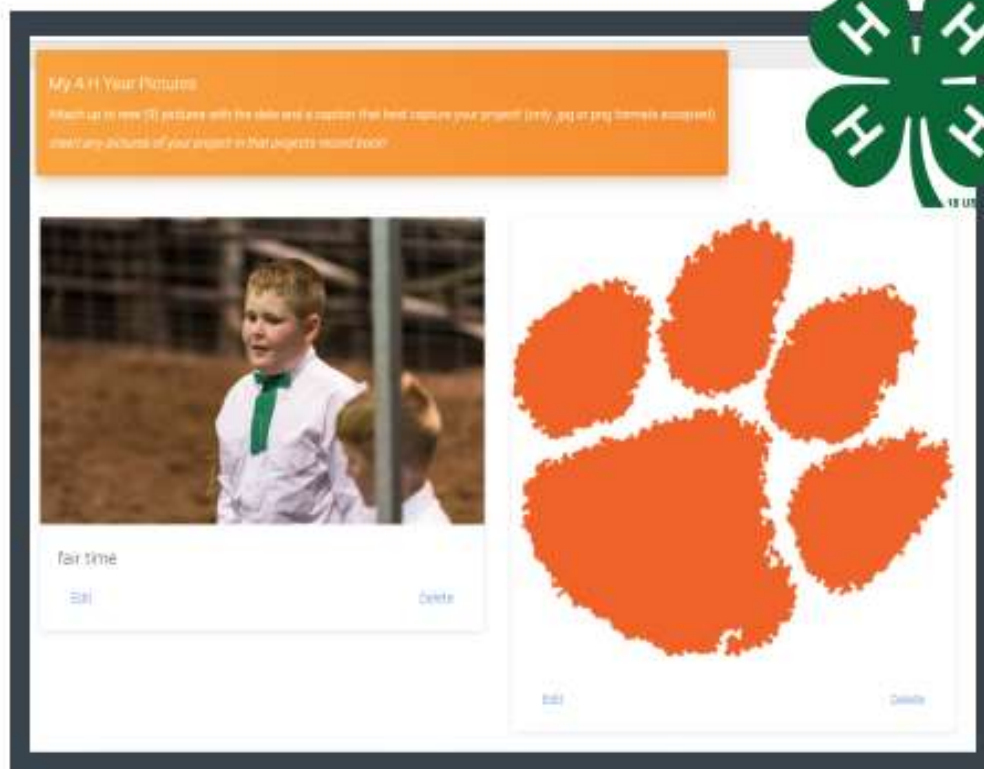
4-H Involvement • Photos & News Clippings

DO:

- Use Action shots- let's see you working with your animal or creating a project!
- Add Captions-What's happening?
- Use Newspaper Clippings
- Make sure to date and caption all photos

DONT:

- Use only photos from Fair
- Use only posed shots
- Treat these two pages like a scrapbook





ZSuite 4-H Record Books & You!

Filling out your record book



4-H Involvement

My 4-H Year Involvement

This is where you will enter any data about your 4-H Year such as awards, Leadership, and any other option you see below. Click on the name and then enter data in the menu that opens up!

4-H AWARDS & RECOGNITION

4-H LEADERSHIP

4-H COMMUNITY SERVICE

4-H PARTICIPATION

MY 4-H STORY

PICTURES & CLIPPINGS

OTHER PARTICIPATION

4-H Involvement • Other Participation

On-Going – Add to it each year!

- Information about participation in any organization outside of 4-H can be entered here.
- Include organization name and applicable information:
 - Leadership role
 - Community service
 - Awards

Date of Participation	Description of Participation	Participation Type	Edit
12/5/2019	This is a test phrase	Awards	

If you need help with your record book or have questions, you can always call your Extension Office with questions, 307-352-6775. To watch a video for support, please visit <https://www.youtube.com/watch?v=VaiTHJWZvfl>.



