

the

CLOVER CHATS

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SPECIAL POINTS OF INTEREST

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- 4-H Honor Club Requirements (page 10)

**University of Wyoming Extension
Sweetwater County
307-352-6775**

**2500 College Drive, A-700
Room #2011
Rock Springs, WY 82901**

Winter Hours

Monday - Friday

8:00 am - 5:00 pm

Summer Hours

(May 15th - August 25th)

Monday - Thursday

7:00 am - 5:00 pm

Closed Fridays

Marty Henry

UW Extension Educator
4-H/Youth Development
mgiffor2@uwyo.edu
(307)350-7735 (work cell)

Amanda Romero

Horticulture Assistant
abramwe2@uwyo.edu
(307)350-8243 (work cell)

Wendy Neilson

Cent\$ible Nutrition
wnielson@uwyo.edu
(307)350-5092 (work cell)

Tracy Meats

Administrative Assistant
tmeats@uwyo.edu
(307)350-5098 (work cell)

State 4-H Website: <http://www.uwyo.edu/4-h/>

4-H Enrollment: <https://4h.zsuite.org>

Sweetwater Co. Extension: <https://wyoextension.org/sweetwatercounty/>

Sweetwater County 4-H Facebook: <https://www.facebook.com/SWCO4H/>

June Birthdays

Kyler Hughes

Cheyenne Carr

Isaac Frandsen

Cadence Jones

KayJay Davies

Emerson Roberts

Colton Potter

Vincent Crofts

Brystoll Gines

Charly Potter

Weston Smith

Alivia Pedri

Preston Suhr

Charleston Forbes

Holden Aanerud

Brinley Boodleman

Vicki Jenkins

Chris Hamilton

Hunter Forrester

Simeon Stotts

Travis Brady

Jakob Lloyd

Taycie Fox

Paige Brady

Camden Hughes

Keaton Davies

Dustin Ryan

Toby Meats

Madison Bernard

Makayla Gee

Teddy Guier

Keelyn Kester

Eli Guier

James Cleveland

Cooper Kruske

Briar Berg

Logan McCormick

Armando Bowers

Leaders

Each club needs to provide 2 silent auction baskets with a value of \$50 or more to be auctioned off during Fair. Please reserve your theme with the 4-H office, so we don't have repeat themed baskets.

Horse Safety Certification/ Ownership Deadline

All Horses (owned or leased) need to be safety certified by July 1st. Safety Certifications are required for each horse that a member plans to compete with in the Sweetwater County Fair Youth Horse Show. www.uwyo.edu/4-h/projects/_files/horse/horse-id-safety.pdf.

Tagging Deadline

Market Swine, Sheep, and Goat Ownership/Tagging Deadline is June 1st. Animal information and pictures will need to be uploaded to ZSuites by 4-H Member by the June 1st deadline. All member accounts must be active and paid before tags are released.

Fair Entry Deadline

All 4-H/FFA entries must be entered online through ShoWorks (Events Complex website) by midnight on Sunday, July 16th. No exceptions! If entries are not received by the deadline, a \$50 late fee will be applied. Visit <https://www.sweetwaterevents.com/p/wbs/enter>.

This fair entry includes all County Shoot entries as well.

Ownership Certificates

Breeding Ownership certificates are due to the Extension Office by June 1st (this includes poultry, cats, and rabbits). Ownership certificates can be found at <https://www.wyoextension.org/sweetwatercounty/4h-youth-development/livestock-ownership-certificates/>.

Wyoming State & Regional Events

(more information online at: <http://uwyo.edu/4-h/>)

Sweetwater County 4-H Livestock Judging Contest: June 15th at the Events Complex, 9am.

Showcase Showdown: June 20 - 22, 2023 in Laramie. Showcase Showdown offers an opportunity for youth to explore various industries through contests and workshops. The event takes place at the University of Wyoming. Youth can participate in contests, workshops, tours and activities over the course of three days. There are also two award ceremonies that recognize youth for their efforts.

Unita County 4-H Camp: Save the date, June 27th through June 30th. Register by June 1st in ZSuites and pay your local extension for camp fees.

Wyoming State Shoot: The 2023 Wyoming 4-H State Shoot is scheduled to be held in Douglas, Wyoming July 6 - 9, 2023.

Sweetwater County 4-H Livestock/FFA Jackpot Show: July 8th and 9th at the Events Complex, see page 11 for more details.

Wyoming's Big Show: Sweetwater County Fair, July 29 - August 5, 2023.

Wyoming State Fair: The Wyoming State Fair is an opportunity for 4-H members to exhibit their projects and demonstrate what they have learned. The 2023 WSF dates will be August 14 - 20, 2023.

National 4-H Congress: Save the date, November 24 - 28th in Atlanta, GA. Registration will open end of June/ beginning of July. This is the US Secretary of Agriculture's premiere youth development opportunity. Young people assist in the development recommendations to help 4-H Youth Development programs nationally and in their communities. All Wyoming 4-H members age 14 (as of January 1st) and older are eligible to apply.

Wyoming's Big Show, The Sweetwater County Fair
2023 Tentative Schedule

Wednesday, July 26

9:00 AM	4-H Fashion Revue	Small Hall
9:00 AM-12:00 PM	4-H Static Exhibit Judging - Crocheting, Knitting, Quilting, Food, Nutrition & Preservation, 4-H Visual Arts	Small Hall
1:00 PM-6:00 PM	4-H Static Exhibit Judging - Fashion & Fabric, Photography, S.E.T, Natural Resources, Handicrafts, Youth Leadership, Non-Live Projects, Pocket Pets, Cloverbud Projects	Small Hall

Saturday, July 29

1:00 PM-5:00 PM	Midway & Concession Move In	Midway & Tents
	Exhibit Hall Booth Setup	Exhibit Hall
1:00 PM-5:00 PM	FFA Static Entries Accepted	Small Hall
	Open Class Entries Accepted	Exhibit Hall
5:00 PM	All 4-H Club Baskets are Due to the 4-H Office for Silent Auction	Crow's Nest
5:00 PM-6:00 PM	FFA Static Entry Judging	Small Hall

Sunday, July 30

9:00 AM - 12:00 PM	4-H/FFA Horse ID Check In - <u>Required Today Only</u>	Indoor Arena
9:00 AM-7:00 PM	Booth & Concession Move In	Exhibit Hall, Midway, Tents
	Open Class Entries Accepted	Exhibit Hall
9:00 AM	Open Horse Showmanship & Halter	Indoor Arena
11:00 AM	Open Horse Leadline, Western Pleasure, Western Equitation, & 4-H/FFA Ranch Riding (Double Judged)	Indoor Arena
	Open Mini Halter, Obstacle in Hand & Jumping, 4-H/FFA & Open Trail - Double Judged	Indoor Arena

Monday, July 31

9:00 AM	4-H/FFA Horse Showmanship, Halter, 4-H/FFA Hunter Hack, Hunter Under Saddle & Hunt Seat Equitation, Western Pleasure, Western Horsemanship, Western Riding, Mini Halter, Mini Showmanship, Mini Obstacle in Hand & Mini Jumping	Indoor Arena
9:00 AM	Open Class Exhibit Judging	Exhibit Hall
9:00 AM - 7:00 PM	Booth & Concession Move In	Midway & Tents
5:00 PM	ALL SWINE, BEEF, SHEEP, AND GOATS ARE DUE ON THE GROUNDS	Stalls/Pens
5:00 PM - 8:00 PM	4-H/FFA Swine Weigh In	Scales in Indoor Arena
6:00 PM	Open Horse Free Style Reining (open only) & 4-H/FFA, Open Reining - Double Judged	Indoor Arena
7:00 PM	4-H Cat Show	Small Hall

Tuesday, August 1

Sponsored by Commerce Bank of Wyoming

8:00 AM - 10:00 AM	Open & 4-H/FFA Rabbit & Poultry Check In	Small Hall
9:00 AM - 10:00 AM	4-H/FFA Sheep & Goat Weigh In	Scales in Indoor Arena
9:00 AM - 12:00 PM	Booth & Concession Move In	Exhibit Hall, Midway & Tents
10:00 AM - 11:00 AM	4-H/FFA Steer Weigh In	Scales in Indoor Arena
11:00 AM	4-H/FFA Horse Barrel Race, Pole Bending, Flag Race, Goat Tying, Breakaway Roping, Team Roping	Indoor Arena

12:30 PM	Open & 4-H/FFA Rabbit Show	Small Hall
2:00 PM	Main Gates, Exhibit Hall & Midway Open	Grounds
3:00 PM	Open & 4-H/FFA Poultry Show	Small Hall
5:00 PM	Open & 4-H/FFA Miniature Costume Class - Double Judged	Indoor Arena
6:00 PM	Open Horse Barrel Race, Pole Bending & Flag Race	Indoor Arena
6:00 PM - 10:00 PM	Brown's Amusement Carnival	Carnival
<u>Wednesday, August 2</u> <u>Sponsored by Little America & Wyoming Rents</u>		
8:00 AM	4-H/FFA Swine Showmanship & Market Classes	Indoor Arena
10:30 AM	Main Gates, Exhibit Hall & Midway Open	Grounds
12:00 PM - 11:00 PM	Brown's Amusement Carnival, Pay one price from 12pm to 5pm	Carnival Special
4:00 PM	4-H/FFA Sheep Showmanship & Market Classes followed by the 4-H/FFA Goat Showmanship & Market Classes	Indoor Arena
	Wool Judging	Sheep Barn
<u>Thursday, August 3</u> <u>Sponsored by Genesis Alkali & Western EGI</u>		
10:00 AM	4-H/FFA Beef Showmanship & Market Classes	Indoor Arena
10:30 AM	Main Gates, Exhibit Hall & Midway Open	Grounds
5:00 PM - 12:00 AM	Brown's Amusement Carnival, Buddy Special, Buy One Get One, 5 PM to 7 PM	Carnival Special
5:30 PM	Team Roping	Indoor Arena
<u>Friday, August 4</u> <u>Sponsored by Kelly's Convenience Centers & Memorial Hospital of Sweetwater County</u>		
8:00 AM	4-H Dog Agility, Rally, Obedience, Showmanship & Confirmation	Grass Area
10:30 AM	Main Gates, Exhibit Hall & Midway Open	Grounds
1:00 PM	4-H Shooting Sports Awards/Buckle Presentations	Grass Area
2:00 PM	4-H/FFA Working Cow Horse	Indoor Arena
4:00 PM - 9:00 PM	Premium Payout	Exhibit Hall Information Desk
4:00 PM - 12:00 AM	Brown's Amusement Carnival	Carnival
6:00 PM	Open Barrel Race	Indoor Arena
<u>Saturday, August 5</u> <u>Sponsored by Simplot</u>		
7:00 AM	4-H/FFA Livestock Exhibit Release (Non-Auction Animals)	Indoor Arena
8:00 AM	Team Sorting/4-H/FFA Team Sorting	Jackpot Arena
9:00 AM	4-H/FFA State Fair Meeting - <u>Mandatory</u>	Small Hall
10:30 AM	Main Gates, Exhibit Hall & Midway Open	Grounds
11:00 AM - 12:00 PM	4-H/FFA Horse Presentation Awards/Buckle Presentations	Indoor Arena
11:00 AM	Rotary Kid's Dog Show	West Tent
12:00 PM - 9:00 PM	Premium Payout	Exhibit Hall Information Desk
12:00 PM	Livestock Auction Buyer's BBQ	Indoor Arena
1:00 PM - 12:00 AM	Brown's Amusement Carnival	Carnival
2:00 PM	Livestock Auction	Indoor Arena
<u>Sunday, August 6</u>		
8:00 AM - 12:00 PM	4-H/FFA Exhibit Release	Small Hall
9:00 AM - 2:00 PM	Premium Payout	Exhibit Hall Information Desk
	Open Exhibit Release	Exhibit Hall
	<u>All Animals Must Be Off The Grounds By Noon</u>	



MAKE A DIFFERENCE, VOLUNTEER TO HELP YOUTH IN THE WYOMING 4-H PROGRAM.