WYOMING ACHIEVEMENT PROGRAM AND 4-H HONORS CLUB



ACHIEVEMENT AWARDS

In addition to awards for competitions, participation recognition, or project ribbons at the county or state fair, Wyoming 4-H has an annual recognition of youth based on the extent of their 4-H involvement during the entire 4-H program year. Each year youth can be recognized a Green, Silver or Gold member at the county level and receive a medallion sticker to add to their 4-H Certificate of Achievement.

• **TO ACHIEVE GREEN**

- The member has turned in all the required enrollment materials
- has behaved in an appropriate manner at all 4-H activities, events, and meetings
- is enrolled in at least one project
- and is enrolled in at least one club
- Green members do not earn any achievement points towards the Honors Club

• **TO ACHIEVE SILVER**

- The Member meets criteria for Green, AND...
 - The Member has exhibited what they have learned at some point during the current 4-H year with others.
 - Member provides documentation of setting goals, knowledge/skills gained, and participation in a project via the 4-H Record book
- Silver members earn one point for the Honors Club

• **TO ACHIEVE GOLD**

- Member meets criteria for Silver, AND...
 - Member provides documentation in all essential elements of positive youth development via the 4-H Record book
- Gold members earn three points for the Honors Club

HONORS CLUB

The ultimate achievement that a 4-H member can obtain is inclusion in the Wyoming 4-H Honors Club. It is based on the principle of recognition for youth that maximize their opportunities to foster the elements of positive youth development which are belonging, independence, generosity, and mastery over multiple years of engagement. Nineteen (19) points must be accumulated from annual recognition points earned. Honor's club inductees are given special recognition that includes an exclusive UW Cowboy Clover tie/lapel pin or necklace/bracelet charm, and a \$500 travel scholarship.

The travel scholarship can be used towards the international trips, National 4-H Congress in Atlanta, National 4-H Conference, Citizenship Washington Focus or Leadership Washington Focus in Washington DC, Western National Roundup in Denver, awards trips for the various judging programs or Fabric and Fashion awards trips.



Wyoming State 4-H Foundation
15th Annual Boulder Big Draw
Saturday, June 17, 2023
Fremont Butte Ranch
OPEN TO ANY ADULT OR YOUTH
514 Highway 335-Boulder, Wyoming
Turn East on Highway 335 at the Boulder State and follow signs

Shoot 40 Rinehart targets and never see the same one twice!
fun challenges and great raffle items available

SPONSORSHIP
Stations at the shoot can be sponsored for \$25 each and your name/logo will be displayed!
**YES! I would like to be a station sponsor! My check for \$25 is included!*

REGISTRATION Entries can be made before the shoot as well as at the event.
Entry Fees: Family-\$25 Adults-\$10 Youth (12 and under) \$10

Name: _____ Phone: _____
Address: _____ Email: _____
T-shirt size: S M L XL XXL

Drawings: (please circle one)
Men's: Release Fingers/Traditional
Women's: Release Fingers/Traditional
Youth Senior (12-18): Open
Youth Junior (12 & under): Open

Awards will be presented to 1st through 3rd place in each division.

Send your registration and a check payable to:
Wyoming State 4-H Foundation
Steve Mack, Director
1000 E. University Ave., Dept. 3254
Laramie, WY 82071

QUESTIONS?
Steve Mack, Director
Email: smack@wyo4h.edu
Greg Schamber, Board Member 207.260.7505
Email: greg.schamber@wyo4h.org

EVENT SPONSOR - RINEHART TARGETS
Course Information
The course will open at 8:00 a.m. and close at 12:00 p.m. Four people will rotate to each of the 40 stations together, you should allow two hours to complete the shoot.
For Camping information contact Greg Schamber at 380.7505

Park County
Show Clinic
JUNE 23RD, 2023



Come improve showmanship techniques and training PLUS inside tips on nutrition, exercise, and daily care!

Limited Spots Available
Lunch Included

\$50 • Register By June 15th

For more information contact
Park County 4H: 307.754.8836

WY | Wyoming 4-H

2023 Rabbit Clinic

Clinics start @ 9AM, Location: ARLC Building
Sign up at : <https://www.facebook.com/oil-city-thumpers-398801110535193/>

- **January 14, 2023:** Rabbit Housing & Feeding- Casper Room
- **February 11, 2023:** Meat Pens- Midwest/Edgerton Room
- **March 18, 2023:** Committee Meeting- Mills/Evansville Room
- **April 15, 2023:** Breed ID, Breed Tattoo, Showmanship, ID Forms Clinic- Casper Room. **Bring your healthy, clean rabbits and carpet square**
- **April 26, 2023:** Tattoo Clinic – Time TBD PIC
- **May 14, 2023:** Getting ready for Fair – Fair Prep- Mills/Evansville Room
o No Rabbits needed.
- **June 3, 2023:** Mandatory Meat Pen Tattoo Clinic/Mock Show- Casper Room
o We will have separate areas set-up for showmanship. Please make sure your rabbits are clean and healthy. We also ask you to dress like you will for the show at fair and bring a clean carpet square for showmanship.
We will only be offering two tattoo clinics this year.
Please plan accordingly.

CITIZENSHIP WASHINGTON FOCUS



JUNE 10 - 16, 2023



ABOUT CWF

Experience Washington D.C and connect with other young leaders while getting hands on experience to become representatives of change.

DETAILS

- Estimated cost is \$2250 per person, with scholarships available.
- Open to youth 14 and Older.
- Apply by March 17, 2023 at <http://wyoming4h.formstack.com/forms/cwf>

Visit the Opportunities section on the state 4-H website for more detail or contact your County Educator with any questions.

ALBANY COUNTY 4-H Horse Show Series

Series 18-Point BUCKLES Sponsored by **FULL HOUSE STABLES** Laramie, Wyo.

**May 20th
June 3rd
July 15th**

Discount for Early Entries!!!
Early Entry Deadlines: 5/12, 5/26 & 7/7

This show is open to all 4-H members!

Where: UW Hansen Arena
Office opens at 7:00am, Show starts at 8:30am

Classes offered:

Showmanship	Western Equitation	Judges Command
English, Hunter Under Saddle	Reining	Trail (Potentially- based on number of entries)
English, Hunt Seat Equitation	Western Riding	
Western Pleasure		

Discount for Early Entries!!! If entries are received by the "Early Entry Deadline" (5/12, 5/26, 7/7).
Registration for all classes is \$50. If registering the same day: \$75 for the day.
Age Groups - JR (8-10yrs), INT (11-13yrs) & SR (14-18yrs)

This is an experiential, learning show with the opportunity to walk through each pattern with the judge prior to each class. Additionally, participants will receive a critique sheet at the end of each day offering feedback specific to each class and identifying areas of improvement.

THANK YOU to our BUCKLE sponsor:
FULL HOUSE STABLES
www.FullHouseStables.com
790 Huron Street, Laramie, Wyo
Thanks for the support!

Questions? Contact Sara Crane at 208-670-3328 or email crane.sara@yahoo.com

Participant's name _____ Participant's age _____
Parent's name _____ Email _____
4-H Club/County _____

Make checks payable to: Albany County 4-H
Mail bottom portion and payment to: Albany County 4-H, 3520 S. 3rd St. Suite A, Laramie, WY 82070

Save the Date

REIGNITE

4 - H

NOVEMBER 3 - 5, 2023

Cheyenne, WY

Join 4-H Volunteers for leadership training, project learning and so much more!

WHY ATTEND Showcase Showdown

THE 4-H SIGNATURE EVENT JUNE 20-22, 2023

- 4-H Experiences**
 - Meet new friends and reconnect with 4-H'ers from across Wyoming
 - Have fun at the 4-H Dance
- Workshops and Contests**
 - Try something new, fun and exciting - you may discover a new SPARK
 - Compete in one of the many contests
- UW Campus Experience**
 - Explore all that campus has to offer
 - Stay in the dorms
 - Eat in the cafeteria
 - Take advantage of the State of the Art Half Acre Recreation and Wellness Center

QUESTIONS? Contact your local Extension Office for more details!

UNIVERSITY OF WYOMING EXTENSION

Two Livestock Judgings Back-to-Back

Eastern Wyoming College Saturday ~May 20, 2023

Registration 9:30 a.m.
Contest: 10:00 a.m.