We have a position for your time, your talents, and your abilities.

5 easy steps to change the future of youth!

1

Enroll in ZSuite.

Does your family have a Zsuite profile?

N

Y

Create a profile at:
4h.zsuite.org

Add a new
family
member

2

Complete a training on working
with youth in 4-H

3

Complete a background check and a driving records check.

4

Meet with our local 4-H Educator.

5

Get started



Give us a call
307-766-5170



Send us an e-mail
4h@uwyo.edu



UW | Wyoming 4-H

ZSuite 4-H Record Books & You!

Filling out your record book



Why complete a record book?



- Responsible Record Keeping
- To see where you've been , so you can decide where you're going
- Gives you a place to start with projects
- Head start on how to keep records
- Scholarships
- Gives accurate record of what you've learned
- Resumes
- Job Applications
- Fun to see how far you've come over the years!



Don't Wait!

Portfolios can be time consuming. It's best not to wait until the last minute. Update information as it is happening.

If you need help with your record book or have questions, you can always call your Extension Office with questions, 307-352-6775. To watch a video for support, please visit <https://www.youtube.com/watch?v=VaiTHJWZvfl>.



WYOMING ACHIEVEMENT PROGRAM AND 4-H HONORS CLUB



ACHIEVEMENT AWARDS

In addition to awards for competitions, participation recognition, or project ribbons at the county or state fair, Wyoming 4-H has an annual recognition of youth based on the extent of their 4-H involvement during the entire 4-H program year. Each year youth can be recognized a Green, Silver or Gold member at the county level and receive a medallion sticker to add to their 4-H Certificate of Achievement.

• TO ACHIEVE GREEN

- The member has turned in all the required enrollment materials
- has behaved in an appropriate manner at all 4-H activities, events, and meetings
- is enrolled in at least one project
- and is enrolled in at least one club
- Green members do not earn any achievement points towards the Honors Club

• TO ACHIEVE SILVER

- The Member meets criteria for Green, AND...
 - The Member has exhibited what they have learned at some point during the current 4-H year with others.
 - Member provides documentation of setting goals, knowledge/skills gained, and participation in a project via the 4-H Record book
- Silver members earn one point for the Honors Club

• TO ACHIEVE GOLD

- Member meets criteria for Silver, AND...
 - Member provides documentation in all essential elements of positive youth development via the 4-H Record book
- Gold members earn three points for the Honors Club

HONORS CLUB

The ultimate achievement that a 4-H member can obtain is inclusion in the Wyoming 4-H Honors Club. It is based on the principle of recognition for youth that maximize their opportunities to foster the elements of positive youth development which are belonging, independence, generosity, and mastery over multiple years of engagement. Nineteen (19) points must be accumulated from annual recognition points earned. Honor's club inductees are given special recognition that includes an exclusive UW Cowboy Clover tie/lapel pin or necklace/bracelet charm, and a \$500 travel scholarship.

The travel scholarship can be used towards the international trips, National 4-H Congress in Atlanta, National 4-H Conference, Citizenship Washington Focus or Leadership Washington Focus in Washington DC, Western National Roundup in Denver, awards trips for the various judging programs or Fabric and Fashion awards trips.



Kids ~4~ Kids

Jackpot Show

July 8th & 9th



BANNERS & Buckles

Showmanship: \$10/Show
Market: \$20/Head

Weigh Slips
Due 1 Hour
Before
Show's Start
Time

July 8th

10am Goat Show
Swine Show

1pm Lamb Show
Steer Show

July 9th

10am Lamb Show
Beef Show

1pm Goat Show
Swine Show

SWEETWATER CO. EVENTS
COMPLEX ROCK SPRINGS,
WY

Sanctioned By:



BEYOND THE RING

For More Info:
Call Marty Henry
307-350-7735

Wyoming 4-H State Shoot

July 6-9, 2023

Registrations due: June 19, 2023

On-line Registration Link:

https://wyoming4h.formstack.com/forms/state_shoot



Meredith
We inspire. She makes it happen.™



Rylie Ogden

State 4-H Events Coordinator

University of Wyoming Extension

1000 East University Ave.

Dept. 3354

Laramie, WY 82071

(307) 766-5170

rtroudt@uwyo.edu

The Wyoming 4-H State Shoot is held in Douglas, Wyoming on the State Fairgrounds and at shooting ranges four miles south of Douglas.

What you need to know to register:

- Which disciplines will you be competing in? What class in each discipline?
- Are you interested in qualifying for the award trip to Raton, NM? (Senior age only)
- Do you want to order additional commemorative apparel? One shirt is included in registration for competing youth.
- Payment is due to your local 4-H county extension office.
- You can find more information about state shoot on the state 4-H website:

<http://www.uwyo.edu/4-h/opportunities/state-contests/state-shoot/index.html>

All range officers and those helping at each range are Wyoming 4-H volunteers. This event would not be possible without their time and dedication!