EWC - Agricultural Technology Education Center Building
3401 West C Street in Torrington, WY

Contact: Georgia Younglove (307) 799-5419

Friday May 19, 2023

Laramie County 4-H

Registration 2:00 p.m.
Contest: 2:30 p.m.

LCCC - Ag. Pavilion -1400 E. College Drive, Cheyenne, WY

Contact: Dawn Sanchez (307) 633-4383

Thanks to LCCC Livestock Judging Team for officiating this contest

Each contest will include 4 reasons for seniors, 2 reasons/2 questions for intermediates, 4 questions or 3 questions/1 reason for juniors

Registration Fee - \$15.00 per contest - pay day of contest

Register at: <https://bit.ly/LivestockJudgingContests>



MAY 30TH
@
SWCO
EVENTS
COMPLEX
4PM-7PM

Sweetwater Co. Tagging Day



Sheep & Goat AI Education & Breeding



LEARN ABOUT ARTIFICIAL INSEMINATION

July 14 from
1pm-4pm

GET FEMALES BRED

Between August 7-11

TOPICS INCLUDE

Breeding Nutrition Breeding Selection

AI Protocol & Get Supplies!



John P. Ellbogen Foundation Grant Funded



CONTACT US

Chance Marshall or Amanda Small:
307.332.2363
Kim Fry: kbell10@uwyo.edu
307.682.7281

RSVP open till June 30th! <http://tiny.cc/23sheepgoatai>

307
SOUTH
EAST

CAMPING AND STALLS AVAILABLE
LUNCH PROVIDED

307 SOUTHEAST LIVESTOCK SHOW CLINIC 2023

LEARN FROM INDUSTRY EXPERTS *\$75*
JUNE 5-9, 8:30-4:30 PM

PLATTE COUNTY FAIRGROUNDS, WHEATLAND, WY

Improve showmanship techniques, clipping, and fitting
PLUS all the inside tips on nutrition, exercise, and daily care

REGISTER ONLINE!

contact info:
Platte County 4-H
307-322-3667 or
stacy@uwyo.edu

UW Wyoming 4-H

4-H

PROJECT HOPE TAGGING EVENT MAY 5TH

SWINE

GOAT

SHEEP

PROJECT HOPE BARN | 5PM - 6:30PM

ALL 4-H AND FFA MEMBERS INVITED

2024

Wyoming 4-H
UW EXTENSION

WYOMING 4-H VOLUNTEER SUMMIT

Share Ideas
Workshops
Learning
Networking
Crafting
Food
and FUN!

Mark Your Calendar
September 27-29
Casper, Wyoming

WYOMING 4-H ANIMAL OPPORTUNITIES



<https://wyoming4h.org/opportunities/>



YOU ARE INVITED



SWEETWATER
COUNTY 4-H/FFA
LIVESTOCK JACKPOT

SAVE THE DATE

July 8th and 9th

Sweetwater Events Complex Indoor Arena



SAVE THE DATE!



4-H CAMP

JUNE
27-29

UINTA
COUNTY
YOUTH CAMP

SIGN UP UNDER EVENTS ON Z-SUITE

WE WILL NEED VOLUNTEERS AND CHAPERONES!
PLEASE CONTACT THE EXTENSION OFFICE IF YOU CAN JOIN US.

SAVE THE DATE

JUNE 1-2, 2023

307 Northeast Show Clinic



Beef, Sheep, Swine and Goats
Sundance, Wyoming
registration opens April 1

Ask the Director

6:00 pm
May 9th and June 6th



Courtney Conkle

*Knitting Clinic
Coming Soon*



Stay tuned for details!
Knitting Clinic brought to you by 4-H Educator, Marty Henry



Extension
Sweetwater County

Albany County 4-H invites you to:

It's me or the...



DOG SHOW!!

May 20th, 2023

Albany County Fairgrounds
Laramie, WY
8am-9am Registration
9am Show Time!


Preregistration: \$7 entry per class, \$10 after May 15th
FREE to attend

More information: 307-721-2571

Please bring current health certification

Scan the QR code to register online!
*will need to pay on day of the show



We have so many talented volunteers. Thank you for dedicating your time, energy, and resources in helping our youth, we couldn't do what we do without you! Make sure to thank your favorite 4-H volunteer today!

Sarah Baker

Travis Baker

Brigette Benson

Shay Benard

Dawn Bodin

Lacey Boodleman

Michael Boodleman

Christina Brady

Patty Burton

Shelly Butcher

Joey Duran

Candi Folks

Carl Frandsen

Heidi Frandsen

Brenna Franklin

Mike Freimuth

Matthew Gardner

Nonie Gines

Chris Hamilton

Greer Hodges

Vicki Jenkins

Scott Johnson

Chelsy Lail

Jeremy Loftus

Mitch Maser

Cole Meats

Chris Meats

James Mines

Ashlee Muir

Burgandy O'Brien

Heather Robinson

Sheri Rothlisberger

Nadine Stotts

Andrea Summers

Jessica Taylor

Laurie Thoman

Mickey Thoman

Aimee Thomas

Monica Thompson

Crystal Walker

Kristy Wardell

Rex Wardell

Jim Wasseen

Jo Weaver

Kelly Westerberg

Cloverbud Activity May 2023

(From the Ohio State Extension Office Website)

Hatching Chick Activity

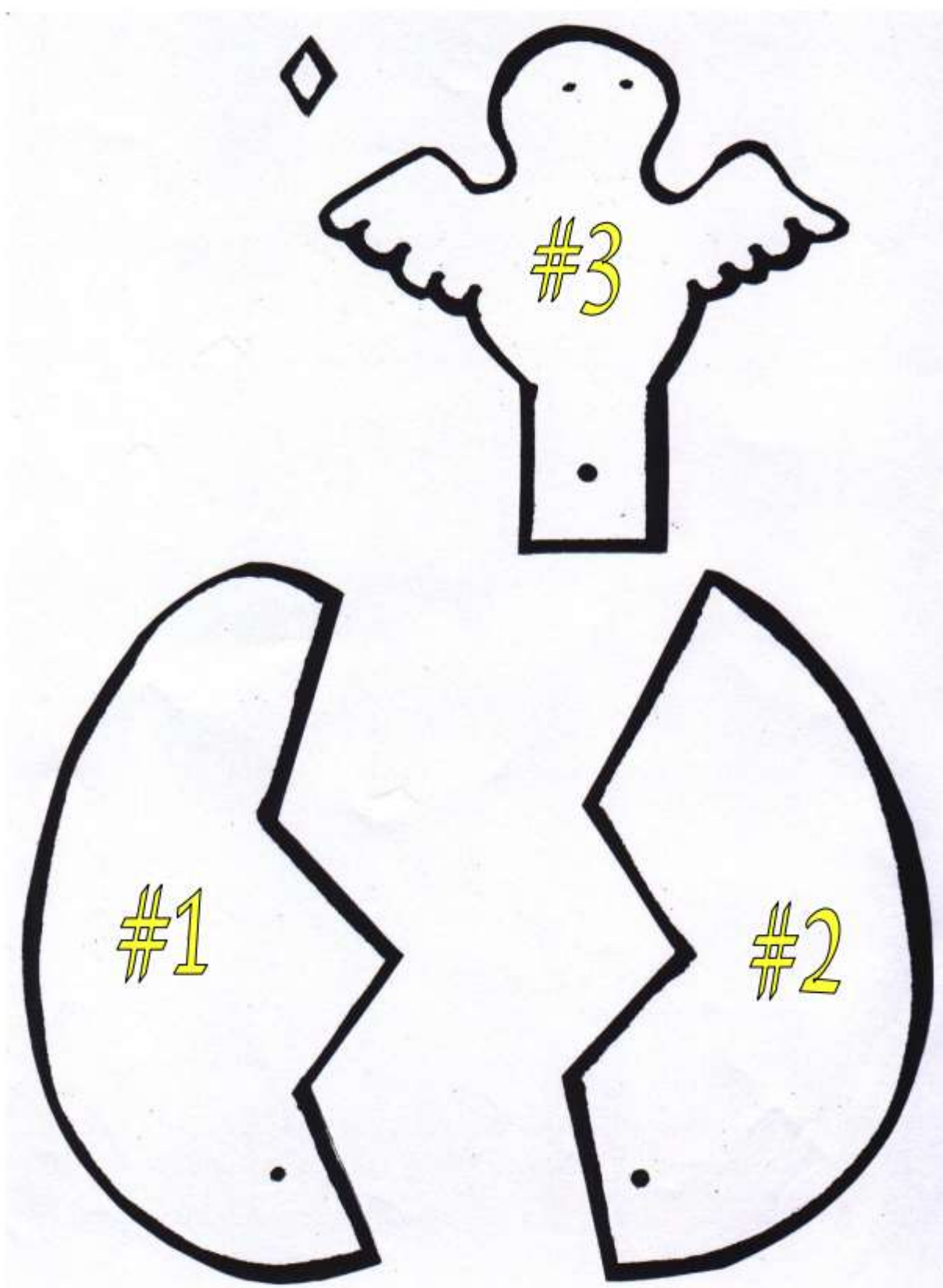
Materials:

1 sheet of white craft foam or poster board (for egg shell)
1 sheet of yellow craft foam or poster board (for chick)
1 sheet of orange craft foam or poster board or an orange marker (for beak)
Fine tip black marker
Glue
Sharp pencil
Scissors
Brad fastener
Adhesive magnetic dots or strips (optional)

Directions: Cut out the patterns. Place them on the appropriate color of foam or poster board and draw around them. Cut them out. Glue the orange beak onto the chicks face or use an orange marker to draw it on the face. Draw the eyes with the black marker. Using the pencil, poke a hole through the dots at the bottom of the patterns. Insert the brad fastener through the foam pieces in this order: #1, #2 and #3. If desired, attach an adhesive magnetic to the back of the chick. Open and close the shell to show how a chick hatches.

*Submitted by: Sheila Meyer, 4-H Program Assistant and
Joyce Shriner, Extension Educator,
FCS/County Extension Director,
OSU Extension, Hocking County, Ohio.*





For more information or questions on Master Gardener or Horticulture topics, contact Amanda Romero at 307-352-6775 or abramwe2@uwyo.edu.



Soil Samples for Gardens and Landscapes

Step 1: Collecting a sample

With a soil probe:

1. Push the soil probe into the soil 6 to 8 inches in depth (2 to 3 inches for lawns), then remove probe from soil.
2. Remove soil core from probe (make sure to discard the surface litter, Figure 1) and place in bucket.
3. Repeat steps 1 and 2 from 10 to 15 locations within the desired area.



Figure 1. Soil sample core, discard portion to the right of the black line.

With a shovel or trowel:

1. Dig a small hole that is 6 to 8 inches in depth (2 to 3 inches for lawns).
2. Use the shovel or trowel to shave off an inch thick portion from the length of the sidewall of the hole (make sure to discard the surface litter, figure 2) and take the middle 1-inch wide section from the sample to place in the bucket.
3. Repeat steps 1 and 2 from 10 to 15 locations within the desired area.



Figure 2. Soil sample with a shovel or trowel. The sample is the middle inch of soil, discard top inch and side portions of soil.

Step 2: Preparing soil sample

4. Mix all the soil together in the bucket, breaking cores apart and removing debris.
5. With a permanent marker, label a plastic bag with the sample identification name (i.e. front lawn, garden, tulip bed, etc.)
6. Collect two cups of soil from the bucket and place in a plastic bag, Figure 3.
7. Package soil samples and filled out forms in a sturdy box or envelope, and mail to soil lab.



Figure 3. Soil sample ready for shipping.

When in doubt on how to sample – check the lab's directions for sampling and submission, they usually provide them online.

General Information

- Contact the soil lab before collecting samples for instructions on which soil analysis you need, the form required and how to fill it out, and shipping requirements.
- The most reliable soil test results come from soil samples that represent the overall garden, lawn, or flower bed. If there is a large difference in the area, such as a garden compared to a lawn or flower bed, or obvious differences in soil type or plant growth between areas, then samples from these areas should be collected separately.
- A representative sample for the area of interest is collected by a systematic (samples taken at equal distance apart) or random sampling pattern that collects 10 to 15 samples, refer to Figure 4.