UNIVERSITY
OF WYOMING
EXTENSION



registration

successess

about

massey

show lamb & goat camps

next camp

2023 Dates

June 5-6 - Murfreesboro, Tennessee
June 8-9 - Mulberry, Arkansas
June 12-13 - Auxvasse, Missouri
June 15-16 - Colfax, Iowa
June 19-20 - Brush, Colorado (Lambs)
June 21-22 - Brush, Colorado (Goats)
June 26-27 - Laramie, Wyoming
July 7-8 - Quitman, Mississippi

[Click here for more information on all camps](#)

camp topics

Washing :: Shearing :: Selection :: Health Care
Exercise :: Feeding :: Fitting For Show
Showmanship :: Showmanship :: Showmanship

contact

J.B. Massey
3711 Sun Valley Estates
Van Buren, AR 72956
Email: jb.massey@yahoo.com
Phone: 580-512-8979

Rachel Boyd
214-551-4290
Email: boydrn@yahoo.com



4-H Shooting Sports
America's Quality

2023 WYOMING 4-H PLATTE RIVER YOUTH INVITATIONAL SHOOT

Friday July 14, 2023 at the beautiful Silver Spur Ranch. Open to youth only, ages 8-18.

Register at:

https://wyoming4h.formstack.com/forms/platte_river

For more information, contact
Steve Mack: (307) 766-2528 or
smack@uwyo.edu



Date: **Saturday - June 10, 2023**

All-day event

Location: **Walden, Colorado**

June 10th, 2023

American Rumble 2023

North Park Jackpot

Showmanship & Market
Classes for 4-H members age
8-18

New!!! PeeWee Showmanship
hosted by ACE Meat Co.

[North Park Jackpot Facebook page](#)

Wyoming State 4-H Foundation
15th Annual Boulder Big Draw
Saturday, June 17, 2023
Fremont Butte Ranch
OPEN TO ANY ADULT OR YOUTH

514 Highway 335-Boulder, Wyoming
 Turn East on Highway 350 at the Boulder State and follow signs

Shoot 40 Rinehart targets and never see the same one twice!
 fun challenges and great raffle items available

SPONSORSHIP

Stations at the shoot can be sponsored for \$25 each and your name/logo will be displayed!
 *YES! I would like to be a station sponsor! My check for \$25 is included!

REGISTRATION

Names can be made before the shoot as well as at the event.

Entry Fees: Family-\$25 Adults-\$10 Youth (12 and under) \$10

Name: _____ Phone: _____

Address: _____ Email: _____

T-shirt size: S M L XL XXL

Drawings (please circle one)

Men's: Release Fingers Traditional

Women's: Release Fingers Traditional

Youth Senior (12-18): Open

Youth Junior (12 & under): Open

Awards will be presented to 1st through 5th place in each division.

Send your registration and a check payable to:

Wyoming State 4-H Foundation
 Steve Mack, Director
 1000 E. University Ave., Dept. 3554
 Laramie, WY 82071

Questions?

Steve Mack, Director
 Email: smack@wyo4h.org
 Greg Schamber, Board Member 202-260-7505
 Email: greg.schamber@wyo4h.org

EVENT SPONSOR - RINEHART TARGETS

Course Information

The course will open at 8:00 a.m. and close at 12:00 p.m. Four people will rotate to each of the 40 stations together, you should allow two hours to complete the shoot.

For Camping information contact Greg Schamber at 260-7505

Park County

Show Clinic

JUNE 23RD, 2023

Come improve
 showmanship
 techniques and training
PLUS inside tips on
 nutrition, exercise, and
 daily care!



Limited Spots Available
 Lunch Included

\$50 • *Register By June 15th*

For more information contact
 Park County 4H: 307.754.8836

WY | Wyoming 4-H

Fun Match June 24, 2023

Registration 8:00 am Classes start at 9:00 am

Fremont County Fair Grounds Riverton, Wyoming

- This Fun match is open to anyone. Some classes are only available to 4-H members, as listed on the entry blank.
- The Fun match will follow the 4-H Guideline book.
- Pre entry is \$7.00 per class. Pre-registration will close June 17, 2023. Day of show entry is \$10.00 per class. Make checks payable to: Fremont County 4-H Council. Mail checks and pre-entry to: Carrie Jo Calvert, PO Box 1794, Lander, Wyo 82520.
- Day of show registration will open at 8:00 am on June 24.
- Classes will start at 9:00. Lunch will be at the judge's discretion. There are no food services at this fun match.
- Over night camping is available on the Fair grounds. Please call Fremont County Fair Grounds 307-856-6611, to reserve a spot and pay.
- More information or questions: Call Carrie Jo Calvert at 307-840-0123 after 6:00 PM.



CITIZENSHIP WASHINGTON FOCUS

JUNE 10 - 16, 2023



ABOUT CWF

Experience Washington D.C and connect with other young leaders while getting hands on experience to become representatives of change.

DETAILS

- Estimated cost is \$2250 per person, with scholarships available.
- Open to youth 14 and Older.
- Apply by March 17, 2023 at <http://wyoming4h.formstack.com/forms/cwf>

Visit the Opportunities section on the state 4-H website for more detail or contact your County Educator with any questions.

ALBANY COUNTY 4-H Horse Show Series

Series 16-Point BUCKLES Sponsored by **FULL HOUSE STABLES** Laramie, Wyo.
Open to each age division. *Must compete in 7 of the 16 shows to qualify.

**May 20th
June 3rd
July 15th**

Discount for Early Entries!!!
Early Entry Deadlines: 5/12, 5/26 & 7/7

This show is open to all 4-H members!