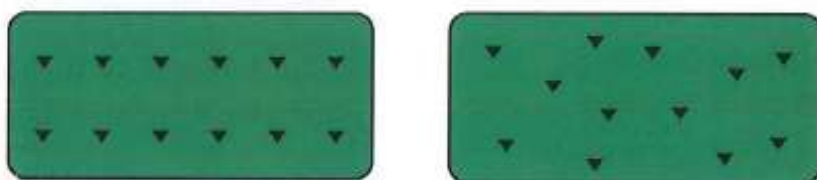


Figure 4. Examples of systematic (left) and random (right) soil sampling in a field. Notice the difference between the two images, the even spacing of the sample locations on the left vs. the uneven spacing on the right.

- Samples are collected to a depth of 6 to 8 inches from the soil surface, except for lawns (2 to 3 inches deep).
- Make sure to remove surface litter and non-organic debris (crop residue, grass, wood chips, roots, gravel, etc.) from the soil samples.

Materials Needed

- Shovel or soil probe
- Clean bucket
- Plastic bag and permanent marker



Soil Laboratories

Colorado State University Soil, Water,
and Plant Laboratory

1120 Campus Delivery
Fort Collin, CO 80523
(970) 491-5061

[https://agsci.colostate.edu/
soiltestinglab/](https://agsci.colostate.edu/soiltestinglab/)

Utah State University Analytical Laboratory

1541 N 800 E
Logan, Utah 84341
(435) 797-2217

<https://usual.usu.edu/>

The University of Wyoming is an equal opportunity/affirmative action institution.

For more information on Cent\$ible Nutrition Classes contact Wendy Nielson, Sweetwater County Cent\$ible Nutrition Program Coordinator, at 307-352-6775 or wnielson@uwyo.edu.

Fishing With Fruits and Vegetables

Have fun with your kids and try all 5 MyPlate groups with this activity! Kids can help wash and cut fruits and vegetables, mix the yogurt dip, and help with the dishes.

Ingredients

Bait:

- Peanut Butter Yogurt Dip
- Pumpkin Yogurt Dip
- Cottage Cheese Vegetable Dip
- Herb Ranch Dip
- Plain Yogurt

Poles:

- Vegetable sticks (celery, carrots, cucumbers, green peppers, jicama, etc)
- Apple slices

Fish:

- Fish-shaped crackers, whole-grain cereal, pretzels, etc.

Directions

1. Wash hands with warm, soapy water for 20 seconds.
2. Dip a pole in the bait then dip into the fish.
3. Eat and enjoy your catch!

Makes 20 servings

*Note: please refer to the Nutrition Food Labels in the print or online cookbook for the dip you choose. Contact your county CNP educator if you need help accessing the cookbook.



Recipe from the Cent\$ible Nutrition Program. Learn how to save money, cook quick and healthy meals, and stretch your food dollar by contacting your local CNP educator.
1-877-219-4646 | <https://uwyo.cnpp.org/> | cnpp-info@uwyo.edu

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Animal Tagging/Ownership Deadlines



2-1-21

All Market Beef must be owned/tagged by February 1st



5-1-21

All Dogs must be ID'd with shot records by May 1st



6-1-21

All Market Goats, Sheep & Swine must be owned/tagged by June 1st



6-1-21

All Market Poultry must be owned by June 1st



6-1-21

All Market Rabbits must be owned by June 1st



7-1-21

All Cats must have Health Certificates & vaccinations by July 1st



7-1-21

All Horses (owned or leased) must be safety certified by July 1st



OWNERSHIP DEADLINE for ALL Market & Breeding Animals: JUNE 1ST

Please update your projects info before June 1st!!!