Where: UW Hansen Arena
Office opens at 7:00am, Show starts at 8:30am

Classes offered:

Showmanship	Western Equitation	Judges Command
English, Hunter Under Saddle	Reining	Trail (Potentially- based on number of entries)
English, Hunt Seat Equitation	Western Riding	
Western Pleasure		

Discount for Early Entries!!! If entries are received by the "Early Entry Deadline" (5/12, 5/26, 7/7).
Registration for all classes is \$50. If registering the same day: \$75 for the day.
Age Groups - JR (8-10yrs), INT (11-13yrs) & SR (14-18yrs)

This is an experiential, learning show with the opportunity to walk through each pattern with the judge prior to each class. Additionally, participants will receive a critique sheet at the end of each day offering feedback specific to each class and identifying areas of improvement.

THANK YOU to our BUCKLE sponsor:
FULL HOUSE STABLES
www.FullHouseStables.com
790 Huron Street, Laramie, Wyo.
Thanks for the support!

Questions? Contact Sara Crane at 208-670-3328 or email crane.sara@yahoo.com

Participant's name _____ Participant's age _____
Parent's name _____ Email _____
4-H Club/County _____

Make checks payable to: Albany County 4-H
Mail bottom portion and payment to: Albany County 4-H, 3520 S. 3rd St. Suite A, Laramie, WY 82070

Save the Date

REIGNITE

4 - H

NOVEMBER 3 - 5, 2023
Cheyenne, WY

Join 4-H Volunteers for leadership training, project learning and so much more!

WHY ATTEND Showcase Showdown

**THE 4-H SIGNATURE EVENT
JUNE 20-22, 2023**

4-H Experiences

- Meet new friends and reconnect with 4-H'ers from across Wyoming
- Have fun at the 4-H Dance

Workshops and Contests

- Try something new, fun and exciting - you may discover a new SPARK
- Compete in one of the many contests

UW Campus Experience

- Explore all that campus has to offer
- Stay in the dorms
- Eat in the cafeteria
- Take advantage of the State of the Art Half Acre Recreation and Wellness Center

QUESTIONS? Contact your local Extension Office for more details!

UNIVERSITY OF WYOMING EXTENSION

307 NORTHEAST LIVESTOCK SHOW CLINIC 2023

LEARN FROM INDUSTRY EXPERTS
CHOOSE 1 SPECIES PER DAY **\$30**

JUNE 1-2 FROM 8:00-4:00
CROOK COUNTY FAIRGROUNDS, SUNDANCE, WY

Improve showmanship techniques, clipping, and fitting
PLUS all the inside tips on nutrition, exercise, and daily care

register at <https://4h.zsuite.org/external-event-registration/18949>

contact info:
Crook County 4-H
307-283-1192 or sfleenor@uwyo.edu

UW Wyoming 4-H

CAMPING AND STALLS AVAILABLE
LUNCH PROVIDED BOTH DAYS

Beef Sheep Swine

State 4-H

HORSE JUDGING CONTEST

June 13th at 9:00 AM	NIOBRARA COUNTY FAIRGROUNDS, LUSK WYOMING 3 Performance classes 3 Halter classes Reasons
----------------------------	--

\$15 per youth (Lunch included with registration)
 Register online at
https://wyoming4h.formstack.com/forms/2023_state_horse_judging
 Registration will close on June 1st

Sheep & Goat AI Education & Breeding



LEARN ABOUT ARTIFICIAL INSEMINATION
 July 14 from 1pm-4pm

GET FEMALES BRED
 Between August 7-11

TOPICS INCLUDE

- Breeding Nutrition
- Breeding Selection
- AI Protocol & Get Supplies!

 John P. Ellbogen Foundation Grant Funded



CONTACT US
 Chance Marshall or Amanda Small:
 307.332.2363
 Kim Fry: kbell10@uwyo.edu
 307.682.7281

RSVP open till June 30th! <http://tiny.cc/23sheepgoatai>

CAMPING, AND STALLS AVAILABLE
LUNCH PROVIDED

307 SOUTHEAST LIVESTOCK SHOW CLINIC

Beef Sheep Goat Swine Poultry Rabbit Cat

2023

LEARN FROM INDUSTRY EXPERTS **\$15**

JUNE 5-9, 8:30-4:30 PM

PLATTE COUNTY FAIRGROUNDS, WHEATLAND, WY

Improve showmanship techniques, clipping, and fitting
 PLUS all the inside tips on nutrition, exercise, and daily care

REGISTER ONLINE!

contact info:
 Platte County 4-H
 307-322-3667 or
stacy@uwyo.edu

 Wyoming 4-H

Knitting Clinic

Coming Soon



Stay tuned for details!
Knitting Clinic
 brought to you
 by 4-H
 Educator,
 Marty Henry

 **UNIVERSITY OF WYOMING**
 Extension
 Sweetwater County

◆ 2024 ◆ Wyoming 4-H
UW EXTENSION

WYOMING 4-H VOLUNTEER SUMMIT

Share Ideas
Workshops
Learning
Networking
Crafting
Food
and FUN!

Mark Your Calendar
September 27-29
Casper, Wyoming

 **WYOMING 4-H
ANIMAL OPPORTUNITIES**



<https://wyoming4h.org/opportunities/>

Ask the Director

6:00 pm
May 9th and June 6th



Courtney Conkle

 **SAVE THE DATE!** 

4-H •CAMP•

JUNE 27-29 **UINTA COUNTY YOUTH CAMP**

SIGN UP UNDER EVENTS ON Z-SUITE

WE WILL NEED VOLUNTEERS AND CHAPERONES!
PLEASE CONTACT THE EXTENSION OFFICE IF YOU CAN JOIN US.

Calling all Wyoming gardeners: We need your green thumbs to fight food insecurity.

Wyoming Hunger Initiative, the University of Wyoming Cent\$ible Nutrition Program, and Master Gardener program invite you to join the fight against food insecurity in Wyoming this season! When you commit to Grow a Little Extra for local food pantries or social service agencies, everyone benefits. Pick up (free!) seeds selected for Wyoming gardens at your local UW Extension office or donate your own favorite crop—either way, you'll be an anti-hunger warrior with two green thumbs as you help your neighbors in need! For more information visit, <https://www.nohungerwyo.org/grow>.

Grow a Little Extra

Growing Instructions for USDA Plant Hardiness Zones 3-6



PROVIDER GREEN BEAN

Direct Seeding: Plant seeds directly into the garden after last frost and soil has warmed. Sow seeds 1 inch deep and 2-3 inches apart in a row. Space rows 24 inches apart. Harvest bean pods when they reach 3 inches in length. Harvest regularly to encourage new pods to grow for a continuous harvest. **50 days to maturity.**



SUNSHINE KABOCHA SQUASH

Starting Seeds Indoors: Start seeds indoors 3-4 weeks before transplanting outdoors. Harden plants off for 4-7 days before planting outdoors. Space plants 24 inches in the row, and space rows 6 feet apart. Harvest 3-5 pound squash using a knife or garden scissors to cut squash from vine prior to any hard frosts. **95 days to maturity.**



TIANA CABBAGE

Starting Seeds Indoors: Start seeds indoors 4-6 weeks prior to transplanting outdoors. Transplants can go out when soil temperatures are above 40 degrees. Space transplants 12-16 inches apart in the garden. **Direct Seeding:** Cabbage is one of the earliest plants to go in the garden. Plant seeds directly in the soil when soil temperatures are above 40 degrees. Plant seeds 16 inch deep. Space seeds 12-18 inches apart. In areas with longer growing seasons, multiple plantings may increase production. Latest planting should prove 8-9 weeks prior to expected first fall frost. Produces mini cabbage heads, averaging 13 pounds. **65-75 days to maturity.**



BUTTERBUSH BUTTERNUT SQUASH

Starting Seeds Indoors: Start seeds indoors 3-4 weeks prior to transplanting outdoors. Transplant into the garden after risk of frost has past and soil temperatures have warmed. **Direct Seeding:** While squash can be grown in rows, we encourage gardeners to plant seed in small hills, about 1 foot across and 3-4 feet high. Plant 3-4 seeds per hill after the risk of frost has passed and soil has warmed. Space hills 3-6 feet apart. This plant produces vines 3-8 feet long, so unlike other squash this is a good candidate for container gardens, raised beds, and tight spaces. **75-85 days to maturity.**



SUGAR DADDY SNAP PEA

Direct Seeding: Snap peas are productive cool-season plants. Plant seeds directly in the garden after last spring freeze. "Sugar Daddy" is a self-supporting pea and does not require a trellis. Produces 2 inch edible, crispless pods. Pods are sweeter when they flatten up. Plant rows closely in the garden in late-June or early-July for a fall harvest. Delicious fresh from the garden or in a salad. **65 days to maturity.**



UNAGI CUCUMBER

Direct Seeding: Plant when soil is warm (70° F). Sow 2 seeds per foot, 1 inch deep. Space rows 4 feet apart. This is 12 inches apart. Harvest at 8-11 inches long. Harvest daily to maintain quality. **55 days to maturity.**

Contact your country's University of Wyoming Extension office for produce drop-off locations. All donations will be weighed before distribution.

Visit [nohungerwyo.org/grow](https://www.nohungerwyo.org/grow) to learn more about how your garden is helping fight food insecurity.

Pick up free seeds at your local UW Extension office—varieties below, selected for Wyoming gardens—or donate your own favorite crop!








Grow a Little Extra... is as easy as 1-2-3!

1. Set aside space in your garden to grow fresh produce for your food pantries and agencies across Wyoming.
2. Take good care of your garden all summer long. Reach out to your local Master Gardener with any questions you might have along the way!

Thank your country's University of Wyoming Extension office for produce drop-off locations. All donations will be weighed before distribution.

Scan for growing instructions.









You could say we're going **whole hog** in the fight against food insecurity in Wyoming!



2022 Fair to Fork participants



86,000 of our neighbors struggle with food insecurity. *Fair to Fork* is making a difference.

Sources of high-quality protein are notoriously expensive and difficult to procure for local food pantries, but we can help alleviate that problem! Wyoming Hunger Initiative's Fair to Fork program will purchase one hog from every county in Wyoming through a **lottery selection** (only second animals not sold in the local livestock sale are eligible). Visit with your local 4-H educator or FFA advisor to learn more!

Join us. It's as easy as 1-2-3!

- 1 Sign up for the lottery through your local University of Wyoming Extension Office or scan the QR code below.
- 2 If you are selected, your hog will be purchased for \$500, processed, and delivered to a local pantry of your choosing in your community.
- 3 Come to the Wyoming State Fair to be recognized by Governor Mark Gordon and First Lady Jennie Gordon!



WYOMING
HUNGER
INITIATIVE



Scan to complete the form indicating your interest

Hughes
Charitable
Foundation



UNIVERSITY
of WYOMING

Extension

OWNERSHIP/TAGGING DEADLINE

JUNE 1, 2023

FOR ALL MARKET & BREEDING ANIMALS



ALL INFORMATION NEEDS TO BE UPDATED IN ZSUITES BY JUNE 1ST



Cloverbud Activity June 2023

(From the Nebraska State Extension Office Website)

Natural Resources



Let's Grow Vegetables!

Let's identify seeds using a handy seed chart.