How to get tagging/ownership info added to your Animal Science Projects:

- 1.) Log onto ZSuites
- 2.) Click on your "Family Profile"
- 3.) Under child, click the blue button, "Update Enrollment"
- 4.) Click the "Clubs" tab
- 5.) Under Project List, click the pencil icon next to the project that needs the information updated.
- 6.) Add the needed information & pictures for each animal science project.
- 7.) Don't forget to put the full 15 digit tag #
- 8.) Hit the blue button, "Save Project"
- 9.) Hit the pink button, "Submit"

Clover Chat Additions

There is always space in the Clover Chats for important information you would like to share with all 4-Hers. If you have an activity, club meeting, event or community service opportunity, etc... coming up, please send an email to tmeats@uwyo.edu with the information/contact and it will be included. Emails can also be sent out to everyone or certain clubs, especially if the date conflicts with the production of this newsletter.

Please log-in to ZSuites and the Sweetwater County 4-H Facebook Page regularly so that you don't miss out on important announcements.

May 2023

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Project Hope Meeting 6:30 GR Library Dog ID's and Vaccination Records Deadline	2	3	4 Hotdoggers Meeting, 6:30-7:30pm, Small Hall	5 Shooting Sports Archery Practice Project Hope Tagging Event 5pm to 6:30pm	6 Shooting Sports Outdoor Practice Hotdoggers Fun Match Events Complex, see page 6
7 Shooting Sports Shotgun Practice - 12pm	8	9	10	11 Hotdoggers Meeting, 6:30 Small Hall 4-H Horse Committee Meeting, Meeting Room, 6:30pm	12	13 4-H Hairy Horse Show 8am to 8pm Events Complex Indoor Arena
14 	15	16	17 Shooting Sports Monthly Club Meeting, 7pm Bison Room	18 Sagehoppers Meeting, 6:30-8:30pm, Small Hall (Hotdoggers Community Mtg. to follow)	19 Shooting Sports Air Practice	20 Shooting Sports Outdoor .22/ muzzleloader practice
21 Shooting Sports Shotgun Practice - 12pm	22 6:30pm Livestock Auction Meeting GR	23 Fair Board Meeting, 7pm Meeting Room	24	25 Hotdoggers Meeting, 6:30-7:30pm, Small Hall	26	27
28	29 Extension Office Closed 	30 Sweetwater Co. Tagging Day at Events Complex 4pm—7pm	31			

June 2023

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Hotdoggers Meeting, 6:30-7:30pm, Small Hall TAGGING/ OWNERSHIP DEADLINE	2 County Shoot Air Rifle/Pistol 4pm	3 County Shoot Muzzle-loader 8am
4 County Shoot Shotgun 12pm	5 Project Hope Meeting 6:30pm GR Library	6	7	8 Hotdoggers Meeting, 6:30-7:30pm, Small Hall	9 County Shoot Archery 4pm	10 County Shoot .22 Rifle/.22 Pistol 8am
11	12	13	14 	15 4-H Horse Committee Meeting, Meeting Room, 6:30pm 4-H/FFA Live-stock Judging Indoor Arena 9am	16	17
18 	19	20	21	22	23	24
25	26	27 Fair Board Meeting, 7pm Meeting Room	28	29	30	

July 2023

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4 Extension Office Closed 	5	6 State Shoot, Douglas, WY Hotdoggers Meeting, 6:30- 7:30pm, Small	7 State Shoot, Douglas, WY	8 State Shoot, Douglas, WY 4-H/FFA Live- stock Jackpot Show Indoor Arena 8am
9 State Shoot, Douglas, WY 4 -H/FFA Live- stock Jackpot Show Indoor Arena 8am	10	11	12	13 Hotdoggers 6:30 Small Hall 4-H Horse Com- mittee Meeting, Meeting Room 6:30pm	14	15
16 FAIR ENTRY DEADLINE by midnight	17	18	19	20	21	22
23	24	25 Fair Board Meeting, 7pm Meeting Room	26 Static Exhibit Judging for Fair	27	28	29 FAIR
30 FAIR	31 FAIR					



UNIVERSITY
OF WYOMING

Extension
Sweetwater County

Sweetwater County Extension Office
2500 College Drive A-700
Room #2011
Rock Springs, WY 82901
307-352-6775

Marty Henry
UW Extension Educator 4-H/Youth Development



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