- Materials:**
- White Paper Plate
 - Ruler
 - Glue
 - Markers
 - 8 Kinds of Seeds (Example: Bean, Pea, Spinach, Corn, Radish, and Cucumber)



Procedure:

1. Divide the paper plate into eighths, like a pie. First divide the plate in half, then in fourths, followed by eighths. Draw lines using a marker and a ruler.
2. In each segment, glue a seed, label it, and draw a picture of the vegetable.

It's now time to plant some seeds!

- Materials:**
- Seeds (leftover from the handy seed chart)
 - Potting Soil
 - Paper Egg Carton
 - Water



Procedure:

1. Remove the lid from the egg carton and fill each section about $\frac{3}{4}$ full with potting soil.
2. Place the seeds in the soil according to the package directions.
3. Place the egg carton in a location of natural light and water the seeds regularly.
4. Watch your garden grow! As the seedlings get larger, transplant them into your garden or larger pots by cutting the egg carton segment and planting the whole part in the ground.





JULY 16TH AT MIDNIGHT

ENTRY DEADLINE

4-H/FFA FAIR ENTRY DEADLINE

JULY 16TH

All 4-H/FFA entries must be entered online through ShoWorks (Events Complex website) by midnight on Sunday, July 16th. No exceptions! If entries are not received by the deadline, a \$50 late fee will be applied. This fair entry includes all County Shoot entries as well.

<https://www.sweetwaterevents.com/p/wbs/enter>

DRUG TESTING

MARKET ANIMAL DRUG TESTING

NEW for 2023, the Wyoming State Fair will be drug testing Youth Market Swine, Beef, Goats and Sheep. For these market species, drug testing will be mandatory for the Grand Champion and Reserve Champion award winners and two randomly selected market animals from each species.

At the Wyoming State Fair we value education, animal welfare, protecting the food chain, and fostering fair competition. Drug testing is a valuable tool to help exhibitors and families to understand the possible implications of using substances on their animal.

FAQ

WSF DRUG DECLARATION FORM

DRUG TESTING- PREMIUM BOOK



Visit <https://wystatefair.com/state-fair/market-animal-drug-testing/>

Horse ID and Safety Certifications Due July 1st!

July 1st - Horse ID
and Safety
Certifications are
Due



Horse ID and Safety Certifications are due July 1st. If you are using the same horse as last year you will only have to worry about safety certifying that horse if you want to add to your safety certification. All new members must complete the Horse ID and Safety Certification for every horse they will be showing at fair.



WYOMING'S

BIG SHOW



For more information or questions on Master Gardener or Horticulture topics, contact Amanda Romero at 307-352-6775 or abramwe2@uwyo.edu.



Soil Samples for Gardens and Landscapes

Step 1: Collecting a sample

With a soil probe:

1. Push the soil probe into the soil 6 to 8 inches in depth (2 to 3 inches for lawns), then remove probe from soil.
2. Remove soil core from probe (make sure to discard the surface litter, Figure 1) and place in bucket.
3. Repeat steps 1 and 2 from 10 to 15 locations within the desired area.



Figure 1. Soil sample core, discard portion to the right of the black line.

With a shovel or trowel:

1. Dig a small hole that is 6 to 8 inches in depth (2 to 3 inches for lawns).
2. Use the shovel or trowel to shave off an inch thick portion from the length of the sidewall of the hole (make sure to discard the surface litter, figure 2) and take the middle 1-inch wide section from the sample to place in the bucket.
3. Repeat steps 1 and 2 from 10 to 15 locations within the desired area.



Figure 2. Soil sample with a shovel or trowel. The sample is the middle inch of soil, discard top inch and side portions of soil.

Step 2: Preparing soil sample

4. Mix all the soil together in the bucket, breaking cores apart and removing debris.
5. With a permanent marker, label a plastic bag with the sample identification name (i.e. front lawn, garden, tulip bed, etc.)
6. Collect two cups of soil from the bucket and place in a plastic bag, Figure 3.
7. Package soil samples and filled out forms in a sturdy box or envelope, and mail to soil lab.



Figure 3. Soil sample ready for shipping.

When in doubt on how to sample – check the lab's directions for sampling and submission, they usually provide them online.

General Information

- Contact the soil lab before collecting samples for instructions on which soil analysis you need, the form required and how to fill it out, and shipping requirements.
- The most reliable soil test results come from soil samples that represent the overall garden, lawn, or flower bed. If there is a large difference in the area, such as a garden compared to a lawn or flower bed, or obvious differences in soil type or plant growth between areas, then samples from these areas should be collected separately.
- A representative sample for the area of interest is collected by a systematic (samples taken at equal distance apart) or random sampling pattern that collects 10 to 15 samples, refer to Figure 4.

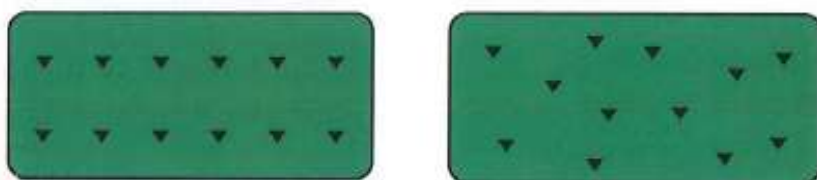


Figure 4. Examples of systematic (left) and random (right) soil sampling in a field. Notice the difference between the two images, the even spacing of the sample locations on the left vs. the uneven spacing on the right.

- Samples are collected to a depth of 6 to 8 inches from the soil surface, except for lawns (2 to 3 inches deep).
- Make sure to remove surface litter and non-organic debris (crop residue, grass, wood chips, roots, gravel, etc.) from the soil samples.

Materials Needed

- Shovel or soil probe
- Clean bucket
- Plastic bag and permanent marker



Soil Laboratories

Colorado State University Soil, Water,
and Plant Laboratory

1120 Campus Delivery
Fort Collin, CO 80523
(970) 491-5061

[https://agsci.colostate.edu/
soiltestinglab/](https://agsci.colostate.edu/soiltestinglab/)

Utah State University Analytical Laboratory

1541 N 800 E
Logan, Utah 84341
(435) 797-2217

<https://usual.usu.edu/>

The University of Wyoming is an equal opportunity/affirmative action institution.

For more information on Cent\$ible Nutrition Classes contact Wendy Nielson, Sweetwater County Cent\$ible Nutrition Program Coordinator, at 307-352-6775 or wnielson@uwyo.edu.

Eagle Nest

Make a fun treat with the kids by using fruit for a nest and raisins for eggs. Try it with a pear or other pit fruit.

Ingredients

- 2 canned peach halves
- 2 Tablespoons low fat cottage cheese
- 6 raisins



Directions

1. Wash hands with warm soapy water for 20 seconds.
2. Place one peach half, cut side up, in center of plate for the nest.
3. Place 1 Tablespoon of cottage cheese in the center of nest.
4. Place 3 raisins on each nest for the eggs.

Makes 1 serving

Nutrition Facts

Serving Size 2 eagle nests (227.37g)
Servings Per Container 1

Amount Per Serving

Calories 130 Calories from Fat 0

% Daily Value*

Total Fat 0g 1%

Saturated Fat 0g 1%

Trans Fat

Cholesterol 0mg 0%

Sodium 125mg 5%

Total Carbohydrate 26g 9%

Dietary Fiber 3g 11%

Sugars 23g

Protein 5g 10%

Vitamin A 15% • Vitamin C 10%

Calcium 4% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet.



Recipe from the Cent\$ible Nutrition Program. Learn how to save money, cook quick and healthy meals, and stretch your food dollar by contacting your local CNP educator.

1-877-219-4646 | <https://uwyo.cnpr.org/> | cnpr-info@uwyo.edu

This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. This institution is an equal opportunity provider. This material was funded by USDA's Expanded Food and Nutrition Education Program-EFNEP. USDA is an equal opportunity provider and employer.



How to get tagging/ownership info added to your Animal Science Projects:

- 1.) Log onto ZSuites
- 2.) Click on your "Family Profile"
- 3.) Under child, click the blue button,
"Update Enrollment"
- 4.) Click the "Clubs" tab
- 5.) Under Project List, click the pencil icon next to
the project that needs the information updated.
- 6.) Add the needed information & pictures for each
animal science project.
- 7.) Don't forget to put the full 15 digit tag #
- 8.) Hit the blue button, "Save Project"
- 9.) Hit the pink button, "Submit"

OWNERSHIP
DEADLINE for ALL
Market & Breeding
Animals: JUNE 1ST


*Please update your
projects info before
June 1st!!!*

Clover Chat Additions

There is always space in the Clover Chats for important information you would like to share with all 4-Hers. If you have an activity, club meeting, event or community service opportunity, etc... coming up, please send an email to tmeats@uwyo.edu with the information/contact and it will be included. Emails can also be sent out to everyone or certain clubs, especially if the date conflicts with the production of this newsletter.

Please log-in to ZSuites and the Sweetwater County 4-H Facebook Page regularly so that you don't miss out on important announcements.

June 2023

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Hotdoggers Meeting, 6:30-7:30pm, Small Hall TAGGING/ OWNERSHIP DEADLINE	2 County Shoot Air Rifle/Pistol 3pm Extension Office Closed	3 County Shoot Muzzle-loader 8am
4 County Shoot Shotgun 12pm	5 Project Hope Meeting 6:00pm at the Barn	6	7	8 Hotdoggers Meeting, 6:30-7:30pm, Small Hall	9 County Shoot Archery 3pm Extension Office Closed	10 County Shoot .22 Rifle/.22 Pistol 8am
11	12	13	14 	15 4-H Horse Committee Meeting, Meeting Room, 6:30pm 4-H/FFA Live-stock Judging Indoor Arena 9am	16 Extension Office Closed	17
18 	19	20	21	22	23 Extension Office Closed	24
25	26	27 Fair Board Meeting, 7pm Meeting Room	28	29	30 Extension Office Closed	

July 2023

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4 Extension Office Closed 	5	6 State Shoot, Douglas, WY Hotdoggers Meeting, 6:30- 7:30pm, Small	7 State Shoot, Douglas, WY Extension Office Closed	8 State Shoot, Douglas, WY 4-H/FFA Live- stock Jackpot Show Indoor Arena 8am
9 State Shoot, Douglas, WY 4 -H/FFA Live- stock Jackpot Show Indoor Arena 8am	10	11	12	13 Hotdoggers 6:30 Small Hall 4-H Horse Com- mittee Meeting, Meeting Room 6:30pm	14 Extension Office Closed	15
16 FAIR ENTRY DEADLINE by midnight	17	18	19	20	21 Extension Office Closed	22
23	24	25 Fair Board Meeting, 7pm Meeting Room	26 Static Exhibit Judging for Fair	27	28 Extension Office Closed	29 FAIR
30 FAIR	31 FAIR					

August 2023

SUN	MON	TUE	WED	THU	FRI	SAT
		1 FAIR	2 FAIR	3 FAIR	4 FAIR	5 FAIR
6 FAIR	7	8	9	10	11 Extension Office Closed	12
13	14 State Fair	15 State Fair	16 State Fair	17 State Fair	18 State Fair Extension Office Closed	19 State Fair
20 State Fair	21	22 Fair Board Meeting, 7pm Meeting Room	23	24	25 Extension Office Closed	26
27	28	29	30	31		



Extension
Sweetwater County

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2500 College Drive A-700
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Rock Springs, WY 82901
307-352-6775

Marty Henry
UW Extension Educator 4-H/Youth Development



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